



SEAPARC COVID-19 UPDATE

The health and safety of the public is our top priority. While the SEAPARC facility is closed, the Weight Room will open on a limited basis on Thursday, June 25th. Additional select facilities, programs and services are now open including DeMamiel Creek Golf Course, the Sooke Skate Park and Bike Park, and Summer Camp programs.

Signage is posted reminding users to observe health and safety precautions and follow best practices for physical distancing. These measures will help to ensure a safe space for all. Users are expected to continue to adhere to public health guidelines which includes:

- Keep a 2 metre distance from others at all times where possible
- Do not use the facilities or attend activities if you are sick or feeling unwell
- Stay home if you have traveled in the past 14 days OR if someone in your household is sick
- Wash or sanitize your hands before and after your visit
- Cover your cough and sneeze into your sleeve or tissue
- Do not loiter in the facility or on the grounds before or after your visit
- Adhere to facility Code of Conduct
- Be patient and considerate of others

DeMamiel Creek Golf Course

DeMamiel Creek Golf Course is open for the season with the following additional guidelines:

- Leave the flag in while putting
- Do not shake hands or high five to celebrate
- Do not loiter in the parking lot before or after your round
- Pay at the Kiosk or by phone
- Check in with staff prior to the start of your round
- Adhere to golf course Code of Conduct

Sooke Skate Park & Bike Park

These outdoor facilities are now open. Please respect the following additional guidelines:

- Do not share equipment
- Patrons are encouraged to bring their own hand sanitizer to use prior to park use and after touching shared surfaces
- Adhere to park Code of Conduct



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SEAPARC Weight Room

Weight Room use will look different upon re-opening. This includes the requirement of reserving a 1.5 hour time slot in advance to attend the facility. Reservations will open 72 hours in advance. This will assist in maintaining appropriate physical distancing measures and allow for enhanced cleaning during the day. SEAPARC is following the guidelines set forth by the Provincial Health Officer, Work Safe BC, BCCDC, the BCRPA and Island Health.

- Limit cardio machine use to 30 minutes
- Clean equipment before and after use with disinfectant and towel provided
- Arrive dressed for your workout
- Bring your own towel, hand sanitizer, water bottle & water
- Pool change rooms and showers will not be available for use
- Arrive no earlier than 5 minutes before your reserved workout
- Lockers will not be available
- Equipment should not be shared or used simultaneously. Complete all sets at one piece of equipment/station before moving on to the next.
- Avoid spotting and only lift what you can manage on your own
- Adhere to facility Code of Conduct

To reserve a time to access the weight room, please login to PerfectMind via our website or phone SEAPARC Reception at 250.642.8000. Weight Room access will be limited to 3 time slots per day for the first week, and additional times will become available in the following weeks. The number of patrons per visit will be limited.

Rules are subject to change and will be updated as needed. Those disregarding rules may be asked to leave the facility.

Memberships

In order to maintain the new regulations set forth by the Provincial Health Officer which limit group sizes, require physical distancing and enhanced health and safety protocols, SEAPARC will no longer be able to provide unlimited drop-in access to our programs and services.

Dated membership passes (1 month, Annual and Regional) have been cancelled and credits applied to customer accounts. Credits may be used for the purchase of punch cards or drop-in options once the facility is open OR you may request a refund. For pass holders with monthly payments, your refund will be based on when you made your last payment prior to March 18. For example, if your last payment was made on March 1, you will be refunded 14 days for the period of March 18-31. All scheduled payments were suspended as of March 18. Please contact SEAPARC Reception at 250-642-8000 to make arrangements for a refund.

We recognize these changes may impact our users and we ask for your patience as we work to ready the facility and our services for your safe return.