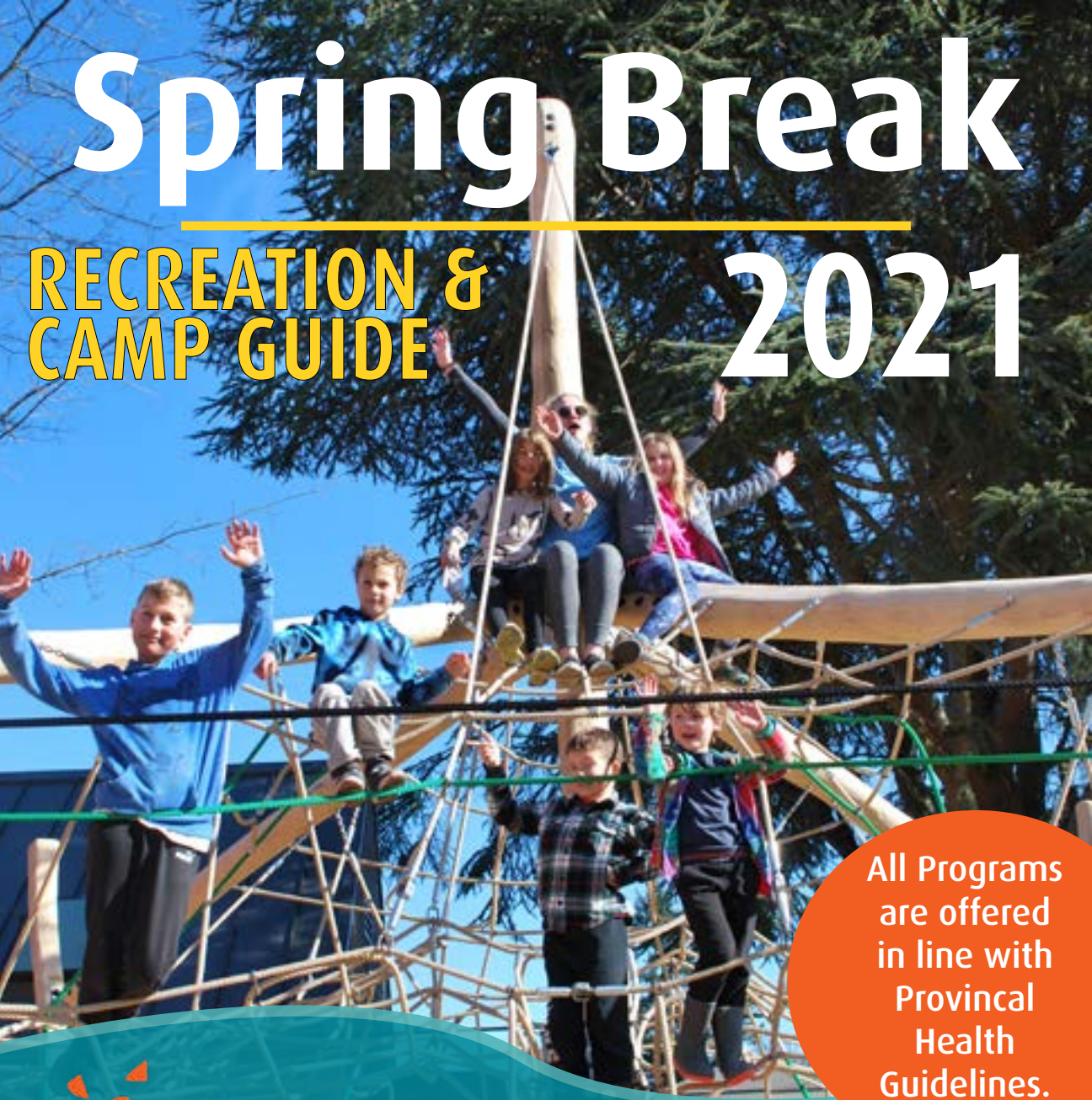


# Spring Break

RECREATION &  
CAMP GUIDE

2021



All Programs  
are offered  
in line with  
Provincial  
Health  
Guidelines.



Register at  
[ssiparc.ca](http://ssiparc.ca)

Or 250-537-1402 Mon-Fri 8am-3pm  
No in-person registration at this time.



**Little Heron's Preschool Camp**

(30 months-5 yrs)

Big fun for little ones! – Enjoy story time, sharing, creative arts, games, introductory sports and more. We will fill your little camper's morning with activities, imagination and creative play. Please bring snacks, water, and outdoor clothes.

