

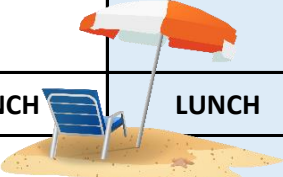




# Outdoor Adventure Camp July 5 - July 9

Date:	Monday July 5th	Tuesday July 6th	Wednesday July 7th	Thursday July 8th	Friday July 9th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	Catch/Flinch	Human Pinball 	Hula Hoop Electricity	Off to Beddis Beach for the day! 
9:30AM	<b>SNACK</b>	<b>SNACK</b>		<b>SNACK</b>	<b>SNACK</b>
10:30AM	Musical Balls	Banana Slug Races	Earth Ball	Colour War	Tug of War/Red Rover 
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Record Breaker	Minute to Win It tournament of champions! 	Hike the Baker Beach Loop 	Rush Hour	Create your own sandy marble run!
2:00PM	ATOM GAME	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!		Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Sharks vs Lifeguards
3:00PM	Whisper Challenge		Blind Fold Maze		Back to SIMS for Guess the Gibberish
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a drink, a lunch, and swimming gear depending on day's activity

**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

**Parents:** Please clearly mark all of your child's belongings and ensure all camper emergency contact & medical information is up to date prior to the first day of camp



If you have any questions, please contact our Recreation Programmer @ 250-538-4311

# Outdoor Adventure Camp July 12 - July 16

Date:	Monday July 12th	Tuesday July 13th	Wednesday July 14th	Thursday July 15th	Friday July 16th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	Gaga Ball	Hazoo	Heads Up!	Eye Scream then off to Vesuvius Beach!
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	SSE Playground & Grounders	Centennial Park & Card Games	Off to Duck Creek for Capture the Flag	Mouats Park for Manhunt Tag	Hop in the water or play some games on the beach
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	California Kickball	Cross the River	4 Corners	Paper Mache Monster Painting	Sandcastle Building Contest
2:00PM	Connectors & Lightsaber Tag	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Paper Mache Monster Sculpting	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Head back to SIMS
3:00PM	Face Paint & Colouring Book Time		SSE Playground		Cat and Mouse
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a water bottle, a lunch, sunscreen, and swimming gear depending on day's activity

**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

**Parents:** Please clearly mark all of your child's belongings and ensure all camper emergency contact & medical information is up to date prior to the first day of camp

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# Outdoor Adventure Camp July 19 - July 23

Date:	Monday July 19th	Tuesday July 20th	Wednesday July 21st	Thursday July 22nd	Friday July 23rd
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	Switch Places	Zip Zap Zoop	Team Puzzle Masters	Road trip to Drummond Beach! 
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	Captains Orders 	Flag Tag	Fire in the Mountain	Human Noodle Knot	Sponge Relay Races 
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Snakes and Ladders	Magic Tricks	Lets Make Volcanos	Let's Spin the wheel...	Swimming at the beach!
2:00PM	Prepare yourself for <b>PILLOW WARS!</b> 	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Human Pinball	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Nature scavenger hunt
3:00PM			Hot Potato Kick Ball		Back to SIMS for picture telephone
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a drink, a lunch, and swimming gear depending on day's activity

**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

**Parents:** Please clearly mark all of your child's belongings and ensure all camper emergency contact & medical information is up to date prior to the first day of camp



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# Outdoor Adventure Camp July 26 - July 30

Date:	Monday July 26th	Tuesday July 27th	Wednesday July 28th	Thursday July 29th	Friday July 30th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	Paper Airplane Contest	King's Keys	30 Second Portrait	Lost on a Desert Island
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	Portlock Park Playground & Slackline	Mouats Park for Grandma's Footsteps & Pressed Plants	Burgoyne Bay Forest Games	Mouats Park Camouflage	Off to Baders Beach for an afternoon of Swimming
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Camp Olympics!	Crazy Cards	BURN!	Robot Building	Beach Bowling
2:00PM	Berry Picking & Bocce Ball	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Bus on back to SIMS	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Back to SIMS for Movie Madness
3:00PM	Back to SIMS Playground for the Floor is Lava		Painted Rocks Craft & Pressed Plant Painting		
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a water bottle, a lunch, sunscreen, and swimming gear depending on day's activity





**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

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# Outdoor Adventure Camp Aug 3 - Aug 6

Date:	Monday Aug 2nd	Tuesday Aug 3rd	Wednesday Aug 4th	Thursday Aug 5th	Friday Aug 6th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	<b>No Camp</b>	Welcome and Camp Expectations	Wink Wink	Prepare yourself for Medieval Times Day!!	Space World
9:30AM		<b>SNACK</b>	<b>SNACK</b>	 <b>SNACK</b>	<b>SNACK</b>
10:30AM		Giant Volleyball	 Mystery Tour of Salt Spring!	Training + Jousting Tournamnet	Zombie Stump/Infinty Loops
12:00PM		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM		Plank Races/Shake it OFF	Tie Dye	Can Smash /Cup Toss	 Escape Room
2:00PM		 Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Record Breaker 2.0	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Feed Bag Relay Races
3:00PM			Password		Unicorn Cup
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a drink, a lunch, and swimming gear depending on day's activity


