

# Butterfly Garden

## Native Plants Resources

Capital Regional District | August 2021

Attract butterflies to your garden by ensuring it has these butterfly favourites:

- Sunny
- Sheltered
- A good supply of nectar flowers
- An adequate supply of larval food plants
- Chemical-free

### Perennials, Bulbs and Annuals

- Camas (*Camassia quamash*, *C. leichtlini*)
- Goldenrod (*Solidago canadensis*)
- Cow parsnip (*Heracleum lanatum*)
- Douglas' aster (*Aster subspicatus*)
- Lupine (*Lupinus arcticus*, *L. littoralis*, *L. polyphyllus*, *L. polycarpus*)
- Menzie's larkspur (*Delphinium menzeisii*)
- Monkey flower (*Mimulus guttatus*, *M. lewisii*)
- Pacific bleeding heart (*Dicentra formosa*)
- Pearly everlasting (*Anaphalis margaritacea*)
- Woolly sunflower (*Eriophyllum lanatum*)
- Penstemon (*Penstemon serrulatus*, *P. fruticosus*)
- Pussytoes (*Antennaria microphylla*, *A. neglecta*)
- Red columbine (*Aquilegia formosa*)
- Stonecrop (*Sedum spathifolium*, *S. lanceolatum*, *S. oregonum*)
- Spring gold (*Lomatium utriculatum*)
- Yarrow (*Achillea millefolium*)
- Fireweed (*Epilobium augustifolium*)
- Stinging nettle (*Urtica dioica*)

### Shrubs

- Roses (*Rosa gymnocarpa*, *R. nutkana*)
- Black hawthorn (*Crataegus douglasii*)
- Common snowberry (*Symphoricarpos albus*)
- Kinnickinick (*Arctostaphylos uva-ursi*)
- Oceanspray (*Holodiscus discolor*)
- Red flowering currant (*Ribes sanguineum*)
- Ceanothus (*Ceanothus sanguineus*, *C. velutinus*)
- Salal (*Gaultheria shallon*)
- Saskatoon (*Amerlancheier alnifolia*)
- Shrubby cinquefoil (*Potentilla fruticosus*)

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### Trees

- Arbutus (*Arbutus menziesii*)
- Maples (*Acer macrophyllum*, *A. circinatum*, *A. glabrum*)
- Garry oak (*Quercus garryana*)
- Bitter cherry (*Prunus emarginata*)
- Choke cherry (*Prunus virginiana*)
- Black cottonwood (*Populus balsamifera* subs: *trichocarpa*)
- Cascara (*Rhamnus purshiana*) Pacific crabapple (*Malus-fusca*)
- Red alder (*Alnus rubra*)
- Willow (*Salix lucida*, *S. scouleriana*)