

Sooke Elementary

Active School
Travel Report
2020/21



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Appendices

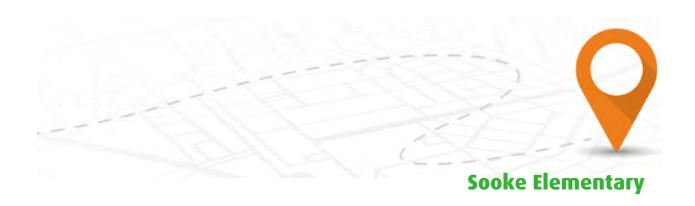
Appendix A – Sooke Elementary – Plan Your Route to School Map and Activity

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ACTIVE SCHOOL TRAVEL PLANNING



Active School Travel Planning aims to increase rates of students walking and wheeling to/from school, using a school catchment/neighbourhood-based planning process. Walking and wheeling encompasses bikes, scooters, rollerblades, skateboards, using a wheelchair or riding the bus fully or part-way to and from school. Active School Travel Planning initiatives have already been successfully implemented in many communities across Canada and internationally. The "International Best Practices in Regional Planning for School Travel" (Ryerson University, Toronto, April 2016), looks at a number of case studies and key learnings from around the world.

The <u>Capital Regional District</u> (CRD) <u>Board Priorities</u> and <u>Corporate Plan</u> identifies *transportation* as a key regional priority and *envisions that residents have access to convenient, green and affordable multi-modal transportation systems that enhance community well-being.* To further this priority through behaviour change and infrastructure improvement at a foundational level, the CRD coordinates the active and safe routes to school planning initiative, known as the **Ready Step Roll** – **Active School Travel Planning initiative**.

Active travel describes using any mode of transportation that relies on human-power to get to your destination - fully or part way.



Common Modes of Active Travel

BENEFITS OF ACTIVE SCHOOL TRAVEL













Active travel describes using any form of transportation that relies on human-power to move such as riding a bike, a skateboard, rollerblades, a scooter, using a wheelchair, or taking the bus.

Students who walk and wheel to and from school (fully or part way!) can:



Build individual confidence & capability



Arrive alert & ready to learn after a short burst of activity



Become more self-reliant, supporting families & household schedules



Create safer streets by reducing congestion before & after school



Improve their physical & mental health



Help save time & money by avoiding waiting in school traffic



Support safety in numbers & create connected communities



Participate in climate action by lowering community Green House Gas emissions



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CRD'S READY STEP ROLL INITIATIVE

What is the Ready Step Roll initiative?



The Ready Step Roll (RSR) - Active School Travel Planning initiative works annually with five school communities and respective local government agencies to **encourage and enable more students to have the choice to use active travel to get to/from school.** Students who walk and wheel

to/from their school or their bus stop arrive alert and ready to learn, while reducing regional GHG emissions to support safe and connected communities. The Ready Step Roll initiative is a comprehensive and sustainable approach to making school-neighbourhoods more comfortable to walk and wheel.

Working with partners, RSR identifies and addresses safety and social barriers to better support and enable active travel with confidence. The success of the initiative relies on participatory partnerships with provincial and local governments, school districts and schools (administration, Parent Advisory Committees [PACs] and students), along with the Insurance Corporation of British Columbia (ICBC), Island Health Authority, police forces, local businesses, and non-profits. Working together, the partners focus on creating solutions through equity, evaluation, engineering, enforcement, education and encouragement, known as our "6-E's approach to active school travel planning".

What is the active school travel planning process?

Over the 18-month RSR initiative (approximately January through to the following June), the CRD works collaboratively with partners to:

- 1. **Identify** schools and local governments that are **committed to working** together.
- 2. **Facilitate** the creation and implementation of a school-catchment **Active School Travel Report** to further enable and inspire active transportation mode choice. During the initiative, local active travel safety concerns on common school routes are identified via school travel surveys, a School-Neighbourhood Walkabout, as well as a variety of consultation activities.
- 3. **Build capacity** of the school for ongoing initiatives that focus on **Equity**, **Evaluation**, **Engineering**, **Enforcement**, **Education** and **Encouragement** (the 6 E's).

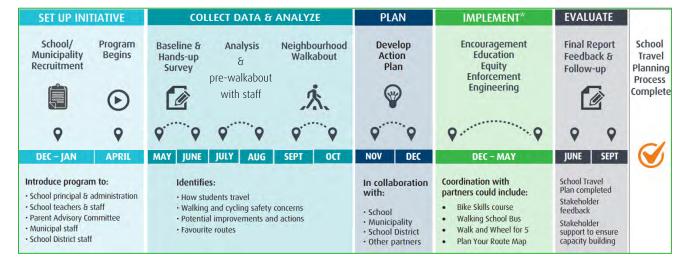
What is the goal of RSR?

Increase the rate of student and staff active travel trips to and from school by reducing barriers in active travel accessibility, safety, comfort and capacity.

Who are the key partners?

- → CRD Facilitator and Project Manager of the Ready Step Roll (RSR) initiative.
- → **District of Sooke** Jurisdictional owner of municipal roads, road right-of-way and municipal lands. Provides local knowledge on street level infrastructure, assists in development of Action Plan, evaluates and considers proposed solutions, supports/undertakes implementation within their jurisdiction and follow-ups with school post RSR initiative.
- → BC Ministry of Transportation and Infrastructure (MoTI) Jurisdictional owner of Hwy 14/Sooke Rd. Provides knowledge on infrastructure, assists in development of Action Plan, evaluates and considers proposed solutions, supports/undertakes implementation and follow-ups with local government regarding safety improvements post RSR initiative.
- → ICBC Offers expertise and partners with Ministry of Transportation and Infrastructure (MoTI) and local government for road safety improvements and provides educational resources for school communities.
- → **School Administration and School District** Provides insight into school sites and bussing, evaluates and considers implementation of proposed solutions on school property, and supports implementation of education and engagement initiatives during and post RSR initiative.
- → School Community (Parents/Guardians, PACs, and Students) Provides perspective on the school-neighborhood, identifies opportunities for safer drop-off/pick-up, contributes to action planning, and supports education and encouragement initiatives during and post RSR initiative.

What is the Initiative's timeline?



SCHOOL CATCHMENT AREA TRAVEL CONTEXT



Sooke Elementary School Profile

School District	School District 62		
Local Governments	District of Sooke & Ministry of Transportation and Infrastructure		
Catchment Neighbourhoods	Sunriver, Sooke Core, & Otter Point Rd Neighbourhoods		
Grades	K-5		
2020 Enrollment	310 students		
School-Based Active Travel Support	 Two crossing guards approximately 20 minutes before and after bell. Located at Hwy 14 School Crosswalk & Church/Country Bike racks located at front of the school, Active PAC and District staff 		
New! Ready Step Roll Active Travel Initiatives (ongoing)	 Participate in "Walk & Wheel for 5" locations; see map on page 28 School supervision begins at 8:30am to encourage parents to "Kiss & Go", "Park and Stroll" or "Meet Up & Go" Crossing Guard & School Bus Appreciation campaign New bike rack added to school yard; existing racks to be relocated District of Sooke recently completed an Active Transportation Plan to guide improvements for pedestrians and cyclists 		

As of 2021, Sooke Elementary School is one of 18 elementary schools in School District 62, and one of five elementary schools located in the District of Sooke. The school is set on Highway 14 which has become increasingly busy in recent decades as the Westshore and Sooke have developed. Though the area is quickly transitioning from a rural to urban environment, the school catchment area contains a mix of residential suburbs and rural residential neighbourhoods. A key connection between Sun River Estates and Sooke Elementary school will be created upon the completion of the Little River (DeMamiel Creek) crossing, which will provide a new multi-user trail while reducing the travel distance by approximately one kilometre.

From our baseline surveys, Sooke families demonstrated an interest in achieving higher active travel participation but cited concerns related to traffic conditions and network connectivity as common barriers. Separate from the RSR initiative, the District of Sooke will complete many infrastructure improvement projects in the coming years that will connect key gaps in the District's active transportation network. The school community will benefit from many infrastructure improvements at the neighbourhood and local community levels as Sooke Elementary continues to work with partners to encourage active travel for their students, families and school staff.

6 E'S APPROACH TO ACTIVE SCHOOL TRAVEL PLANNING

The 6 E's approach to Active School Travel Planning aims to be a comprehensive and sustainable approach to making school-neighbourhoods more comfortable to walk and wheel, by identifying and addressing safety and social barriers to better support and enable active travel with confidence.



Equity

Ensure that the initiative is benefiting all demographic groups across the Capital Region, with particular attention to ensuring safe, healthy, and fair outcomes for all students of diverse family, cultural, socio-economic backgrounds, abilities and identities.



Evaluation

Collect data and user insights to better understand the school-neighbourhood context, to determine appropriate approaches, identify opportunities to improve the effectiveness of an approach for a given school community and monitor changes over time.



Engineering

Infrastructure upgrades to improve the comfort of walking and wheeling on streetscapes and built environments located within immediate school-neighbourhoods, on common/high-use routes, and on school property.



Enforcement

Crossing guards, school supervision and police working together to improve awareness and compliance of parking regulations, traffic laws, and personal safety with a focus on the immediate school-neighbourhood and on school property



Education

Information and initiatives to improve perceptions of active travel to reduce conflicts between transportation modes and build the confidence and personal skills needed to safely and confidently walk or wheel to and from school.



Encouragement

Celebrate and promote walking and wheeling as easy, fun and inclusive ways to travel in our community, alone or with friends and family.

tive school travel planning www.crd.bc.ca/ready

EQUITY

region, with particular attention to ensuring safe, healthy, and fair outcomes for all students of diverse family, cultural, socio-economic backgrounds, abilities and identities.

How does the RSR initiative integrate 'Equity' at a local government level?

- ✓ Works to consult with all relevant school and community/government partners by offering multiple engagement opportunities on a variety of platforms.
 - ➤ In person: Walkabout, PAC and principal meetings, mapping, engagement/celebration stations, Hands-Up surveying method.
 - ➤ **Virtual**: Baseline School Travel Survey, email/phone consultation, access to website resources, material sharing with initiative partners.

How does the RSR initiative integrate 'Equity' at a school community level?

- ✓ Works with PACs to facilitate equity into all opportunities and ideas
 - ➤ Educational: Works with PAC representative to facilitate PAC volunteer coordination for active travel events (bike skills etc.).
 - Financial: Hosts equipment exchange station (bikes, helmets, rain gear) at PAC and after-school events, shares available bursary and grant opportunities, and highlights continuing safety efforts that work to support all students (crossing guard appreciation).
- ✓ Works with School Administration to address gaps in before and after supervision to support family and work schedules.
 - ➤ Proposes "Walk & Wheel for 5", Walking School Bus or Bike Train initiatives.
 - > Realignment of school ground supervision as needed.
- ✓ Works with School District Facilities and Transportation to address accessibility issues when travelling to/from school.
 - ➤ Safe and accessible school sites: Elimination of tripping hazards and improved wheelchair at school access points, pedestrian visibility issues at school access points, considers safety and accessibility of active travel near school bus stops.

EVALUATION

Collect data and user insights to better understand the school-neighbourhood context, assess which approaches are appropriate, and identify opportunities to improve the approach and to monitor changes over time.

To help better understand how students travel to and from school, why families choose to travel how they do, and what would encourage families to shift to active travel modes, the initiative collects data through various means of formal and informal consultation. The CRD evaluates and uses the data and insights of the school community to facilitate development of the Action Plan with the local government, school and other participating community members.