M-F 9:00am-12:00pm Mar 22 – 26  
\$95/week

Location: Heron's Nest Preschool



**Spring Break Adventure Camp**

(5-12 yrs)

This action packed week will introduce campers to different games, creative arts, community sports, and outdoor expeditions. Please ensure your child has appropriate clothing and footwear for the weather. Swimsuit and towel, snacks, lunch, and water bottle are required.

M-F 8:30am-3:30pm Mar 15 – 19  
\$160/week

M-F 8:30am-3:30pm Mar 22 – 26  
\$160/week

Location: SSE Gymnasium

**Heron's Nest Preschool**

Licensed preschool 30 months – school age, centered on child led play, emergent curriculum, and outdoor education. Featuring daily nature explorations, an introduction to physical literacy, peer socialization, and more!

M/W 9:00am-11:30am \$17/day  
M/W 12:45pm-3:30pm \$17/day  
Tu/Th 9:00am-11:30am \$17/day  
Tu/Th 12:45pm-3:30pm \$17/day



SPRING BREAK SWIMMING LESSONS 2021: Ages 4 months to 5 years									
				Parent & Tot time (non-instructed)	Sea Otter (parent required)	Salamander (parent required)	Sunfish (parent required)	Crocodile/Whale (parent required)	
Day of the Week	Lesson set	# of lessons	30 min lesson	Lesson start time:					
Monday-Friday	Mar 15-19	5	\$30.60		11am	11:30am	12pm	12:45pm	
Monday-Friday	Mar 22-26	5	\$30.60		11am	11:30am	12pm	12:45pm	
Tuesday/Thursday	Mar 16-25	4	\$24.48	10:30am					

SPRING BREAK SWIMMING LESSONS 2021: Ages 5 to 12 years									
				Swim Kids 1/2 (parent required)	Swim Kids 3/4 (parent required)	Swim Kids 5/6	Swim Kids 7/8	Swim Kids 9/10	
Day of the Week	Lesson set	# of lessons	30 min lesson	Lesson start time:					
Monday-Friday	Mar 15-19	5	\$30.60	12:30pm	1pm	11:15am	11:45am	12:15pm	
Monday-Friday	Mar 22-26	5	\$30.60	12:30pm	1pm	11:15am	11:45am	12:15pm	

Due to COVID-19 physical distancing guidelines, swim instructors will be teaching from the pool deck. One parent is required to be in the water for all Red Cross Preschool and Swim Kids 1-4 levels. Parents are required to be within arms reach of their children who are under 7 years of age. Parents and children are also required to stay 2 meters (or 6 feet) apart from other families.

# Rainbow Road Aquatic Centre

**SPRING BREAK 2021: March 15 -27**

**Pre-registration required**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim (individual lanes)	2:15pm-3:15pm	8am-9am 9:15am-10:15am	2:15pm-3:15pm	8am-9am 9:15am-10:15am	2:15pm-3:15pm 3:30pm-4:30pm	
Lap Swim (communal lanes)	5:15pm-6:15pm 6:30pm-7:30pm	5:15pm-6:15pm 6:30pm-7:30pm	5:15pm-6:15pm 6:30pm-7:30pm	5:15pm-6:15pm 6:30pm-7:30pm	4:45pm-5:45pm	10am-11am 11:15am-12:15pm 12:30pm-1:30pm
Leisure Swim	3:30pm-5pm	3:30pm-5pm	3:30pm-5pm	3:30pm-5pm	6pm-7:30pm	1:45pm-3:15pm
Aquatic	8:15am-9am 9:45am-10:30am		8:15am-9am 9:45am-10:30am		8:15am-9am 9:45am-10:30am	

**Subject to change please see [ssiparc.ca](http://ssiparc.ca) for most up to date**

- Blocks include time in change rooms. Wait to enter facility until booked time.
- Spaces limited & physical distancing required
- Mask required in facility
- Limit of 3 LAP SWIM times per week
- Registration will open each Friday at 3pm for the following week's swim times
- Swimmers will not be permitted into the facility if they have cold or flu like symptoms

**SHOWERS ARE AVAILABLE:**

8am – 12pm on Tuesday and Thursday (excluding stat holidays).

Patrons can drop-in or reserve ahead of time via phone 250-537-1402 or email [ssiparc@crd.bc.ca](mailto:ssiparc@crd.bc.ca).

**\$2**

**POOL CLOSED FOR ANNUAL MAINTENANCE:**

**Mar 29 - Apr 18**