



SIMS GYM

WINTER DROP-IN SCHEDULE

Single Admission Rates Apply

JANUARY 19 - MARCH 10

SUNDAY	MONDAY	TUESDAY
Basketball 10:30am - 12pm (self-led)	Kindergym Gym 9:30am - 11am (self-led)	Homeschool Gym 11am - 1pm (self-led)
Family Fun Time 12:30pm - 2pm (self-led)	Adult Fitness Circuit 12pm - 1pm (self-led)	SIMS Gym available for private rentals, please contact 250-537-4448 for more information
Rollerskating 2:30pm - 4pm (staff led)	Pickleball 2pm - 3:30pm (self-led)	

BASKETBALL:

Drop-in basketball for 16+.

PICKLEBALL:

Nets provided. **Paddle Rental \$3**

FAMILY FUN TIME:

Open gym time for families and youth

ROLLERSKATING:

Open to all levels! Bring your own skates or rent at the gym.

Skate rental \$5.

KINDERGYM :

Join us for free-play in the gym with ride-on toys, tumbling mats, music, toys & more!

Parent participation required.

HOMESCHOOL DROP-IN:

Gym time for home school families.

Sport equipment provided.

ADULT FITNESS CIRCUIT :

Join us for a lunchtime workout!

Fitness circuit equipment provided.

SIMS Gym closed: Feb 17

SIMS Operating Hours: Monday – Friday 9am -7pm

Saturday & Sunday 9am - 4pm

Schedule may be affected by inclement weather

