

Capital Regional District | November 2020

Perennials, Annuals and Bulbs

- Sea blush (*Plectritis congesta*) - rocky slopes and bluffs, dry, sun
- Sea thrift (*Armeria maritima*) - coastal beaches, bluffs, dry, sun
- Sea plantain (*Plantago maritima*) - moist beaches, rocky crevices, gravel
- Yellow sand verbena (*Abronia latifolia*) - sandy beaches and dunes
- Gumweed (*Grindelia integrifolia*) - loves sea spray, beaches, rocky slopes
- Yarrow (*Achillea millefolium*) - sun, dry, meadows, slopes
- Beach pea (*Lathyrus japonicus & L. littoralis*) - sun
- Lupine (*Lupinus. littoralis*) - sun
- Woolly sunflower (*Eriophyllum lanatum*) - cheery yellow flower, dry, sun
- Camas (*Camissia quamash & C. leichtlinii*)
- Beach strawberry (*Fragaria chiloensis*) - ground cover
- Alumroot (*Heuchera micrantha*) - drought resistant, pretty foliage
- Stonecrop (*Sedum spathifolium, S. lanceolatum, S. oregonum*)
- Cow parsnip (*Heracleum lanatum*)
- False lily of the valley (*Maianthemum dilatatum*) - shade, ground cover
- Nodding onion (*Allium cernuum*) - evergreen, pretty mauve flower
- Yerba beuna (*Saturjea douglasii*) - vine, makes great tea
- Red columbine (*Aquilegia formosa*) - shade
- Foamflower (*Tiarella trifoliata*) - shade
- Fringecup (*Tellima grandiflora*) - shade

Shrubs

Evergreen

- Salal (*Gaultheria shallon*) - shade, lovely foliage
- Evergreen huckleberry (*Vaccinium ovatum*) - delicious black berry
- Hairy manzanita (*Arctostaphylos columbiana*) - rocky slopes, dry, sun
- Manzanita media (*Arctostaphylos x media*) - smaller shrub than "hairy"
- Common juniper (*Juniperus communis*) - sun
- Falsebox (*Pachistima myrsinites*) - dry shade/partial sun
- Oregon-grape (*Mahonia aquifolium*) - tall, sun (*M. nervosa*) - short, dry shade
- Sword fern (*Polystichum munitum*) - shade
- Pacific rhododendron (*Rhododendron macrophyllum*) - shade

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- Kinnickinick (*Arctostaphylos uva-ursi*) - ground cover, dry, sandy, sun

Deciduous

- Casacara (*Rhamnus purshiana*) - understory plant
- Common snowberry (*Symphoricarpos albus*) - spreads easily
- Oceanspray (*Holodiscus discolor*) - sun and light shade
- Indian plum (*Oemleria cerasiformis*) - shade
- Saskatoon (*Amelanchier alnifolia*) - rocky shorelines, slopes & meadows, sun
- Nootka rose (*Rosa nutkana*) - sun
- Baldhip rose (*Rosa gymnocarpa*) - dry shade
- Salmonberry (*Rubus spectabilis*) - moist sites
- Beach or Hooker's willow (*Salix hookeriana*) - sandy beaches and dunes
- Red-osier dogwood (*Cornus stolonifera*) - pretty red stems in winter, moist
- Black hawthorn (*Crataegus douglasii*) - shorelines and coastal bluffs
- Mock-orange (*Philadelphus lewisii*) - sun, light shade
- Pacific ninebark (*Physocarpus capitatus*) - moist sites
- Thimbleberry (*Rubus Parviflorus*) - moist
- Red elderberry (*Sambucus racemosa*) - moist

Trees

- Arbutus (*Arbutus menziesii*)
- Big leaf maple (*Acer macrophyllum*)
- Western red cedar (*Thuja plicata*)
- Douglas fir (*Pseudotsuga menziesii*)
- Grand fir (*Abies grandis*)
- Western yew (*Taxus brevifolia*)
- Garry oak (*Quercus garryana*)
- Shore pine (*Pinus contorta*)
- Sitka spruce (*Picea sitchensis*)