Hands-Up Survey

➤ Week-long daily survey taken in-class held at the beginning, middle and end of the initiative, to understand how students typically travel to and from school. This survey may be used as a school baseline throughout the initiative and in future years to gauge change over time.

Baseline School Travel Survey

➤ Online questionnaire answered by parents and guardians is a deeper dive into identifying current and preferred travel modes, specific barriers, safety concerns and suggestions to encourage families to shift towards using more active travel.

School-Neighbourhood Walkabouts

➤ Build on the school survey data to get a better understanding of the challenges families have walking and wheeling to school. Participants work together to brainstorm engineering, education and encouragement solutions. This information is used to create the Action Plan to guide improvements.

Personal Communications

Meetings, email, phone conversations throughout the initiative with principal, PAC and local government confirm collected data and facilitate the development of the Action Plan.

CONSULTATION

Sooke Elementary - School Consultation Summary



64 Online School Travel Surveys, representing 20% of students (June 2020)



1260 student trips recorded on Hands-Up Surveys (October 2020)*



In-School Encouragement & Engagement Activities

- ➤ Walk and Wheel to School Week (October 2020)
- Crossing Guard Appreciation (February 2021)
- ➤ Grade 4/5 Bike Skills (May 2021 GoByBike)
- ➤ GoByBike Week (May/June 2021)
- > ICBC "Think of Me" K-3 Road Safety (May-June 2021)



One pre-walkabout with staff (school, municipal and CRD –August 24)

One school neighbourhood walkabout (PAC, parents, school administration, municipal SD61, ICBC and CRD staff - October 2020)



Six principal and/or PAC meetings (2020-21)



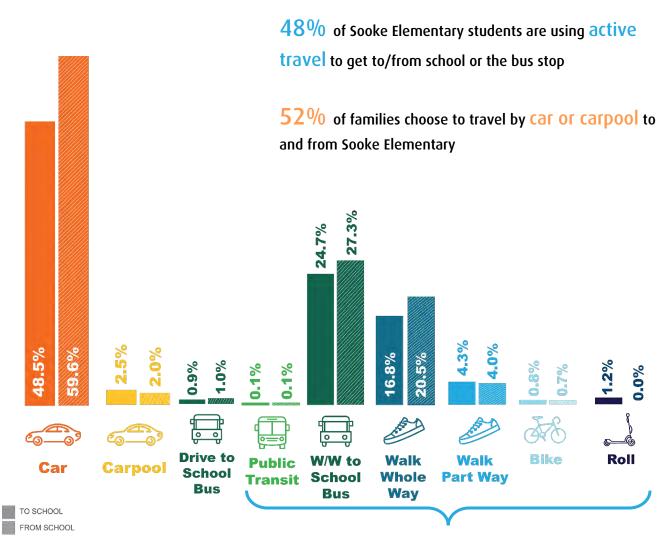
Numerous local government meetings, phone & email commutations focused on drafting the Action Plan (2020-21)

[&]quot;Recorded over 4 days due to Pro-D day."

SCHOOL TRAVEL SNAPSHOT

Data was obtained from the on the 2020 Sooke Elementary Baseline School Travel Survey (online – parents and guardians) & *Hands-Up Survey (in-class – students).

How did you get to and from school this week*?



Modes of Active Travel

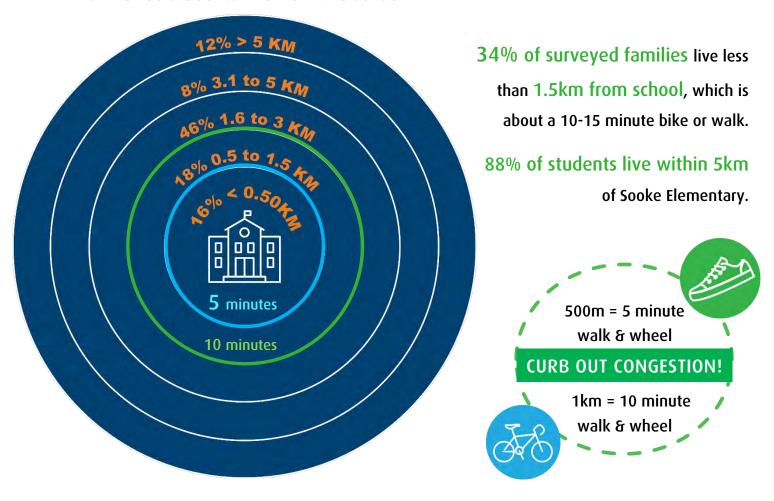


TIGHT FOR TIME? TAG ALONG!

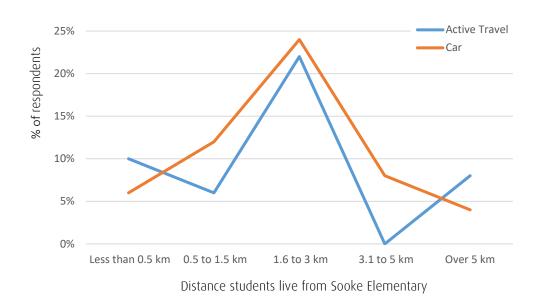
Over 44% of students using active travel to and from Sooke Elementary are accompanied by an adult.

Meet up with neighbours & try a "Walk & Wheel for 5" site!

How far do students live from the school?



How does distance impact travel choices at Sooke Elementary?



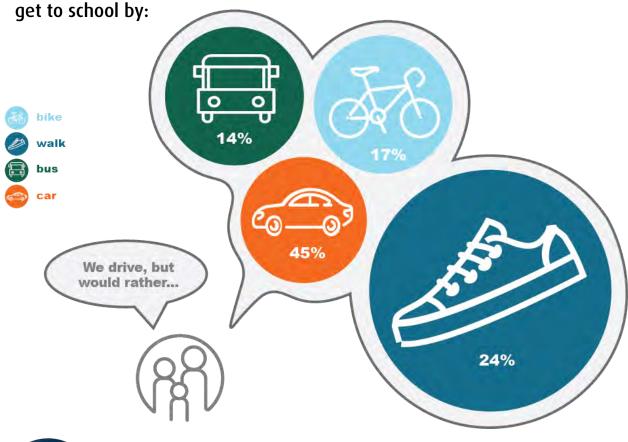
13% of students are
driven to and from
school, but live within
1.5km of Sooke
Elementary.

That's equal to about 25 vehicles!

How would you prefer your student get to Sooke Elementary?

Of all Sooke Elementary families surveyed, 78% of families are currently using or would prefer their child switch to active travel to get to/from school, but currently 52% usually drive.

Of the 52% families driving, familes said they would prefer to get to school by:





HOW YOU CHOOSE TO MOVE MATTERS!

Every car off the road means more space for students to walk & wheel to school. If you can't choose active travel all the way, "Walk & Wheel for 5" to support your school's safety and to give your student the benefits of active travel!

ACTIVE SCHOOL TRAVEL INFRASTRUCTURE CHALLENGES

The following infrastructure challenges were identified through formal and informal consultation - listed in order of priority and proximity to school.

School Yard Entrances, Parking Lots/Loops & Facilities

- Golledge/Dover busy with vehicles, poor perception of student safety
- Sooke Rd busy, conflict with vehicles & school bus, lack of walk/wheel entrance
- Church Rd wet in winter, parked vehicles block students from walking on shoulder
- Bike Racks old and poorly located

Various streets near school

- Country Rd not a school zone, parked cars block shoulder, vehicle speed
- Sooke Rd, Hwy 14 poor school zone visibility and compliance, lack of continuous sidewalks and bike lanes, need for more buses
- **Church Rd** lack of sidewalks, vehicle speeds and volumes, request for crossing guard at Church/Country, poor driver sightlines, vegetation maintenance needed
- Dover Rd vehicle congestion during school drop-off & pick-up, pedestrian safety with poor sightlines
- **Gulledge Rd** volumes & speed of vehicles, popular walking/wheeling route for students to school & will increase with new development
- Sooke Rd/Hwy poor school zone visibility and compliance, lack of continuous sidewalks and bike lanes, need for more public transportation

Otter Point Rd

- Lack of sidewalks, lack of bike lanes, vehicle speeds and volumes, lack of pedestrian crosswalks
- Wadams Way intersection awareness from drivers at Otter Point Rd

Phillips Rd

 lack of sidewalks, lack of bike lanes, poor sight lines, vehicle speeds and volumes, lack of pedestrian crosswalks

Other streets with concerns include:

- Grant Rd vehicle speeds and volumes, lack of sidewalks
- Seaparc Trails poor lighting, wildlife, personal safety
- Beaton Rd vehicle speeds and volumes, lack of sidewalks and crosswalks
- Charters Rd vehicle speeds and volumes, lack of sidewalks, crosswalks and bike lanes
- Sunriver Way need more buses, vehicle speeds and volumes, lack of crosswalks
- Throupe Rd vehicle speed and volumes, lack of crosswalks for pedestrians
- French Rd vehicle volumes and speeds
- Phelps Rd No lights

ACTIVE SCHOOL TRAVEL OPPORTUNTIES

Opportunities identified through formal and informal consultation.



What we asked...

What we heard...

Together, we...

If/when you drive, what are the main reasons you drive to school?

- > traffic safety concerns
- > student is too young
- > distance is too far
- > time pressure

- > worked with the District of Sooke, MoTI & SD62 to enhance road safety
- > set up new 'walk & wheel for 5' sites/routes **

What would make your route to school more comfortable?

- > connected routes
- > lower speeds & volumes
- > improved crossings
- > school zone awareness
- > Grade K-3 ICBC "Think of Me"
- > Grade 4/5 bike skills
- > New "Walk & Wheel for 5" sites/routes **

What would encourage you to walk or wheel to/from school?

- > route planning tips
- , > pedestrian/cyclist safety & skills education
- > if child didn't go alone

- > K-3 ICBC 'Think of Me' education
- > Grade 4/5 bike skills
- > New "Walk & Wheel for 5" sites/routes
- > See Appx A: Plan Your Route

What motivates you to use Active Travel?

- > getting physical activity
- > spending time outside
- > environmental benefits
- > feeling connected

> New 'Walk & Wheel for 5' sites/routes **

*For more details, see Action Plan (Appendix B)

**For more resources, see Plan Your Route Resources (Appendix A), &

6 E's of Active School Travel - Online Resources for School Communities (Appendix D)

ACTION PLAN HIGHLIGHTS

One of the main deliverables of the Ready Step Roll Initiative is the **Action Plan** (see Appendix B). The Action Plan outlines possible solutions to higher priority active travel challenges and opportunities commonly raised during the consultation process. The suggested actions are subject to the respective jurisdictions for consideration, approval and required budgetary processes.

The following sections highlight active travel challenges raised and possible solutions presented in the Action Plan through the lens of the 6 E's principles.

In the following 'Action Plan – Highlights', actions marked with:

- **☑** Completed at the time of this final report.
- ☐ May not have been committed OR are not yet completed
- Committed ongoing actions

ENGINEERING

Infrastructure upgrades to improve the comfort of walking and wheeling on streetscapes and built environments located within immediate school-neighbourhoods, on common/high-use routes, and on school property.