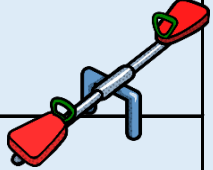
**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

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# Outdoor Adventure Camp Aug 9 - Aug 13





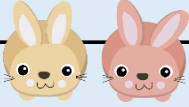
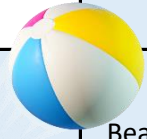
Date:	Monday Aug 9th	Tuesday Aug 10th	Wednesday Aug 11th	Thursday Aug 12th	Friday Aug 13th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	Heads Up!	OFF ISLAND ADVENTURE	Black Magic	Sidewalk Chalk
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	Mouats Park for Steal the Pins	SSE Playground & Parachute Games	We'll take a bus and a boat to Crofton	Mouats Park Disc Golf	Churchill Beach Swimming
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Save Can-Man 	Dr. Dodgeball	An afternoon of fun @ the infamous Transfer Beach!	All Over	Water Bucket Relay
2:00PM	Perler Beads Craft	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	 Return to SIMS	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Water Balloon Wars
3:00PM					SPUD
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					
<b>Bring:</b> Two snacks, a water bottle, a lunch, sunscreen, and swimming gear depending on day's activity					
<b>Wear:</b> Comfortable play clothes, running shoes, and be prepared for all weather types					

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# Outdoor Adventure Camp Aug 16 - Aug 20

Date:	Monday Aug 16th	Tuesday Aug 17th	Wednesday Aug 18th	Thursday Aug 19th	Friday Aug 20th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	What time is it Mr. Wolf	Ruckle Park Day Trip 	DIY Sidewalk paint	Parachute: Shark Attack
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	 Angry Birds Take Flight!	Mantracker at Mouat's Park!	Kick the Can & other Forest games	Build your own boat and race it in the pool!	Capture the Flag
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Make your own Slime!	Make your own Bubble wand!	Exploring the Tidepools, Card Wars & Mafia	EYE Scream; The Airplane Game	Head to Vesuvius Beach 
2:00PM	 Octopus Tag	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Chubby Bunny Challenge 	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	 Beach Games and Swimming
3:00PM	Grounders at the SSE playground		Return to SIMS		Head back to SIMS
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a drink, a lunch, and swimming gear depending on day's activity

**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

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# Outdoor Adventure Camp Aug 23 - Aug 27

Date:	Monday Aug 23rd	Tuesday Aug 24th	Wednesday Aug 25th	Thursday Aug 26th	Friday Aug 27th
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	The Pen Game	OFF ISLAND ADVENTURE	Alibi Game	Popcorn Game
9:30AM	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	Centennial Park & Obstacle Course	Treasure Hunt & Tug of War	Langford Lanes Bowling Alley	Mouats Park Capture the Flag	Beddis Beach Swimming & Sand Art
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	React and Act	Crash Test Eggs	STRIKE!	Slingshot Craft	Whats in the Box?
2:00PM	Painted Plywood Craft	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	cool off at the ESQ Water Park	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	Back to SIMS for Blackout Dance Party
3:00PM	Connectors		Bus and a Boat back to SIMS for 4:00pm		Glow Stick Ring Toss
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

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**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types






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# Outdoor Adventure Camp Aug 30 - Sept 3

Date:	Monday Aug 30th	Tuesday Aug 31st	Wednesday Sept 1st	Thursday Sept 2nd	Friday Sept 3rd
<b>DROP OFF @ SIMS GYM 8:30AM</b>					
8:30AM	Welcome and Camp Expectations	People to People	Carnival Day 	Concentration	Ultimate Camp Handshake 2.0
9:30AM	<b>SNACK</b> 	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
10:30AM	Bobsledding @ the beach 	Giant Lawn Memory Game	Kerplunk/ Obstacle Course	Science Experiments	Camp Survivor Day!
12:00PM	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
1:00PM	Fruit Basket	Pool Noodle Target Practice	See if you can make it end to end on the Giant Slip and Slide!	Cup Races/Water Battles	  Outwit, Outplay, and Outlast!
2:00PM	Tent Walk	Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!		Head up to the pool for a swim at the Rainbow Rd. Aquatic Centre!	
3:00PM	Lets make Cannons!!!			Final Tribal Council	
<b>PICK UP @ SIMS 3:30PM M,W,F and @Rainbow Rd Pool 3:30PM Tu,Th</b>					
*Activities may be subject to Change					

**Bring:** Two snacks, a drink, a lunch, and swimming gear depending on day's activity

**Wear:** Comfortable play clothes, running shoes, and be prepared for all weather types

**Parents:** Please clearly mark all of your child's belongings and ensure all camper emergency contact & medical information is up to date prior to the first day of camp



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