

# READY STEP ROLL

## ACTIVE SCHOOL TRAVEL PLANNING

**Students using active transportation** for their daily school commute see improvements in their physical and mental health, social development and academic achievement. With active school travel planning more students have the option to walk, bike, bus or roll to and from school.

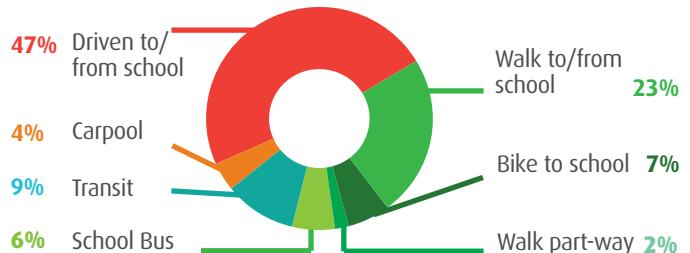
Active school travel planning examines infrastructure, behaviour, enforcement and educational needs both on school grounds and surrounding neighbourhoods while also tackling traffic safety issues, air pollution and climate change.

The success of the program relies on a coordinated and systematic approach to working with multiple stakeholders, including parents, students, school administration, school boards, municipal transportation planners and engineers, public health agencies and local law enforcement.

Each year the Capital Regional District funds up to five schools to participate in the full planning initiative. In addition, information and resources are available to all schools in the region wishing to support and promote active school travel.



### How students in the region travel to and from school



Source: 2016 Active & Safe Routes to School



Parents reported they would let their child walk or bike to school if...



**there were safer routes to school**



**their child was not alone**

Active School Travel Planning works with partners to identify infrastructure improvements and facilitate programming to help alleviate parents' concerns

## Resources for Schools

The planning process provides many resources to participating schools, including:

- Baseline school travel data
- Favourite Routes Map
- Walk and Wheel to School Week supplies
- Drive-to-Five program information
- Action Plan and School Travel Plan
- Safety tips and reflective accessories

## Get Involved

If you would like to be part of promoting active travel at your school, talk to your principal and PAC to find out what your school is doing. For information and resources to support active school travel visit [www.crd.bc.ca/ready](http://www.crd.bc.ca/ready).

## Key Players

**The School Travel Planner** facilitates the process.

**School districts and school administration** provide insight into school sites and bussing while supporting the implementation of education and engagement programs.

**Parents, students and the school community** provide perspective based on their experience walking and biking to school. They also contribute to action planning, and support education and engagement activities.

**Municipalities** provide local knowledge on infrastructure projects and support implementation of safety improvements.

## School Travel Planning Process

Program Set-Up		Data Collection & Analysis		Planning	Implementation	Evaluation	
School/ Municipality Recruitment	Program Begins	Baseline & Hands-up Survey	Neighbourhood Walkabout	Action Plan Development	Encouragement Education Enforcement Engineering	Follow-up Survey	
FEB	MARCH	JUNE	JULY	AUG	SEPT	OCT	
APRIL						NOV	
<i>Introduce program to:</i>		<i>Identifies:</i>		<i>In collaboration with school, municipality and school district</i>		<i>Coordination with partners could include:</i>	
<ul style="list-style-type: none"> <li>• School principal &amp; administration</li> <li>• School teachers &amp; staff</li> <li>• Parent Advisory Committee</li> <li>• Municipal staff</li> <li>• School District staff</li> </ul>		<ul style="list-style-type: none"> <li>• how students travel</li> <li>• walking and cycling safety concerns</li> <li>• potential improvements and actions</li> <li>• favourite routes</li> </ul>		<ul style="list-style-type: none"> <li>• Bike Skills course</li> <li>• Walking School Bus</li> <li>• Drive to 5 program</li> <li>• Walk &amp; Wheel to School Week</li> </ul>		<ul style="list-style-type: none"> <li>• School Travel Plan presented</li> <li>• Stakeholder endorsement</li> </ul>	