Active Travel Challenges Raised	Action Plan Key Messages and Solutions	
Crosswalks, Bike Lanes and Road Safety	District of Sooke	
"More bicycle lanes would improve safety for cyclists and drivers." "Proper bright crosswalk blinkers, bike lanes for the kids and slower traffic is needed," "Making sure the school zone sign is not obstructed by a tree (which it is now) would help."	 ➤ Church Rd Active Transportation upgrades with sidewalks and bike lanes □ Country Rd – In the short-term, create protected pathway for student walking from Church Rd to back of school to prevent vehicles from blocking crosswalk and pedestrian visibility ➤ Consider signing Country Rd & Golledge Ave as 30 km/hr and encourage multi-mode use of streets MoTI □ Consider enhanced signage for School Zone (SZ) by adding reflective strips to existing posts, funded by ICBC ☑ Trimmed tree blocking SZ sign & place it on regular maintenance schedule ➤ Upgrade to pedestrian-activated rapid flashing beacon on Sooke Rd directly in front of the school (pending final MoTI approval & budgeting) 	
School Property	School/SD62	
"In the mornings and at dismissal the front parking lot is busy with school buses, staff and family vehicles – and can be tricky to walk through."	Consider building protected walkway in front school parking lot along long fenced field	

ENFORCEMENT

Crossing guards, school supervision and police working together to improve awareness and compliance of parking regulations, traffic laws, and personal safety with a focus on the immediate school-neighbourhood and on school property.

Active Travel Challenges Raised	Action Plan Key Messages and Solutions	
Safe Crossings	District of Sooke & SD62	
"We cross at Church and Country but in the	 ✓ Fund additional crossing guard newly placed at Church/Country ✓ Continue to fund crossing guard in front of school on Sooke Rd 	
winter drivers don't always see	ICBC, RCMP & School	
kids waiting to cross."	 ✓ Participated in ICBC's "Think of Me" program (Spring 21) ✓ Participating in the Crossing Guard and School Bus Driver appreciation campaign (Spring 21) 	
Drop-off and Pick-up with Vehicles	District of Sooke	
	☐ Install "Kiss and Go" signs and/or "Walk and Wheel for 5" signs	
"I drive my child to school because he is too young to walk to school without an adult	School Administration and PAC	
and my time is too tight to walk with him." "The parking lot has no real lines but parents have a natural flow going during drop off	Enforce parking lot/drop-off loop rules and promote use of "Walk and Wheel for 5" and "Kiss and Go" sites with "Plan Your Route" map/brochure	
it's chaotic with students running between cars and across the parking lot"	☑ School is providing supervision before and after school to allow students travelling independently to arrive safe at school	
Safety on School Bus Routes	RSR initiative (CRD)	
"Vehicles don't slow down when children are walking to and from school bus stops"	➤ Work with the CRD's Traffic Safety Commission to develop and promote a school bus safety video aimed at drivers in rural and urban areas	

EDUCATION

Change perceptions of active travel and support initiatives to improve safety, reduce conflicts between transportation modes, and build the confidence and skills needed to safely and confidently walk or wheel to and from school.

Active Travel Challenges Raised	Action Plan Key Messages and Solutions
Lack of Traffic Safety and Bike Skills Classes "Wildlife on Sooke trails is always a concern, crossing DeMamiel creek is dangerous at times due to wildlife (bears)"	 School Administration/RSR initiative (CRD) ✓ Hosted grade 4/5 bike skills (GoByBike May 21) ➤ School/PAC to annually host bike skills with GoByBike or iRide ✓ Partnered with ICBC & RCMP to deliver "Think of Me" Road Safety education campaign for students K-3 ✓ Annually do "Think of Me" (online or ICBC)
Identifying Safer Routes to School and promoting "Walk & Wheel for 5" sites post-initiative Previous RSR schools have indicated a need for resources after the conclusion of the RSR initiative in order to build their capacity	RSR initiative (CRD) ☑ Developed: → "Walk & Wheel for 5" at various sites → See "Plan Your Route Map/Brochure" → Educational resources to support student physical literacy (see Appendix D) ☑ Create the RSR "6 E's of Active School Travel - Online Resources for School Communities" which includes the "Walk & Wheel for 5" guide, Walking School Bus Guide, School Streets Guide, and ICBC Road Safety and content for Principal Newsletters (see Appx D)
	 School Administration & PAC Promote new resources to families to help them identify safe active travel infrastructure along Sooke school routes

ENCOURAGEMENT

Celebrate and promote walking and wheeling as easy, fun and inclusive ways to travel in our community, alone or with friends and family.

Active Travel Challenges Raised | Action Plan Key Messages and Solutions

Encourage families to Walk and Wheel

"School needs better storage options available for bicycles and scooters."

"Safety from wildlife and strangers.

Lighting in winter. If my child had

someone else to walk with, I would feel

more comfortable"

"Once we get to school there is no secure bike rack. There is only a small one not visible from any windows in front of the school near the busy road and is not covered so it is all rusted."

RSR initiative (CRD)

- ☑ Purchase & install new bike rack (2021)
- ☑ Enable more students to ride confidently by providing Grade 4/5 Bike Skills

School Administration/PAC

- ☑ Sooke participated in the first annual Crossing Guard and School Bus driver appreciation campaign
- ✓ Sooke PAC organized and hosted a Walkathon fundraiser for students to participate
- ➤ Take part in community celebrations and campaigns that promote active transportation/ continue to host school events that encourage healthy and active lifestyles: Walk & Wheel to School & GoByBike Week

> Promote:

- · Plan your Route map/brochure
- "Walk & Wheel for 5" sites
- "6 E's of Active School Travel Online Resources for School Communities"

EQUITY

Ensure that the initiative is benefiting all demographic groups, with attention to ensuring safe, healthy, and fair outcomes for all students of diverse family, cultural, socio-economic backgrounds, abilities and identities.

Active Travel Challenges Raised

Desire for safer pedestrian spaces

"Sidewalks around the school would encourage more walking."

"I live in Sunriver. If a trail was built for our children to get across the river, there would be many more people walking and riding from here."

Identifying and promoting safer routes to school and alternatives to drop-off/pick up at the school

"Having my child use a forest trail connector when not accompanied by peers or an adult is not safe. The more visible route is along a highway with a shoulder but no pedestrian path"

Action Plan Key Messages and Solutions

Sooke

Little River (DeMamiel Creek) Crossing to be completed by the District (2022)

School Administration/RSR initiative (CRD)

Promote RSR "Plan Your Route" map and RSR resources to encourage more families to choose active travel with confidence

RSR initiative (CRD)

- ✓ Hosted iRide for grade 4/5, ensured that assisted bikes were provided and that students at all bike skill levels were included
- ✓ Worked with ICBC to host ICBC's "Think of Me" program (May & September 21)

RSR initiative (CRD)

- **☑** Develop:
 - → "Walk & Wheel for 5" at various sites
 - → "Plan Your Route Map" (identifies active travel infrastructure along school routes)
 - → Educational resources to support student physical literacy

School Administration & PAC

- Promote new resources to families to help them identify safe active travel infrastructure along Sooke school routes
- ➤ Promote "Walk & Wheel for 5" sites

NEW ACTIVE TRAVEL INITIATIVES AT SOOKE ELEMENTARY

In order to continue to support active travel to and from school, parents/guardians and school administration need to support each other, work together, and practice!

Plan Your Route to Sooke Elementary

As identified on the "Plan Your Route to School" Map, Sooke Elementary has adopted the following ongoing encouragement initiatives to support active travel. These school-specific resources are bundled in Appendix A. For more ideas see <u>6 E's of Active Travel</u> – Online Resources for School Communities.

Walk & Wheel for 5

These unsupervised sites and routes are about a five minute (500 meters) walk from the school and may be used as alternative meeting sites for families that drive*, walk, wheel, bike or take

(5) Minute Walk & Wheel to School UNSUPERVISED STUDENT DROP-OFF & PICK-UP SITE

PLAN YOUR ROUTETO

SOOKE ELEMENTARY

Join in & help support more students and their families confidently choose active travel

goals of "Walk & Wheel for 5" include easing vehicle congestion at the school, saving time, building student confidence and enabling more families to benefit from using active travel to get to/from school. These sites have been selected as they are on common routes that encourage the use of pedestrian and cycling infrastructure (sidewalks, quiet streets, pedestrian activated crosswalks, multi-use trails, etc.).

How to use these sites

On your school's "Plan Your Route to School" map and brochure these sites and routes are identified. Whether you drive", walk or wheel, use these sites to "Meet-Up & Go", "Park & Stroll" or simply "Kiss & Go" on your way to school, work or back home. Arranging to meet with a friend – or just knowing that others will be walking and wheeling along this route – increases everyone's comfort and enables more families to be able to choose to use active travel fully or part-way to/from school.

public transit. The

*Not all sites are suitable for drop-off/pick-up with a vehicle, see your school's "Plan Your Route Map" & brochure for details.

Kiss & Go!

These sites are located in the school drop-off loop, parking lot and/or along nearby streets where parking is limited or not permitted. The intent of Kiss & Go is to reduce congestion. This creates safer spaces for those students taking active travel, ensuring those families that have mobility or student needs have access to drop-off/pick-up parking, as well as reducing congestion for everyone!



Crossing Guard & Bus Driver Appreciation



Sooke Elementary students and staff participated in the first annual Crossing Guard & Bus Driver Appreciation event hosted by the CRD, ICBC and the school. Every day, no matter the weather, dedicated Crossing Guards & Bus Drivers help students and their families get to and from school safety. To express gratitude,

Crossing Guards and Bus Drivers were gifted an ICBC travel mug and classes created hand-made thank you cards to say thanks for all they do.

Grade 4/5 Bike Skills

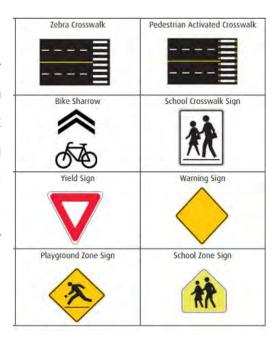
To encourage and enable more students to be able to walk & wheel to school, Ready Step Roll secured bike skills through the provincial initiative called Everybody Rides Grade 4-5 program for students at Sooke Elementary. Cycling education for students helps raise a generation of sustainable transportation and safe road users.



When everybody rides, everybody wins! Check out this shot of students gearing up to learn special skills for safe cycling.

ICBC - Think of Me

In the fall of 2021, Sooke students will participate in the "Think of Me" program in partnership with ICBC and Saanich police. This program aims to have police enforce traffic issues near the school using messages drawn on "warning tickets" created by students to raise awareness around road safety. The program is focused on students in grades K-3. Classes will also be encouraged to go outside around the school-neighbourhood to identify infrastructure, street signs, alternative routes and hazards.



GoByBike Week and the CRD Walk & Wheel to School Week

Formerly known as Bike to Work (or school) Week, GoByBike has evolved to be more inclusive to individuals and the various trip destinations throughout Greater Victoria. Schools are able to create a team online, track rides and win prizes by participating in this annual spring event. The CRD Walk & Wheel to School Week was run independently through schools due to COVID-19. Schools had the option to participate by tracking trips on a school poster and offering small encouragement prizes.



Capital Bike is the local GoByBike chapter for Greater Victoria. In addition to facilitating the annual GoByBike events, the team at Capital Bike has also built the new All Aboard Family Cycling Program. This program includes online family cycling resources focusing on three topics: Cycling While Pregnant, Cycling With Kids (On Your Bike)

and Cycling With Kids (On Their Bikes). They also offer free skills workshops and family rides where instructors teach best practices, bike maneuvering skills and tips, ending with a fun all ages and abilities group ride to a fun destination.

PLAN YOUR ROUTE TO SOOKE ELEMENTARY

"Plan Your Route to Sooke Elementary" Map was created to show the pedestrian and cyclist infrastructure that provides for safer active travel in Sooke Elementary School neighbourhood, as well as the "Walk & Wheel for 5" sites and routes, and "Kiss & Go" sites.

