Sooke Potholes Regional Park

Spring Salmon Place Campground (KWL-UCHUN)

A local favorite and spectacular riverside park & campground. Swim in the potholes, cycle the Galloping Goose, camp under the stars.
crd.bc.ca/sookepotholes

Sooke Potholes Regional Park

Sooke Potholes is a 69-hectare park located on the banks of the spectacular Sooke River, west of Victoria. The "potholes" are unique geological formations that form deep pools in the rive and that offer some of the best freshwater swimming in the region. The Sooke River is the second largest on Southern Vancouver Island and home to a salmon run every fall.

Park Features

- Spring Salmon Place Campground (KWL-UCHUN)
- Sensitive salmon-bearing stream
- Spectacular views of the Sooke River
- Freshwater swimming and hiking on short forest trails
- Access to Galloping Goose Regional Trail

You can picnic or swim at the river, explore the forest trails, camp under the stars, ride the Galloping Goose or simply enjoy the stunning vistas from one of several viewpoints. You may see black-tailed deer, red squirrels or bald eagles riding the breezes overhead.

The park is near the south-west corner of the Sea to Sea Green Blue Belt, a corridor of protected areas linking Saanich Inlet in the east to Juan de Fuca Strait in the west. It is adjacent to the Sea To Sea Regional Park.

Spring Salmon Place Campground

The 67-site RV and tent campground is located at the north end of Sooke Potholes Regional Park and adjacent to the Galloping Goose Regional Trail. The campground is a local favorite on Vancouver Island and offers a high quality, self-contained wilderness camping experience. Camp sites are self-contained.

The campground operates seasonally. Visit the CRD website for dates at crd.bc.ca/sookepotholes.

Services provided:

- Some riverfront views
- Public garbage bins and recycle bins
- Toilets
- Drinking water station
- Picnic areas
- Individual fire rings, firewood for sale
- Caretaker on site

The campground does not provide hydro, dumping station or showers.

Campground Rules

- Campground operates on a first-come first-served basis
- Fees $25/night; $10 extra vehicle; $15/night Bicycle Tent Pad all payable by cash only
- $7 firewood payable by cash only
- Stay is limited to 14 days a year
- Check in time 1pm, check out time by 11am
- Quiet time 10pm to 7am
- Generator use permitted 9-11am & 6-8pm
- No more than 7 persons per campsite with a maximum of 4 adults
- Visitors must leave campground by 8:30pm
- Alcohol not permitted outside campsite
- Smoking prohibited
- Fires permitted in designated fire rings except in periods when fire ban is in effect
- Dogs on-leash in campground, pick up dog droppings and take it to the trash

Park Rules

- Stay on designated trails
- Dogs must be on leash
- Pick up dog droppings and take it to the trash
- Leave no trace and carry out litter
- Do not remove or disturb animals or plants, such as wildflowers
- Smoking, motorized vehicles, open fires and alcohol are prohibited

Campground Operation

Spring Salmon Place Campground (KWL-UCHUN) is managed by the Capital Regional District and operated by the T'Sou-ke Nation.

A Message from Chief Gordon Planes

T'SOU-KE NATION

Welcome to Spring Salmon Place. The Sooke Potholes is known to our people as KWL-UCHUN, (Spring Salmon Place), the place where the spring salmon give themselves back to mother earth - these are the teachings of our ancestors. We are the salmon people and our language follows the salmon route, we are directly connected to the resource, it's a part of our identity. The spring salmon have taken care of us since time immemorial, and today we all need to do the same. We are here to ensure that the salmon are taken care of for our future generations and our children not born yet.

tsoukenation.com

How to Get There

Follow the Trans-Canada Highway from Victoria, then take the Millstream Road exit (Exit 14). Follow Veterans Memorial Parkway, then turn right on Sooke Road. Turn right on Sooke River Road and follow the signs. Allow approximately 45 minutes driving time from Victoria.

Public Transportation

Take BC Transit #61 from Victoria to Sooke River Road. It is five kilometres along Sooke River Road to the park. Contact BC Transit for schedule information at transitbc.com.

Riding "The Goose"

You can reach Sooke Potholes Regional Park and the Spring Salmon Place Campground (KWL-UCHUN) by bicycle or on foot from the Galloping Goose Regional Trail (km48). If you're day tripping, try parking at Roche Cove Regional Park (km 35) or the Sooke River Road parking lot (km 45). You can ride to Sooke Potholes for a swim or hike, or travel through wilderness scenery all the way to the end of the trail (km 55) before returning.

