## Environmental Education: 3Rs (Reduce, Reuse, Recycle)

## Love Food Hate Waste

## Background Information

Organics, including food waste, account for about twenty-one percent of everything ending up in our landfill. Approximately half of that, about 15,000 tonnes, is avoidable food waste - food that could have been eaten. When we throw food in the garbage not only are we wasting a valuable resources, the food slowly breakdowns in the landfill and produces methane, a greenhouse gas.
Consider how long it takes to grow and produce our food. How much land and water is needed? How many people and vehicles are used to grow, pick, sort and transport our food?
If we are more thoughtful about the amount of food we buy, using the food we have and finding alternatives to throwing food in the garbage we will have a huge impact on the climate, environment and our regional landfill.


Paper and Cardboard
15.4\%

2016 Hartland Landfill Waste Composition Study

For more information about food waste in the region visit www.crd.bc.ca/lovefood.
If you have any questions about recycling or waste in the region, or are looking for ideas on how to connect this topic with other learning opportunities, please contact us at education@crd.bc.ca.

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We throw out how much food?
How many of the below items do you think would be needed to equal 15,000 tonnes - the amount of avoidable food waste that ends up in the landfill every year? Add your own comparison by choosing an item, researching the weight of your item and calculating how many you would need to equal 15,000 tonnes. $(15,000$ tonnes $=15,000,000 \mathrm{~kg})$


## 3,000

Tyгannosaurus Rex


1,364
School Bus


Apple


Killer Whale
1.5


2,143

BC Ferries Ferry Boat

My comparison:

## Environmental Education: 3Rs (Reduce, Reuse, Recycle)

We throw out how much food? ANSWER KEY


Tyrannosaurus Rex
Approximate weight: 7000 kg $=15,000,000 \mathrm{~kg} \div 7000 \mathrm{~kg}$ $=\mathbf{2 , 1 4 3}$


School Bus
Approximate weight: $11,000 \mathrm{~kg}$ $=15,000,000 \mathrm{~kg} \div 11,000 \mathrm{~kg}$ $=1,364$


Apple
Approximate weight: 0.2 kg $=15,000,000 \mathrm{~kg} \div 0.2 \mathrm{~kg}$ $=75,000,000$


Killer Whale


Approximate weight: 10,000 tonnes
$=15,000$ tonnes $\div 10,000$ tonnes