Try planning & practicing your family's active route to school!

Appendix A: Plan Your Route to School Resources

- ✓ Brochure with map Sooke Elementary
- ✓ Route Planning Activity for Families

Families who **plan**, **prepare**, and **practice** walking and wheeling to school help support children of all ages and abilities to learn safe and smart street-skills while gaining confidence, independence, and daily physical activity. Children will discover how easy, fun and sustainable any trip can be when you plan, prepare and practice using active travel.

Plan

- ✓ Plan the route to school with your child (see "Plan Your Route" map/brochure)
- ✓ Identify landmarks, road names, crosswalks to use, as well as potential hazards
- \checkmark Help your child dress for the weather and visibility in the dark
- \checkmark Ensure all equipment is safe and suitable for your child
- ✓ Try a "Walk and Wheel for 5" site and route (see "Plan Your Route" map/brochure)

Prepare

- \checkmark Set a good example when walking/wheeling and driving
- ✓ Practice walking/wheeling with your child on weekends CRD Bike Map
- ✓ Teach Pedestrian Skills and rules of the road using ICBC educational materials
- ✓ Teach road rules using the "Bike Sense Edition 7"
- ✓ Encourage independence allow your child to help make decisions along the way.

Practice

- ✓ Quiz your child on road rules and street signs
- ✓ Keep things fun with <u>CRD's Active Travel Resources for School Communities</u>
- \checkmark Practice your route, invite friends to join you in walking/wheeling
- \checkmark Explore new trails, parks, and activities that encourage active travel

IIPS FOR FAMILI

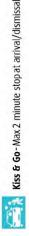
- ✓ Teach children to use crosswalks, sidewalks & crossing guards when possible. If there are no sidewalks, walk on the opposite side of the street to watch for oncoming traffic.
- Build up confidence by practicing your skills together as a family on the weekend
- Encourage kids to try new ways to travel (walk, bike, scooter etc.) to keep things fun!
- Invite neighbours & friends to join you along the way or meet up 8 go together part-way!
 - site to reduce school traffic Usually drive door-to-door? Iry a 'Walk congestion & other benefits of active travel. for 5' Wheel



Walk & Wheel for 5 sites/routes - Walk, Bike, Bus or



Roll - Meet Up & Go or Park & Strol











Crossing Guard - 15 mins before & after school



Public Bus Stop closest to Sooke Elementary









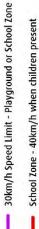






















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KEEP ROLLING WITH 'NEXT STEPS'

By design, the RSR initiative's focus on the 6 E approach, aims to build capacity within partners to fulfill the action plan items and further enable and inspire active travel mode choice. Recognizing that many of the school partners (administration, teachers, PAC, parents and students) move on to new schools, 'Next Steps' aim to facilitate the hand-off to the new school community over time so they can continue to foster Sooke Elementary's active travel culture, using the 6 E's.

Keep Rolling with Next Steps:

Shifting Gears...

As the RSR initiative with your school concluded in Summer 2021. Paper and <u>digital</u> copies of the final report and resources will be provided to the school and local government, including a large poster size map for the school to display. CRD staff are available to present the final report to the new PAC in Fall 2021.

Taking the Next Steps...

The school and the local government should continue to implementation of the **Action Plan** (Appendix B). Suggested actions to be completed or considered by the various partners identified. Each new school year the School Administration and PAC should review the "Kiss & Go" sites and "Walk and Wheel for 5" sites and routes to ensure they are meeting the needs of the school families in a changing urban environment. **Promote the "Plan Your Route to Sooke Elementary" brochure and activity - update as needed.**

Gaining Momentum...

We are always updating the <u>6 E's of Active School Travel - Online Resources for School Communities</u> activities, resources and key messages to continue to foster an active travel culture. Try a "Walk and Wheel for 5" site and route. Identify members of the PAC that can lead active travel initiatives!













PARTNER KEY CONTACTS & LINKS TO RESOURCES

- → District of Sooke Parks and Environmental info@sooke.ca
- → MoTI Area Manager, Roads Shawn.Haley@gov.bc.ca
- → CRD Ready Step Roll <u>regionalplanning@crd.bc.ca</u> 250.360.3195
- → <u>District of Sooke Transportation Plan</u> & <u>CRD Pedestrian and Cyclist Master Plan</u>
- → CRD Bike Map
- → GoByBike-Greater Victoria (GoByBike Week, bike skills) and iRide (bike skills)

APPENDICES

Appendix A – Sooke Elementary – Plan Your Route to School Map and Activity

Appendix B - Sooke Elementary - Action Plan

Appendix C – Sooke Elementary Consultation Data and School Newsletters

Appendix D – 6 E's of Active School Travel - Online Resources for School Communities



Appendix A:

Plan Your Route Map & Activity Sooke Elementary



Sooke Elementary

August 2021





What is 'Walk & Wheel for 5'?

Walk & Wheel for 5 is designed to support student safety by easing vehicle congestion at the school during arrival & dismissal times, while saving you time, building student confidence & enabling more families to be active.

These unsupervised sites are five minutes (500 meters) from the school & may be used as alternative drop-off & pick-up sites for households that drive, walk, wheel, bike or take public transit together.

Use these sites to **Meet-Up & Go, Park & Stroll or simply Kiss & Go** on your way to school -- more people joining improves safety over all on common routes.



Your choice matters!

Choosing not to drive door-to door reduces traffic and makes school parking lots & nearby streets are safer for all.

If you must drive, be sure to stop for school buses when lights flash, as students will be crossing.



Benefits of Active Travel

Create safer school streets





Spend time together outside

Build confidence & capacity



"I love the Walking School Bus, because now my Mom gets to work ON time!"

- Grade 3 Student Rogers Elementary

"It's really tough to walk/wheel when both parents have full time jobs... ...If there was a walking or cycling group I would allow our kids to join it."

-Keating Elementary Parents

Questions?

Contact the PAC, Principal or CRD Regional and Strategic Planning regionalplanning@crd.bc.ca









SOOKE ELEMENTARY



Join in & help support more students and their families confidently choose active travel

PROUDLY SUPPORTED BY:













TIPS FOR FAMILIES

- ✓ Teach children to use crosswalks, sidewalks & crossing guards when possible. If there are no sidewalks, walk on the opposite side of the street to watch for oncoming traffic.
- ✓ Build up confidence by practicing your skills together as a family on the weekend.
- ✓ Encourage kids to try new ways to travel (walk, bike, scooter etc.) to keep things fun!
- ✓ Invite neighbours & friends to join you along the way or meet up & go together part-way!
- ✓ Usually drive door-to-door? Try a 'Walk & Wheel for 5' site to reduce school traffic congestion & other benefits of active travel.



Walk & Wheel for 5 sites/routes - Walk, Bike, Bus or

Roll - Meet Up & Go or Park & Stroll



Kiss & Go-Max 2 minute stop at arrival/dismissal



Pedestrian Activated Crosswalk



Marked Crosswalk



Crossing Guard - 15 mins before & after school



Major Intersection with Signalized Crosswalk





Public Bus Stop closest to Sooke Elementary



Bicycle Rack



School Access Point



Sidewalk



Bike Route



Multi Use Trail Connections



30km/h Speed Limit - Playground or School Zone



School Zone - 40km/h when children present

















PLAN YOUR ROUTE TO SCHOOL ACTIVITY

Families who **plan**, **prepare**, **and practice** walking and wheeling to school will help support children of all ages and abilities to learn safe and smart street-skills while gaining confidence, independence, and daily physical activity. On top of this, children will learn how easy, fun and sustainable using active travel for any trip can be when you plan, prepare and practice.

	each family member's morning t nal stops along the way to their	
Most mornings,	travels	by:
(family member name)	travels (alone/with others to destination:)	(mode of transportation)
Most afternoons,	travels	by:
(family member name	e) (alone/with others to destination	n:) (mode of transportation)
Most days, woul	d prefer to travel	by:
(family member name)	d prefer to travel (alone/with others to desti	nation:) (mode of transportation)
(Ideas: "Our child will be dropped off 5 min school on weekends, so our child can bike alc 1.	consider the age, ability, and inc utes away from school so they can walk par me", "I will start a walking school bus so ot	· + way", "We will practice biking as a fa her kids don't have to walk alone")
(Ideas: "Our child will be dropped off 5 min school on weekends, so our child can bike alc 1.	utes away from school so they can walk par ne", "I will start a walking school bus so ot	· + way", "We will practice biking as a fa her kids don't have to walk alone")
(Ideas: "Our child will be dropped off 5 minschool on weekends, so our child can bike alcomedia. 2	utes away from school so they can walk par ne", "I will start a walking school bus so ot	· + way", "We will practice biking as a fa her kids don't have to walk alone")

TRAVEL TIP: SKIP THE LINE!

'Kiss and Go' or 'Park and Stroll' at any of the "Walk & Wheel for 5" sites available at your school to avoid long lines and idling in the drop off loop line up.



Appendix A – Plan Your Route to School

3. Consider and make note of potential barriers in each family member's goal.

i.e. Barrier "Timing – we can't bike to school together in the morning, because I will arrive late.

Strategy Use school's early supervision to allow our family to drop Sam off early, and then bike to work.

Barriers	Strategies fo	or success
	ermine the most <u>direct</u> route t time estimates for your prefer	o school for your family. Explore red travel mode.
Route option 1:		
Route option 2:		
your school's local infrastr	•	pare suggested Google routes to y safe crossings, caution points, to school.
What walk and wheel infrastru	ucture can you use on the way? (che	ck all that apply)
Sidewalk Marked Crosswalk Signalized Crosswalk	Pedestrian Overpass Crossing Guard Bike Lane	Walking School Bus Drive to 5 Parking Area Pedestrian/Cyclist Trail
To travel my route, I will u (circle the modes you will use)	se:	
	minutes to travel	
(time in min	uutes) (dist	rance; m or km)

Plan, Prepare, Practice!

