

# Hands Up Travel Survey

## Hands Up Travel Survey Information

A hands up survey is a great way for a school to find out how students travel to and from school. For one week teachers ask students how they travel to and from school and record it on the attached sheet. At the end of the week a point person collects the sheets and tabulates the results.

This information will be used to:

- Inform action planning to encourage and enable more students to walk and bike to school,
- Assessing change over time (especially if completed at the same time each year), and
- Evaluate the impact of active transportation activities.

School announcements are a great way to remind teachers and students to complete the survey each day through the week.

### Sample School Announcements:

**Day 1:** Today is the first day of the Ready Step Roll Hands Up survey. Every day this week we want to know how you are travelling to and from school. So put your hand way up high when the teacher asks how you got to school today.

**Day 2:** Do you like to wheel to school? Wheeling can be biking, scooting, skateboarding, even unicycling! Lots of fun ways to get to school. Tell your teacher how you got to school today during the Ready Step Roll Hands Up survey.

**Day 3:** Hey, I have a joke for you: If you're on a walk and find a fork in the road, what do you do?  
Answer: Stop for lunch! Seriously, tell your teacher how you travelled to school today during the Ready Step Roll Hands Up survey.

**Day 4:** There are lots of different ways students travel to school. Tell your teacher how you travelled to school today during the Ready Step Roll Hands Up survey.

**Day 5:** Happy Friday! One last chance to put your hands up and tell your teacher how you travelled to school today. Thank you for taking part in the Ready Step Roll Hands Up survey.



ACTIVE SCHOOL TRAVEL PLANNING

# Hands Up Travel Survey

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Div: \_\_\_\_\_ Total # of students in class: \_\_\_\_\_ Date: \_\_\_\_\_

**Q1: Ask the class: “How did you get to school this morning?”**

	Mon	Tue	Wed	Thu	Fri
<b>Walk</b> (all or most of the way)					
<b>Walk part-way</b> (at least one entire block, e.g. Drive to 5)					
<b>Bike</b> (all or most of the way)					
<b>Roll</b> (includes skateboards, wheelchairs, scooters, etc.)					
<b>School Bus</b>					
<b>Public Transit</b> (all or most of the way)					
<b>Carpool</b> (2 or more families)					
<b>Car</b> (Just my family)					
<b>Total</b>					

**Q2: Ask the class: “How will you get home from school this afternoon?”**

	Mon	Tue	Wed	Thu	Fri
<b>Walk</b> (all or most of the way)					
<b>Walk part-way</b> (at least one entire block, e.g. Drive to 5)					
<b>Bike</b> (all or most of the way)					
<b>Roll</b> (includes skateboards, wheelchairs, scooters, etc.)					
<b>School Bus</b>					
<b>Public Transit</b> (all or most of the way)					
<b>Carpool</b> (2 or more families)					
<b>Car</b> (Just my family)					
<b>Total</b>					

Instructions on reverse.

# Hands Up Travel Survey

## School Travel Survey Instructions:

- One survey sheet per classroom
- Teacher completes information at top of sheet
- Teacher conducts survey with their class, once every day throughout the week (suggest during morning attendance)
- Survey works best as a ‘hands-up’ survey, asking the question and requesting students raise their hand for the travel mode answer that applies to them e.g. *“How did you get to school today—Put your hand up if you walked all or most of the way to school this morning?”*
- Record the number of responses for each travel mode
- Repeat for question 2
- Return completed survey sheet to school office at the end of week

## Completed Example:

### Hands Up Travel Survey: Sample School

Grade: 4 Teacher: Ms. Example Div: 10 Total # of students in class: 22 Date: week of Oct 7, 2019

#### Q1: Ask the class: “How did you get to school this morning?”

	Mon	Tue	Wed	Thu	Fri
<b>Walk</b> (all or most of the way)	3	4	1	2	2
<b>Walk part-way</b> (at least one entire block, e.g. Drive to 5)	4	2	3	3	3
<b>Bike</b> (all or most of the way)	1	2	1	1	1
<b>Roll</b> (includes skateboards, wheelchairs, scooters, etc.)	4	5	4	3	4
<b>School Bus</b>	0	0	0	0	0
<b>Public Transit</b> (all or most of the way)	1	1	1	1	1
<b>Carpool</b> (2 or more families)	1	2	1	1	2
<b>Car</b> (Just my family)	7	6	6	7	6
<b>Total</b>	21	22	17	18	19

Repeat process for Q2: “How will you get home from school this afternoon?” ...