Capital Regional District | Regional Parks

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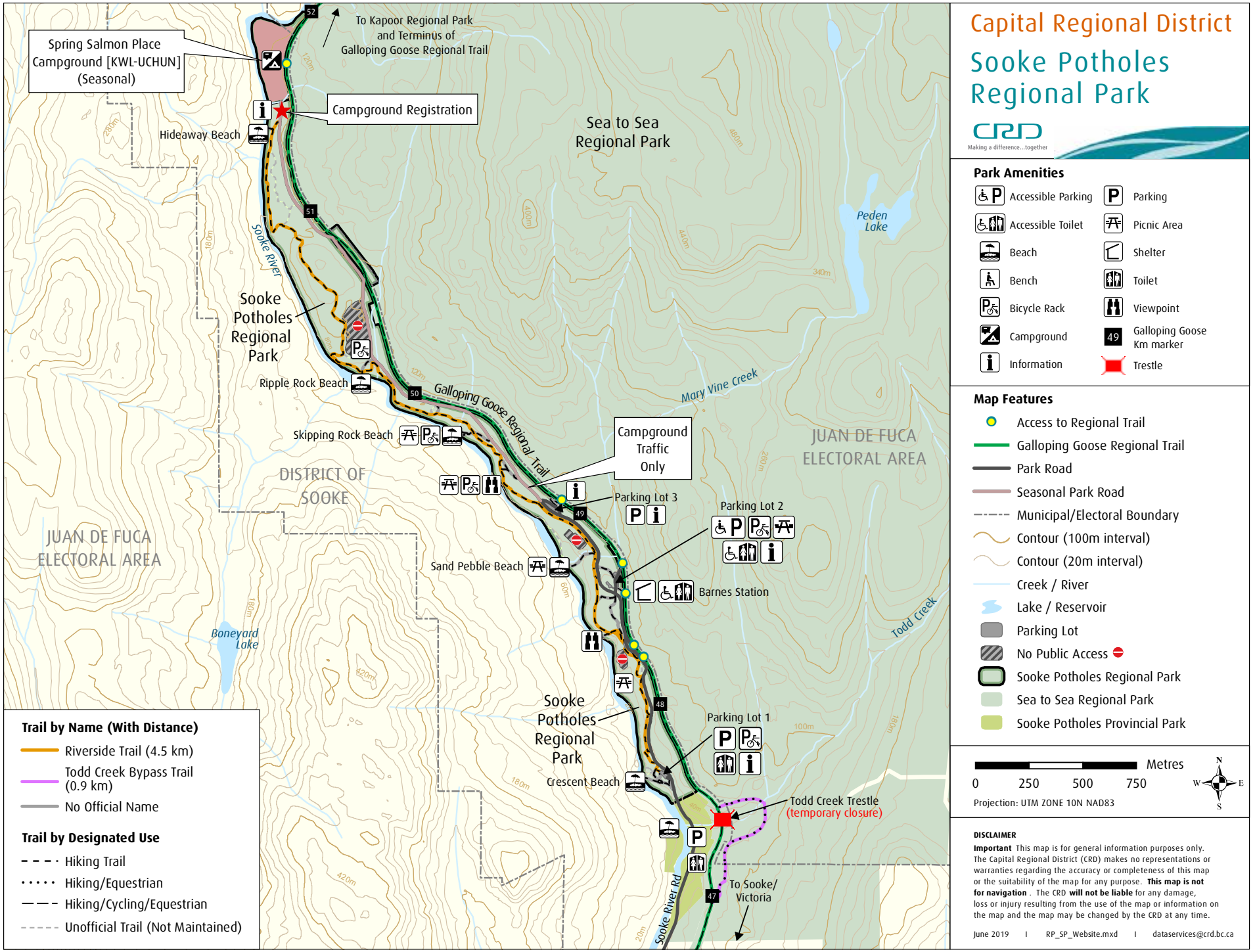

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June 2019 I RP_SP_Website.mxd I dataservices@crd.bc.ca

District of Sooke
Sooke River
Juan de Fuca Electoral Area
Sea to Sea Regional Park
Galloping Goose Regional Trail
KM 51.5
Campground Registration
To KM 51 (Distance from Victoria on Galloping Goose Regional Trail)
Capital Regional District
Sooke Potholes Regional Park
Spring Salmon Place Campground [KWL-UCHUN]
Bicycle Rack
Information
Drinking Water
Toilet
Fire Ring
Shelter
Beach
Recycle/Waste
Camping Site
Bicycle Tent Pad
Campground Road
Sooke Potholes Regional Park
Sea to Sea Regional Park Reserve
Hiking Trail
Galloping Goose Regional Trail
Sooke River
Municipal / Electoral Boundary
Access to Regional Trail
0 15 30 60
Metres
N
W
E
S
Projection: UTM ZONE 10N NAD83
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