Appendix B:

Action Plan – Sooke Elementary



Sooke Elementary

August 2021



Location		Proposed Actions	Key Players	E's	Timeline
Sooke Elementary Property & Site	Access				
School Side/Back Parking Lot (access from Golledge Ave)	Poor perception of student safety during peak hours - limited space available; parents have informal traffic flow pattern in place - limited vehicle access due to narrow geography of surrounding streets - concerns of dangerous student behaviour and visibility in parking lot	1. Delineate parking lot to define parking and walking spaces A. Use traffic safety cones/spray paint to create temporary student walking pathway at perimeter of parking lot from Solent St. Gate to School Building. > Sept'21, school created temp pathway post pre walkabout using safety cones and spray paint to form crossing and walking paths B. After garden is complete, use more permanent structures (i.e. concrete dividers, fascine bollards) to define protected walkway around the perimeter of parking lot for safer walking route 2. Encourage reduced vehicle volumes in parking lot A. Develop and promote Walk & Wheel for 5 locations for Sooke Elementary B. Offer Think of Me Education to Sooke students to improve student behaviour and capacity in parking lot settings	1A & B- School/SD62 2A - CRD-RSR/School/PAC 2B - CRD -RSR/ICBC	1 - Engineering 2 - Education/Encouragement	1A. Summer 2020 B1. As SD62 funding permits 2. Spring 2021
	Parking lot has drainage issues during rainy season causing building to flood	*Outside of program scope.SD62 is rebuilding Sooke Elementary. Could consider applying for grant to install stormwater management (rain garden/swales) to mitigate flooding issues and provide delineation short term.	SD62	Engineering	TBD
	on Hwy during peak hours	Encourage reduced vehicle volumes in parking lot Develop and promote Walk & Wheel for 5 parking locations for Sooke Elementary B. Offer Think of Me Education to Sooke students to improve student behaviour and capacity in parking lot settings	CRD-RSR	Education/Encouragement	2020/21
Front School Parking Lot (access of Hwy 14)	Students and families walking/wheeling on NW sidewalk must cross the driveway entrance to get to school.	1. Consider making narrow protected walking/wheeling route from NW sidewalk into the school yard between school yard fence and parked cars	SD62 / School	Engineering	2022
	Limited access to scooter and bike parking facilities	1. Improve parking cycling parking facilities A. Purchase and install new bike rack for Sooke Elementary B. Replace existing bike rack and relocate bike parking closer to high-use school active travel access locations (Back of school is more commonly used, keep at least one rack at front) 2. Consider raising funds to install scooter rack at Sooke Elementary	1A - CRD-RSR/SD62 1B - SD62 2 - PAC/School	Engineering	1. 2021 2. Ongoing
Sooke Elementary Perimeter Acces	ss Streets				
		1. Improve conditions for pedestrians accessing Sooke Elementary A. Install signs for timed parking restrictions (i.e. 2 minute drop off parking only such as Ready Step roll's "kiss & go") B. Create pathway on shoulder for students to use through use of bollards/other barrier from Church Road to school C. Small bridge near school gate may be needed for wet weather	DoS	Engineering	Signage-Short term Pathway- med term. Bridge- med term pending carpenter availability
Country Rd (back of school access)	grass and across ditch (wet in winter)	Investigate opportunities for active school travel route from Throup Rd to SES A. Seek Right of Way (ROW) information at Frances Gardens Strata Property B. Seek ROW opportunities at 6536 Grant Rd E, connecting to the Throup Rd Baseball Park	DoS	Engineering	Med term- pending staff availability and Council direction
	Cars perform turn around in residential driveways	Discourage use of driveways - remind parents of cul-de-sac on Grant Rd E through messaging	School	Encouragement	Onogoing
	Currently not a school zone	Evaluated and determined to designate and sign as School Zone from Church Rd to Grant Rd/around the corner	DoS	Engineering	Complete
	Poor perception of current crosswalk infrastructure - crossing guard in place; funded by SD62/DoS	I. Improve perception and comfort of school crossing A. Upgrade crosswalk to RFB and consider addition of advanced warning for drivers as road conditions permit - Advocate for overhead flashing beacons with reflective corresponding school area signage) -possible funding assistance from ICBC to MoTI B. Encourage use of Walk & Wheel for 5 sites to offer alternative drop-off/pick-up or parking options C. Encourage use of Crossing Guards through participation in the Crossing Guard Appreciation Month	1A - MoTI 2A/B - CRD -RSR/School/PAC	1A -Engineering 2 -Education & Encouragement	1A: 2022 -if funding is approved 2A/B: Winter - June 2021
Hwy 14 (Church to Dover)	14 School Area, poor compliance and awareness of school area from motorists.	1. Consider visibility enhancement of current school zone signage A. Install speed reader for drivers to encourage reduced speeds B. Request to add high visibility reflectors to current signage was considered not possible due to provincial sign regulations 2. Consider relocation of current school zone signage A. Trim vegetation to resolve sight line issue B. Request to reduce speed limit was considered cannot create 30km/h school zone on Hwy 14 due to provincial legislation	МоТІ	Engineering	1A: TBD 2A: Completed Sept'20 & marked for routine maintenance trimming

Timelines

Short-term: estimated completion 2021 Medium-term: estimated completion 2022-2024 Long term: estimated completion 4+ years

Location	Issues Raised	Proposed Actions	Key Players	E's	Timeline
	Limited sight lines and controls at intersections	A. Review intersection ROWs and consider installation of painted stop bars to discourage rolling stops - At Gollege/Dover intersection, move West stop bar backwards to create space for left hand turn from Dover into Golledge B. Consider painting zebra crosswalks at key intersection locations C. Perform vegetation maintenance as needed at intersections	DoS	Engineering	1A/B: Painting-short term. Maintenance- Ongoing
Golledge Ave (Drennan St to Sooke Elementary)	Concerns of high vehicle volumes and speeds during school peak hours - narrow road with no pavement markings - lack of sidewalks; curb delineators provide walking space for pedestrians but large trucks can drive over them and students sometimes balance on them as they walk	1. Improve pedestrian comfort A. Replace with flexible bollards to enhance delineation between pedestrians and vehicles. B. Promote other sites for 'Walk & Wheel for 5' to reduce congestion on Golledge Ave and Golledge school parking lot **Considered Golledge Ave as a Walk & Wheel for 5 site, but could not find suitable stopping location 2. Reduce vehicle speeds and volumes on Golledge Ave A. Consider installation of additional traffic calming measures, such as speed bumps from Charters Rd to School (speed bumps already installed) B. Promote other sites for 'Walk & Wheel for 5' to reduce congestion on Golledge Ave and Golledge school parking lot **Considered Golledge Ave as a Walk & Wheel for 5 site, but could not find suitable stopping location C. Develop and promote the Plan Your Route to School Activity for Sooke Elementary	1A - DoS 1B - CRD-RSR/School/PAC 2A - DoS 2B/C - CRD-RSR/School/PAC	Engineering	1A & 2A: Delineators-med term. Traffic calming- med term pending director approval 1A & 2B/C: June 2021
	Concerns of vehicle speeds and volumes	Install School Zone Sign on Dover St	DoS	Engineering	Short term
Dover St	Left hand turn onto Hwy 14 causes vehicles to idle for long periods of time	After lights are installed at Charters Rd / Hwy Intersection (2021) consider installation of "No Left Hand Turns" from Dover St. to reduce idling and improve safety at Dover/Hwy 14 intersection	DoS	Engineering	Short term pending Director/MoTI approval
Sooke Elementary School Catchme	nt Area				
	Concerns from parents over vehicle speeds and volumes	Install non-permanent speed reader on Church Rd to encourage reduced speeds from vehicles	DoS	Engineering	Short term
Church Rd.	Concerns of pedestrian crossing at Church/Country. Rd	1. Enhance crosswalk visibility a. Install Rapid Flashing Beacon with school crossing signage and repaint markings b. Consider addition of reflective tape along crossing signal posts' consider installing "Crossing Ahead" signage as needed along Church Rd 2. Address accessibility issues A. Address uneven ground at Country/Church crosswalk queue - if possible, create walking space for pedestrians by shifting crosswalk North 3. Address safety issues A. SD62 and District of Sooke (DoS) to allocate funding for crossing guard at this location B. Promote new Crossing Guard through Crossing Guard Appreciation Month	1 - DoS 2 - DoS 3A-SD62/DoS 3B - CRD-RSR/School/PAC	A - Engineering B - Engineering C - Enforcement/Equity	1A: med/long term pending budget. 1B: short term pending assessment of value. 2A: short term
	Concerns of student safety and capacity when travelling along Church Rd - rural conditions with growing traffic volumes create challenges in comfort levels for younger pedestrians/cyclists	1. Provide education opportunities to build student active travel capacity and to educate motorists on student active travel vulnerabilities A. Offer Think of Me Education for teachers to deliver to students B. Investigate potential to work with RCMP to host Think of Me Campaign to drivers as Covid-19 permits	1. CRD-RSR/ICBC/School 2. CRD-RSR/ICBC/RCMP	Education Encouragement Enforcement	Fall 2021
	Lack of connected sidewalks on Church Rd	New Sidewalks & bike lane to be installed on west of Church Rd with development work in 2021, will improve connectivity of pedestrian network	DoS	Engineering	Short term
	Lack of connected bike lanes along Church Rd	DoS Transportation Master Plant (TMP) has improved cycling facilities between Hwy 14 and Rhodonite Drive as a short term priority	DoS	Engineering	Short term to Throup; Medium term to Rhodonite pending budget
Church Rd / Hwy 14 Intersection	Concerns of pedestrian/cyclist visibility and safety - vehicles park close too intersection, blocking sight lines - vehicles use private property as a cut-through to the intersection during congested hours to avoid waiting to turn right onto Church	I. Identified in Sooke's TMP - Whole intersection to be reviewed and upgraded by MoTI -consider use of Zebra crossing at intersection, to enhance student visibility and safety at this crossing Assess signage needed for (and placement of) "Yield to pedestrian crossing" across commercial driveways	1. MoTI/DoS 2. DoS	Engineering	Upgrades to intersection short term on west side, med/long term pending budget and land acquisition on right side. Signage to be assessed after active transport upgrades

Timelines

Short-term: estimated completion 2021 Medium-term: estimated completion 2022-2024 Long term: estimated completion 4+ years

Location	Issues Raised	Proposed Actions	Key Players	E's	Timeline
Throup Rd	High vehicle volumes and speeds on Throup Rd - concerns of awkward intersection geometry at Church Rd - lack of connected pedestrian/cyclist network	DoS TMP identifies Throup Rd as a priority for improvements - considering future roundabout installation at Throup Rd/Church Rd intersection - considering connecting Throup Rd to Phillips Rd 1. Consider installing pedestrian refuges to shorten the crossing distance for pedestrians until larger improvements are complete	DoS	Engineering	Roundabout med term pending budget. Temporary refuges to be assessed pending expected timeline for roundabout
Sooke Transportation Master Plan	- Related work to Sooke Elementary				
Otter Point Upgrade - Hwy14 to Wadams Way		Improvements to address congestion at Hwy 14 and to improve walking and cycling conditions	DoS	Engineering	Short term
Rhodonite Dr		Upgraded pedestrian and cycling facilities on Rhodonite between Otter Point Rd and Journey Lane	DoS	Engineering	Long term
Beaton Rd	Poor conditions for Active Travel	Upgraded pedestrian and cycling facilities on Beaton between Otter Point Rd and Grant Rd	DoS	Engineering	med to long term pending budget
Pyrite Rd		Upgraded pedestrian and cycling facilities on Pyrite between Otter Point Rd and Grant Rd	DoS	Engineering	med to long term pending budget
Charters Rd		Sidewalk installation on Charters between Hwy 14 and Journey Lane/Throup Rd Charters/Hwy 14 Intersection will be completed at end of 2022). Will include pedestrian upgrades to support AT to/from waterfront	DoS	Engineering	Medium term pending budget
Phillips Road	Lack of AT access from Sun River into town	DoS currently working on improving AT connections 1. DeMamiel Crossing Phase 1 complete, phase 2 underway -DoS interested in advocating for urban standards in trail network behinds Sun River and on DeMamiel River Bridge 2. Sidewalks and cycling facilities on Phillips between Hwy14 and future Throup Rd connection	DoS	Engineering	Medium Term pending budget
Encouragement & Education Oppo	rtunities				
I School Rus Satety	Concerns of pedestrian safety, visibility and accessibility at various school bus stop locations	Review high use bus stops and consider improvements as needed Encourage school bus use through School Bus Driver & Crossing Guard Appreciation Month Think of Me campaign - include focus on School Bus Safety CRD's Traffic Safety Commission to make School Bus Safety ad (video) aimed at drivers	1. SD62/CRD-RSR/DoS/MoTI 2. CRD-RSR/School 3. ICBC/ CRD-RSR/school 4. CRD's TSC with CRD- RSR/SD62		1. No concerns reported 2. Feb. 2021 3 Spring 2021 4. 2022
Walk & Wheel for 5 Sites	Unsupervised drop off/ pick up locations aiming to reduce congestion/improve safety in school parking lots	Work with the school and municipality to identify suitable sites & develop promotional materials Lanark Rd Street Parking: Good site with street parking (500 m from school), path access up to Hwy 14 (directly in front of school) & crossing guard on duty in front of school (before & after-school for approx. 15 minutes) Future Library (Wadams Way): Helpful for families accessing area from Otter Point	CRD-RSR/School/DoS		Ongoing
ICBC - Think of Me Campaign	This campaign aims to educate students on risky driver behaviours, specifically within school zones and best safety practices for young pedestrian/cyclists	New Covid-safe delivery method to be offered to teachers in 2021 RCMP may not have time/capacity to Think of Me Community Campaign	CRD-RSR ICBC	Education Encouragement Equity	
	This campaign aims to raise awareness on Active Travel Heroes who enable students to walk and wheel safely	Interested classes will be invited to participate during Feb 2021, by making Thank You Cards to give to Crossing Guards and School Bus Driver	School/PAC		Spring 2021 Repeat annually as capacity permits
Bike Skills for grade 4 & 5	Greater skill capacities needed for students to ride safety	Grade 4-5 students	CRD-RSR School/PAC		
Clothing/Gear Exchange	Lower income families may have challenges accessing appropriate equipment and gear	Consider creating annual clothing/gear exchange for Sooke Students	School/PAC		Post-Covid

Timelines

Short-term: estimated completion 2021 Medium-term: estimated completion 2022-2024 Long term: estimated completion 4+ years

Appendix C:

Consultation Data & School Newsletters - Sooke Elementary



Sooke Elementary

August 2021



Consultation Data Active School Travel Report Sooke Elementary 2020/21

Key consultation findings are presented in the Active School Travel Report – Sooke Elementary 2020/21.

This appendix contains the data collected from the main sources of consultation as describe below. Please note that additional verification consultation was conducted as outlined in the main section of the report; this **qualitative data** is not presented here.

A. Hands Up Survey – Results

Collects in-class quantitative data from students by asking how students travelled to school and how they will be travelling home after school. Collected Monday October 19th – Friday Oct 23rd 2020. The anticipated Spring "Hands Up Survey" was cancelled as schools were not in session due to Covid-19.

B. Online Baseline Parent Travel Survey - Data

Collects qualitative and quantitative data from parents to gain a deeper understanding of how students are travelling, as well as why they choose or may opt to change their travel mode. Conducted at the beginning of the program as baseline data Monday June 8 – Friday June 26th 2020.

C. Walkabout - Data

Collects qualitative data from public and professional stakeholders to determine infrastructure improvements. The route followed on the Walkabout is developed through the analysis of the Online Parent Travel Survey comments and results. The initial Sooke Walkabout with the School Principal, District of Sooke and the Ministry of Transportation and Infrastructure (MOTI) took place in the morning on August 24th 2020. A second walkabout took place on September 29nd, 2020 at 8:15am with a limited number of invitees due to Covid-19. Attendees included PAC representatives, municipal staff, ICBC and Ready Step Roll staff – SD62 staff were unable to attend due to a late rescheduling to avoid poor air conditions from wildfire smoke.

A. Hands Up Survey: Monday October 19th – Friday Oct 23rd 2020 Total students trips counted: 1260

"How did you travel to and from school today?"

Mode To/From		
	TO	FROM
Walk	11.32%	11.54%
Walk part-way	5.66%	5.77%
Bicycle	1.89%	1.92%
School Bus	26.42%	26.92%
Car	45.28%	44.23%
Carpool	3.77%	3.85%
Driven to School Bus Stop	5.66%	5.77%
	100.0%	100.0%

Mode by Grade										
	K	K-1	1	2	3	3-4	4	4-5	5	Grand Total
Walk	20.00%	5.93%	25.50%	20.19%	23.48%	21.52%	12.09%	6.67%	22.38%	18.70%
Walk part-way	0.00%	0.00%	0.00%	11.54%	0.00%	0.00%	0.00%	14.17%	7.08%	4.16%
Bike	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	5.49%	0.00%	1.42%	0.75%
Roll	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	2.75%	0.00%	1.98%	0.60%
W&W to School Bus	22.86%	22.03%	22.31%	13.94%	20.87%	48.10%	26.92%	40.83%	22.95%	26.02%
Drive to School Bus	0.00%	0.00%	0.00%	3.85%	0.29%	0.00%	0.00%	4.17%	0.00%	0.95%
Public Transit	0.00%	0.00%	0.00%	0.00%	0.29%	0.63%	0.00%	0.00%	0.00%	0.10%
Carpool	0.00%	0.00%	0.00%	5.77%	1.45%	1.27%	0.00%	8.33%	1.70%	2.26%
Car	57.14%	72.03%	52.19%	44.71%	53.62%	28.48%	52.75%	25.83%	42.49%	46.47%
Grand Total	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%

Mode by Day						
	Mon	Tues	Wed	Thurs	Fri	Grand Total
Walk	17.42%	19.51%	20.82%	19.09%	12.74%	18.70%
Walk part-way	4.30%	3.99%	3.69%	3.47%	7.64%	4.16%
Bike	0.65%	0.89%	0.65%	0.65%	1.27%	0.75%
Roll	1.08%	0.00%	0.00%	1.52%	0.00%	0.60%
W&W to School Bus	25.81%	25.94%	25.60%	24.08%	33.76%	26.02%
Drive to School Bus	0.86%	1.11%	0.87%	0.87%	1.27%	0.95%
Public Transit	0.00%	0.22%	0.00%	0.00%	0.64%	0.10%
Carpool	3.44%	2.66%	1.74%	1.08%	2.55%	2.26%
Car	46.45%	45.68%	46.64%	49.24%	40.13%	46.47%
Grand Total	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%

B. Parent Baseline School Travel Survey: Monday June 8th – Friday June 26th 2020 Total number of surveys received: 64

"How far is the distance between your house and the school"

Distance	Percent of Students
Less than 0.5 km	16.00%
0.5 to 1.5 km	18.00%
1.6 to 3 km	46.00%
3.1 to 5 km	8.00%
Less than 0.5 km	12.00%
Grand Total	100.0%

"How far away does the student live from school" (Sorted by travel mode)

Distance	Active Travel Users	Car Users	Grand Total
Less than 0.5 km	14.52%	3.23%	17.74%
0.5 to 1.5 km	16.13%	28.23%	44.35%
1.6 to 3 km	8.87%	28.23%	37.10%
3.1 to 5 km	0.00%	0.81%	0.81%
Grand Total	39.52%	60.48%	100.00%

"How does your child(ren) usually travel to and from school?"

Travel Mode	To School	From School
Walk	11.32%	11.54%
Walk part-way	5.66%	5.77%
Bicycle	1.89%	1.92%
School Bus	26.42%	26.92%
Car	45.28%	44.23%
Carpool	3.77%	3.85%
Driven to School Bus Stop	5.66%	5.77%
	100.0%	100.0%

"How would you <u>prefer</u> to travel to and from school?"

Travel Mode	Percent of Students
Walk the whole way	26.92%
Walk part of the way (at least one entire block)	5.77%
Bicycle	21.15%
School bus	21.15%
Public transit	1.92%
School bus	4.69%
Car (just your family)	19.23%
Carpool (two or more familes)	3.85%
	100.0%

Does your child own a suitable bike?

	Count of Suitable Bike Child
Yes	79.31%
No	17.24%
Grand Total	100.00%

Who usually accompanies your child to school or the bus stop?

Travel Mode	Total # of Students Using Mode	Adult	Adult & Other Students	Other Students	Alone
Bike	1		1		
Car	24	17	7		
Carpool	2		2		
Drive to Bus Stop	2		2		
WW To Bus Stop	15	1	5	5	4
Scooter/Skate/Wheelchair	2				2
Walk	8	2	2	2	2
Walk Partway	2		2		

Do you (the parent) own a suitable bike?

	Count of Suitable Bike Parent
Yes	75.86%
No	20.69%
Grand Total	100.00%

"Would you allow your child to walk or bike to/from school?"

Row Labels	Count of Allow Walk/Bike	
Yes	56.52%	
No	39.13%	
Haven't considered it	4.35%	
Grand Total	100.00%	

"Why do you currently drive to/from school?"

Reasons Driven To School	Count
Sum of ReasonDriven_Distance from home is too far	10
Sum of ReasonDriven_Out of school care	0
Sum of ReasonDriven_Convenience/time pressures	8
Sum of ReasonDriven_Health/physical disability limitations (self or child)	1
Sum of ReasonDriven_Inconvenient timing or location of school bus	2
Sum of ReasonDriven_Too young	10
Sum of ReasonDriven_Lack of interest in walking/cycling	1
Sum of ReasonDriven_Lack of equipment (bike)	1
Sum of ReasonDriven_Traffic safety concerns	10
Sum of ReasonDriven_Personal safety concerns	5
Sum of ReasonDriven_Weather	6

$\hbox{\it ``What would encourage you to let your child(ren) walk to/from school?''}$

Would encourage walking if	Count
Sum of EncourageWalk_Continuous sidewalks/trails	34
Sum of EncourageWalk_Increased visibility/awareness of school bus stops	5
Sum of EncourageWalk_Increased visibility/awareness of school zone	16
Sum of EncourageWalk_Crossing guard attending key school crosswalk	7
Sum of EncourageWalk_Increased lighting	4
Sum of EncourageWalk_Additional pedestrian activated crosswalks	11
Sum of EncourageWalk_Lower vehicle traffic volumes	14
Sum of EncourageWalk_Additional marked crossings	16
Sum of EncourageWalk_Lower vehicle speeds	17

"What would encourage you to let your child(ren) bike to/from school?"

Would encourage biking if	Count
Sum of EncourageBike_Continuous bike facilities	23
Sum of EncourageBike_Additional street crossings for bikes	17
Sum of EncourageBike_Lower vehicle speeds	22
Sum of EncourageBike_Secure/covered bike parking at the school	16
Sum of EncourageBike_Lower vehicle traffic volumes	13
Sum of EncourageBike_Crossing guard attending key school crosswalk	5
Sum of EncourageBike_Increased universal accessibility infrastructure	6
Sum of EncourageBike_Increased visibility/awareness of school zone	16
Sum of EncourageBike_Increased lighting	6

"What would encourage you to let your child(ren) walk & wheel to/from school?"

I will encourage walk and wheel by	Count
Sum of WillEncourage_More appropriate routes for active travel were identified	20
Sum of WillEncourage_My child has clothing to walk or ride in the rain	8
Sum of WillEncourage_Bike skills course was offered at our school	13
Sum of WillEncourage_Road safety course was offered at our school	16
Sum of WillEncourage_A Walking/Cycling School Bus was running at our school	8
Sum of WillEncourage_Active transportation encouragement events or celebrations were happening at our school	5
Sum of WillEncourage_Bike and Gear in good working condition	7

"What motivates you to use active travel?"

What Motivates me to AT	Count
Sum of Motivates_Getting physical activity/exercise	26
Sum of Motivates_Feeling present and connected	16
Sum of Motivates_Spending time outside	22
Sum of Motivates_Environmental benefits	16
Sum of Motivates_Spending time with other people	10
Sum of Motivates_Setting a good example	19
Sum of Motivates_Not having to worry about parking	12
Sum of Motivates_More fun than driving	15
Sum of Motivates_Safer than driving	3
Sum of Motivates_Cheaper than driving	13
Sum of Motivates_More convenient than driving	5

Safety concerns sited regarding route to/from Sooke Elementary at top three locations (Edited for privacy)

- Otter Point Road (8) lack of sidewalks, lack of bike lanes, vehicle speeds and volumes, lack of pedestrian crosswalks
- Phillips Rd (7) lack of sidewalks, lack of bike lanes, vehicle speeds and volumes, poor sight lines, lack of pedestrian crosswalks
- Sooke Rd, Hwy 14 (6) poor school zone visibility and compliance, lack of continuous sidewalks and bike lanes, need for more buses
- Grant Rd (5) Vehicle speeds and volumes, lack of sidewalks
- **Church Rd (4)** -- lack of sidewalks, vehicle speeds and volumes, request for crossing guard at Church/Country Rd, poor driver sightlines, vegetation maintenance needed
- Seaparc Trails (3) poor lighting, wildlife, personal safety
- Beaton Rd (2) Vehicle speeds and volumes, lack of sidewalks and crosswalks
- Charters Rd (2) Vehicle speeds and volumes, lack of sidewalks, crosswalks and bike lanes
- Dover Rd (2) Vehicle congestion during school drop off & pick up, pedestrian safety with poor sightlines
- Sunriver Way (2) need more buses, vehicle speeds and volumes, lack of crosswalks

- Throupe Rd (2) Vehicle speed and volumes, lack of crosswalks for pedestrians
- French Rd (1) Vehicle volumes and speeds
- Phelps Rd (1) No lights
- Wadams Way (1) intersection awareness from drivers at Otter Point Rd.

General comments for challenges and opportunities for active travel at Sooke Elementary (Edited for privacy)

- I would walk my son to school but the distance us a bit far. Also, being where we are it wouldn't be safe to travel. The area of the catchment is guite large and I'm not sure that Sooke will be able to commit to the proper infrastructure to make it feasible
- The infrastructure in the Sooke Core was not designed to hold the traffic that is being jam packed into the area with 50 townhouses being built between 2018 and 2021, adding unto another 100 cars on narrow, dangerous, plugged roads that you can't access the Main Street in Sooke from. Sidewalks are not being added to new developments, and speeds should be decreased AND monitored. The drivers on these roads are dangerous and nothing is being done. Hundreds of school children are put at risk daily just to travel to and from school, and for class outings whether it is walking, biking, driving, or taking the bus. The 3 schools in this area are the largest in the town over 1000 students, hundreds of staff, and overall traffic.
- Finally, to make it an option (on your next page for the question of what will encourage me to have them all to school) that children get educated on safe walking/biking practices will do nothing at all for their safety when the people driving the streets are wreckless and dangerous.
- Living in a rural area the bus stops are so far apart and away from our houses that it is not possible for our children to walk to the stops by themselves, due to traffic and risk of wildlife encounters
- The sooke community just doesn't have proper sidewalks, signage, or monitoring
- More bicycle lanes would improve safety for cyclists and drivers.
- If a trail was built for our children to get across the river, there would be many more people walking and riding from Sunriver. Even from then, all the roads surrounding the school do not have a sidewalk, the roads are dark, there are no light up crosswalks, and there are too many cars on the roads. Something needs to be done to make Sooke more accessible and safe for our children.
- High volume of cars and speed
- My son's walk to Sooke Elementary is safe. I hope there are safer bike routes to Sooke Middle and High Schools when my son is going to them.
- Proper bright cross walk blinkers, bike lanes for the kids and slower traffic
- wild life on Sooke trails is always a concern, crossing demamiel creek is dangerous at times due to wildlife (bears)
- The gravel parking area of Sooke elementary is horrible, it floods and receives many pot holes which can damage vehicles(upkeep of gravel is horrible) why not pave the back parking lot???
- The school bus pick up for our location is way too early and drop off is way too late. My kids would spend over an hour on the bus each way for a 5 min drive. It makes no sense. We are too far for walking or biking.
- Sidewalks around the school would encourage more walking. Lowering speed to 30km from 40 km, and making sure the school zone sign is not obstructed by a tree (which it is now) would help.
 - Once we get to school there is no secure bike rack. There is only a small one not visible from any windows in front of the school near the busy road and is not covered so it is all rusted.
 - Lots of people on our street drive down to the bus stop in bad weather, rather than walk. For us it's a 15 minute walk to the bus stop (one way), but only a 7 minute drive right to school. Biking would only take 25-30 minutes (same amount going to bus stop and back) but no sidewalks along the main road with high speed limit make it unsafe for children. A bike lane or sidewalk going from emcs to sooke elementary would greatly help safety between the schools for more active travel.
- It is right on the highway and I'm general the side streets around Sooke don't have the best sidewalks, if any. Also people drive like morons in their big trucks I am often passed on grant road by cars and or trucks.

Appendix C – Consultation Data Active School Travel Report - Sooke Elementary 2020/21

- Some winter mornings it is dark when children need to leave from school and I find most neighbourhood in Sooke have poor lighting until the main highway/Sooke Rd
- Not enough bus routes from Sunriver that connect to buses heading into Langford and Victoria, not enough buses running in the morning, hate that he has to transfer buses in the afternoon, not enough bike racks on the buses. Not enough sidewalks and sidewalks should be on both sides of road, not enough lighting.
- Overall better lighting and access to pedestrian controlled crosswalks would be helpful for my child to bike or walk to school.

C. School Neighbourhood Walkabouts

Walkabout 1 (Before school start up): August 24th, 2020 (1:00-3:00 pm)

Participants (5): Natalie Bandringa (CRD), Colby Heddon (CRD), Owen Page (MOTI), Shawn Haley (MOTI), Laura Hooper (District of Sooke), Brian Derrick (District of Sooke) Debra Stoutley (Sooke Principal)

Walkabout 2 (After school start up): September 22nd, 2020 (8:15-10:15 am)

Participants (10): Natalie Bandringa (CRD), Colby Heddon (CRD), Laura Hooper (District of Sooke), Brian Derrick (District of Sooke) Debra Stoutley (Sooke Principal), Colleen Woodger (ICBC), PAC Executives (4) Regrets: Paul Godau (SD62), RCMP

Location	Issues	Potential solutions	Key Players
School Back Parking Lot	Poor visibility of students entering from gate off Solent St	Sooke has installed curb delineators along Golledge Ave leading up to the parking lot access, with success	Sooke
(access from Dover St)	single entry/exit point causes congestion - parents aware of informal "loop"	Install delineation in parking lot	SD62
	Poor visibility of students entering from gate off Solent St	Create paved student walkway to create formal space for students/families to access school'	SD62
		Support with educational handout - PAC can lead parking map, CRD can provide graphic support	School/PAC/CR D
		Support with Dt5/parent volunteers as valet? (covid year - may not work future yes)	School/CRD
Country Rd (back of school	Cars double park along street	Install pedestrian delineation and signage to enforce timed drop off	Sooke/School
access point)	No space for pedestrians	Kiss n Go messaging for parents	School
		storm water management - culvert small section so kids can walk on grassy shoulder	Scooke
Church Rd Crossing	Perception of high vehicle speeds but has good sight lines for drivers	Install RFB with school crossing signage and repaint markings	Sooke
(at Country Rd)	Issue with case act violding for and actring	install non-permanent speed reader	Cooke
	Issue with cars not yielding for pedestrians	Install reflective tape along signal posts	Sooke
	Poor sight lines	Address uneven ground at Country/Church corner - possible to install improve accessibility to and waiting area for crosswalk	Sooke
Church Rd (At Gas Station	Lack of formal crossing	Paint marked crossing to improve driver awareness of pedestrians	Sooke
entrance)	Vehicles park too close to intersection, creating limited visibility	Whole intersection upgrade planned (part in works, part will come with future development)	Sooke/MOTI
		consider better location before other upgrades	MOTI/Sooke
Front of School Crossing	High vehicle speeds/volumes (Hwy 14)	upgrade crosswalk to pedestrian activated (similar to other school X-walks on Hwy)	МОТІ
	Lack of RFB - crossing guard in place (paid by SD62/Sooke Muni)	Add advanced warning to crosswalk for drivers (signage, flashing lights, reflective tape, school crossing signs)	МОТІ
	Lack of awareness of school by drivers	Trim vegetation to improve sight lines for signage	Moti
Front Parking Lot	Lack of space for student to walk safely	Add in concrete barriers to create walkway	SD62
	Bike racks located in poor location	relocate bike racks	SD62
Dover St (at Hwy 14)	highly used access to school by cars & kids walking	does this have stop bar? Bar crosswalk?	Sooke
	cars turning left - backing up traffic	make right turn only on to hwy	Sooke

Active School Travel Planning

Fall 2020 Update - Sooke Elementary



Sooke Elementary 2020-21

The Capital Regional District, District of Sooke, BC Ministry of Transportation and Infrastructure (MoTI), and Sooke Elementary are teaming up through the **Ready Step Roll program** to identify barriers and solutions so more families can walk or wheel (bike, skateboard, wheelchair etc.) to/from school.

This program partnership focuses on infrastructure upgrades, encouragement and education opportunities for safer and more doable active travel for families.

School Community Consulation Highlights

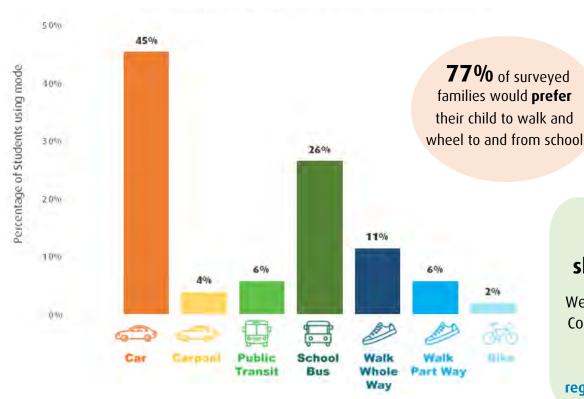
- ✓ **June 2020**: 64 families completed the Baseline School Travel Survey.
- ✓ August September 2020: School-Neighbourhood Walkabouts attended by CRD, Sooke, MoTI and ICBC staff, Sooke Elementary PAC and parent representatives.



Data and insights from the survey and walkabout will help identify and prioritize:

- 1. Improvements to infrastructure in the school neighbouhood and/or on the school grounds;
- 2. Encouragement and education opportunities specifically appropriate for Sooke families.

How do Sooke Elementary students usually travel to/from school?



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Want to get involved or share your ideas?

We want to hear from you!
Contact your PAC or email:
Natalie Bandringa,
Program Coordinator,
regionalplanning@crd.bc.ca



Keep Kids Moving this Fall!



GoByBike Week 2020

September 28th to October 4th

Everyone is invited to join whether riding to school, to do an errand, or just for fun!

Register and create a team with your class or make your own family team. Don't forget to log your trips to win... at the end of the week, one lucky class in Greater Victoria will win a set (x25) of fun bike bells and reflective slap bands!

Ways to Participate

Register or Join a Team

Visit a Celebration Station

Listen to a Bike Skills Webinar

Try you local Neighbourhood Ride

Complete the Sticker Challenge



Walk & Wheel to School Week is free kick-start campaign held annually during the first week of October, working with schools to celebrate, educate and encourage students and their families to use and learn about the benefits of active school travel.

Need ideas? Check out the **2020 Guidebook** for tips and ideas to help keep kids walking and wheeling all winter long.

What's Next for Ready Step Roll at Sooke Elementary?

From the data collected during from the Baseline School Travel Survey and Walkabouts, a list of key locations and active travel concerns was developed.

After an initial site visit, Ready Step Roll partners will meet with PAC representatives on Tuesday, September 29th, 2020 during morning drop off to walk the local school streets and investigate concerns and potential solutions heard from families.

To prioritize improvements and create positive change at Sooke Elementary, an Action Plan will be developed this winter, based on the 6 E's Approach to Active School Travel Planning. In the meantime, the program will continue to work with school staff and parents to support active travel.



Sooke Elementary December 2020 Newsletter Update

The Capital Regional District, District of Sooke, Ministry of Transportation and Infrastructure and Sooke Elementary are working together to help more families walk and wheel to and from school!

This partnership identifies active travel barriers for Sooke Elementary families and potential infrastructure upgrades, in addition to education and encouragement opportunities for more doable, safe active school travel.

What's happening at SES?

In September - October

- ✓ Ready Step Roll partners joined together to do a walkabout around the School Neighbourhood
- ✓ Students took part in a Hands Up Survey (see below)

In November

- ✓ Ready Step Roll began draft action planning
- ✓ Ready Step Roll presented at virtual PAC meeting
- ✓ PAC hosted a poll to ask families for their choice of a new bike or scooter rack

In December

- ✓ Ready Step Roll met with the District of Sooke to confirm engineering actions
 - SES's Action Plan will be shared with the PAC in January/February 2021

Pssst...did you hear?

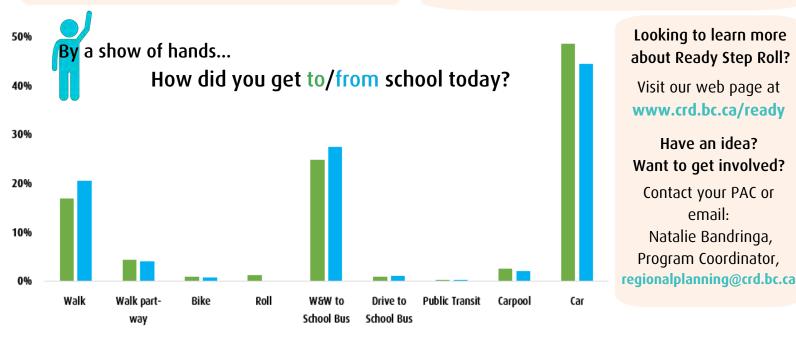
SES has a NEW CROSSING GUARD at the Country Rd/Church Rd Crosswalk helping students walk & wheel to school!



64 families participated in the June Baseline School Travel Survey, offering data to engineers to support active travel infrastructure improvements near Sooke Elementary!

To say thanks, Ready Step Roll has gifted a BRAND NEW BIKE RACK for our school to support students & staff who want to ride their bike to and from Sooke Elementary!

> Watch for our new bike rack near the back entrance in 2021!



Looking to learn more about Ready Step Roll?

Visit our web page at www.crd.bc.ca/ready

Have an idea? Want to get involved?

Contact your PAC or email: Natalie Bandringa, Program Coordinator,



Sooke Elementary December 2020 Newsletter Update

Walking and Wheeling in the winter is possible when families plan their route, prepare with the right gear and practice smart, seasonal street skills!

Help your child walk & wheel safely this winter:

BEING SEEN IS A BRIGHT IDEA!

 Carrying a light (or several) will help you see and be seen by others



✓ Bright, reflective rain gear will keep you warm, dry and visible in dark and rainy weather

If you are riding your bicycle, make sure it has:

- ✓ a front white light
- ✓ a rear red light

TAKE ACTION AGAINST DISTRACTION!

- Remove headphones so you can hear approaching cars that may be hard to see
- ✓ Avoid using devices while walking and wheeling

WALK THIS WAY!

- ✓ Walk on the inside edge of the sidewalk away from the road. If there's no sidewalk - walk facing oncoming traffic, so you can see approaching vehicles.
- ✓ Give yourself extra time to travel and remind children to watch for seasonal street hazards caused by rain, ice, & snow
- ✓ If your child is wheeling to school, remind your child to watch for slick terrain and to take corners slow

No reflective gear at home? Make your own!

Apply reflective tape in easy-to-see areas on your jacket for extra visibility!



- ✓ collar or hood
- ✓ sleeves or cuffs
- ✓ lower back

What's Next for Ready Step Roll at Sooke?



- 1. In January, the draft Action Plan for SES will be shared with Sooke school staff and PAC
 - This plan lists out actions to be carried out by Ready Step Roll partners, based on their individual roles and jurisdictions
 - o To develop this plan, Ready Step Roll follows the 6 E's approach learn more here



- 2. In January, Drive to 5 sites for Sooke Elementary will be shared with families to help students being driven to from school get the benefits of walking and wheeling part-way
 - Learn more about"Drive to 5" here



Sooke Elementary Spring 2021 Newsletter Update

This year Sooke students, staff and PAC members partnered with Ready Step Roll to enable and encourage more students and staff to walk & wheel to/from our school.

Our goal was to encourage active travel and learn how we can reduce congestion/improve road safety at our school using the 6 E's Approach to Active School Travel Planning.

Evaluation



Equity



Encouragement



Engineering



Enforcement





Shifting gears at Sooke

On May 18-19th, our Grade 4 & 5's will take part in the Everybody Rides 4-5 Bike Skills Course.

Our June survey shows that 49% of students are usually driven to/from Sooke Elementary. For families currently choosing to drive, we asked how they would prefer to travel and heard that over 77% would rather walk & wheel fully or part-way.

Every day, many of us get to make a choice on how to travel to and from our school. Sooke families can have a positive collective impact on our school's streets simply by changing individual travel behaviours to include more walking & wheeling wherever possible.





Crossing Guard & School Bus Driver Appreciation at Sooke

In February, several classes participated in creating thank-you cards for our crossing quards and school bus drivers! At Sooke Elementary we have lots to celebrate as we received have a NEW crossing guard to patrol the Church Rd/Country Rd crosswalk.

With our large school catchment area, many families rely on our school bus drivers to get us where we need to go! Looking ahead, improving driver awareness and stopping compliance at school bus stops to improve student safety will continue to be a focus.

Highlights from Sooke Elementary's Action Plan

Enabling & encouraging students to Walk & Wheel to Sooke Elementary



- ✓ The following crosswalks will be upgraded from marked crosswalks to pedestrian activated, flashing crosswalks:
 - Highway 14 Crosswalk in front of Sooke Elementary
 - Church Rd/Country Rd this crosswalk will also be improved to enhance visibility, accessibility and pedestrian safety when the Church Rd project starts this summer.



✓ **A NEW crossing guard** is at the Church Rd/Country Rd crosswalk helping students get to school safely. Our other crossing guard is on Sooke Rd at the crosswalk in front of the school.



The Plan Your Route to Sooke Elementary Map and Walk & Wheel for 5 activity encourage families to find their best route to school or try a new one!



✓ A new school bike rack has been installed at the back of Sooke Elementary so more staff & students can have the option to ride their bike to/from school.



A BIG shout out and thank you to all of our partners ...



Principals Deborah Stoutley and Krista Leakey, the PAC, Sooke Students & Staff, The District of Sooke, MoTI, RCMP, SD62, ICBC and Capital Bike.

What happens when we enable & encourage students to Walk & Wheel from home or 5 minutes away?



We help build student confidence & capability



Students become more self-reliant, helping families and household schedules



We create safer streets by reducing congestion before & after school



We support local climate action by lowering individual GHG emissions



Students arrive alert & ready to learn after a burst of activity



You can save time & money (& frustration!) by skipping school traffic line ups



Students see physical and mental health benefits



With siblings & neighbours no one has to travel alone, creating peer-to-peer connections in our community

Keep rolling with the next steps for Sooke Elementary by supporting our full Action Plan available in the June 2021 Final School Travel Report!

Appendix D:

6 E's of Active School Travel Online Resources for School Communities



August 2021



THE 6 E'S APPROACH TO ACTIVE SCHOOL TRAVEL PLANNING



The 6 E's of Active School Travel Planning – Resources for School Communities is an <u>online resource</u> which provides schools with the ideas, tools and activities needed to build and support the ongoing internal capacity needed to continue a school-wide active travel culture.

The 6 E's Approach to Active Travel aims to be a comprehensive, integrated and sustainable strategy to build school-neighbourhoods that are walkable and wheelable for all ages and abilities, by mitigating and addressing barriers preventing accessible active travel.

Students, families, educators, and Active Travel School Leaders are encouraged to access the resources online though the Ready Step Roll webpage to support school community equity, education, and encouragement active travel initiatives, while complimenting evaluation, engineering, and enforcement actions facilitated by local government engineers, the CRD and community partners.

Visit our webpage to learn more about the

6 E's approach to active travel

with tips, tools and ideas to support active travel at your school!

6 E's of Active Travel The 6 E's of active travel describes the multi-faceted approach used by Ready Step Roll to build capacity within school communities after they have completed the program. The resources below have been developed as part of the Ready Step Roll program, but all resources have been made available for public use in all regional school communities. Education Equity Evaluation Engineering Enforcement Encouragement With the right training, students can walk and wheel to school more often while enjoying increased physical skill sets and self-confidence. School communities learn about active travel benefits and caution points through road and traffic safety education and bike skills courses, developed in partnership with police, ICBC, and local non-profit organizations. 1. Road Safety Scavenger Hunt- Keep your eyes peeled! This resource challenges families to find different infrastructure, traffic signs, special vehicles, and neighbours while you walk through your community. Use it to teach your child about traffic safety or to change up your daily walks. 2. Move your Feet on the Street Challenge - How many ways can you move on your street? We're challenging kids to travel their "home stretch" using as many different forms of active transportation as possible. Includes a warm up brainstorming activity, followed by hands-on learning and finally, thematic-podcasts to help kids wind down after moving. 3. Ready Step Roll Bingo - On your marks, get set, BINGO! Challenge family members to be the first player to complete a line on their bingo card while performing different strength building movements, exercises, and stretches to help stay active at home. 4. Backyard Adventure Course - Get creative and see how you can move through your homemade obstacle course! This resource includes ideas on how to transform common household objects and toys into different obstacles for kids to maneuver through in the driveway, backyard, or even the living room! 5. Physical Literacy Resource List- a growing master list containing links to websites with ideas and activities to help keep kids active while they develop personal physical literacy. This list will continue to be updated. 6. ICBC Road Safety Resources for Teachers Equity »

6 E'S APPROACH TO ACTIVE SCHOOL TRAVEL PLANNING

The 6 E's approach to Active School Travel Planning aims to be a comprehensive and sustainable approach to making school-neighbourhoods more comfortable to walk and wheel, by identifying and addressing safety and social barriers to better support and enable Active Travel with confidence.



Equity

Ensure that the initiative is benefiting all demographic groups across the Capital Region, with particular attention to ensuring safe, healthy, and fair outcomes for all students of diverse family, cultural, socio-economic backgrounds, abilities and identities.



Evaluation

Collect data and user insights to better understand the school-neighbourhood context, to determine appropriate approaches, identify opportunities to improve the effectiveness of an approach for a given school community and monitor changes over time.



Engineering

Infrastructure upgrades to improve the comfort of walking and wheeling on streetscapes and built environments located within immediate school-neighbourhoods, on common/high-use routes, and on school property.



Enforcement

Crossing guards, school supervision and police working together to improve awareness and compliance of parking regulations, traffic laws, and personal safety with a focus on the immediate school-neighbourhood and on school property.



Education

Information and initiatives to improve perceptions of active travel to reduce conflicts between transportation modes and build the confidence and personal skills needed to safely and confidently walk or wheel to and from school.



Encouragement

Celebrate and promote walking and wheeling as easy, fun and inclusive ways to travel in our community, alone or with friends and family.