



Mill Hill REGIONAL PARK



This regional conservation area is a perfect place to experience nature. You'll discover woodland trails, a meandering creek, wildflowers and spectacular views.



Mill Hill Regional Park

A little-known oasis of nature, this park exemplifies the exquisite beauty and ecological wealth of our region.

Park Features

- a large Garry oak stand with delicate spring wildflowers
- Douglas-fir forest and cedar wetlands bordering Mill Stream Creek
- summit (203m) views of Esquimalt Harbour, Victoria and surrounding hills and mountains
- park brochures and other information at CRD Regional Parks headquarters next door
- trail connecting with Thetis Lake Regional Park

Trail Rating: Easy, moderate and challenging

Size: 71 hectares

Hours: Sunrise to sunset

An Endangered Ecosystem

The slopes of Mill Hill protect important remnants of Garry oak ecosystems. Less than 5% of the original Garry oak habitat remains in British Columbia. In spring, wildflowers such as camas and white fawn lily carpet the hillside. Some of the wildflowers are rare or endangered. CRD is restoring the Garry oak ecosystems of Mill Hill.

The Past and the Present

Mill Hill is the traditional territory of the Songhees and Esquimalt people, known collectively as the Lekwammen. Artifacts show that the Lekwammen people lived in this area as long as 3000 years ago, and camped at the mouth of Millstream Creek.

Mill Hill and Millstream Creek are named after the area's first sawmill, built in 1848 by the Hudson's Bay Company at Mill Falls, just outside the park.

Please follow these rules to keep the park natural and enjoyable for everyone:

- Stay on designated trails
- Keep your dog under control (returns when called, always in clear line of sight, and does not injure or disturb people, pets or wildlife)
- Pick up dog droppings and take them to the trash
- Leave no trace and carry out litter
- Bicycles, motorized vehicles, camping, open fires, smoking, and alcohol are prohibited

How to Get There

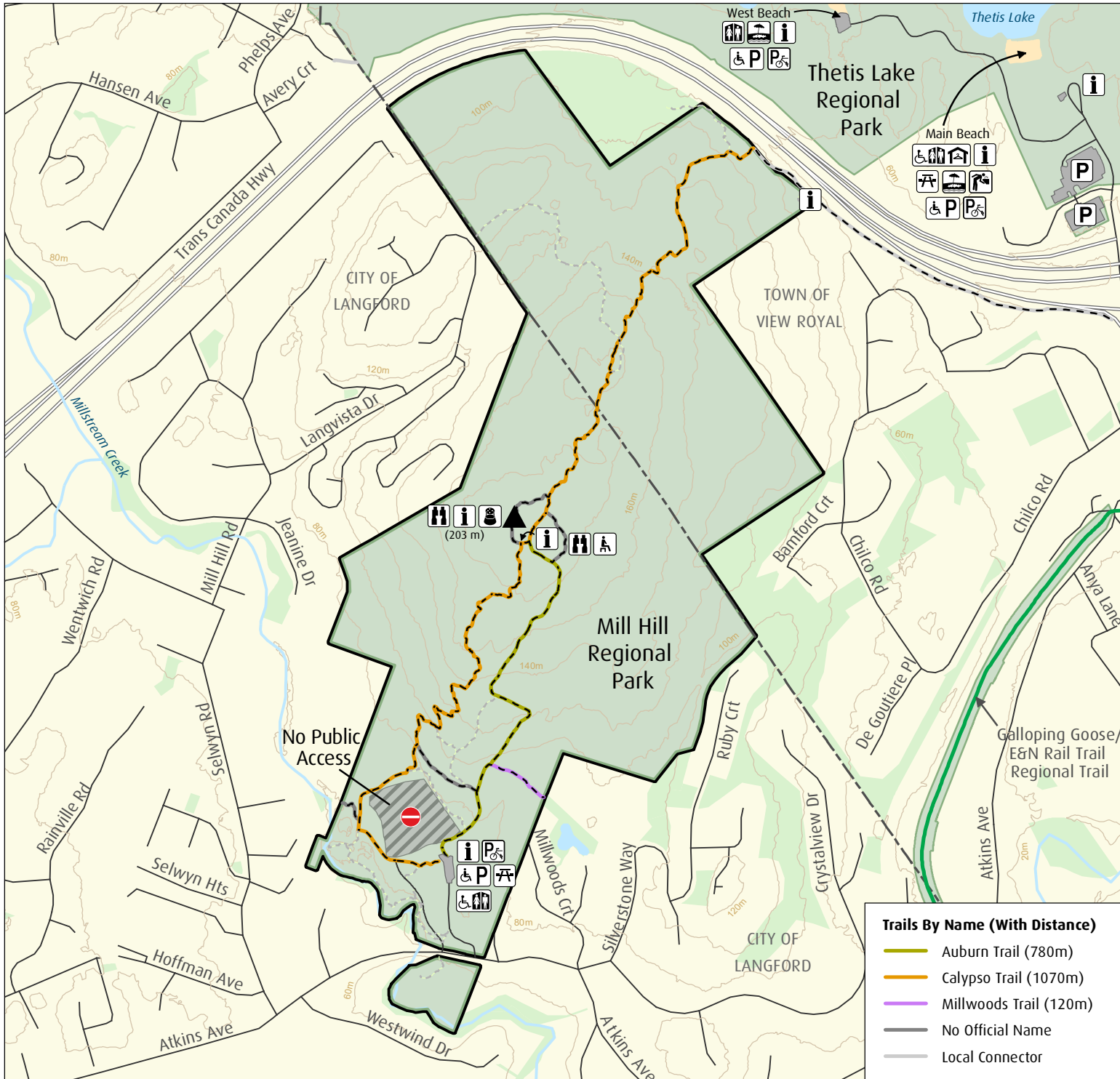
This 71-hectare park is located at 490 Atkins Avenue in Langford. Follow the Trans-Canada Highway from Victoria, and take Exit 14 south to Langford. From Veterans Memorial Parkway, turn left on Hoffman Avenue. Turn right on Winster Road at the four-way intersection. Turn left on Atkins Avenue. Follow Atkins Avenue for one kilometre to the park entrance on the left. Allow approximately 25 minutes driving time from Victoria.

Public Transportation

BC Transit #53

Capital Regional District | Regional Parks

tel: 250.478.3344 | email: crdparks@crd.bc.ca
www.crd.bc.ca/parks



Park Amenities

	Accessible Parking		Drinking Fountain
	Accessible Toilet		Information
	Accessible Toilet & Changeroom		Parking
	Beach		Picnic Area
	Bench		Toilet
	Bicycle Rack		Viewpoint
	Cairn		

Trails By Designated Use

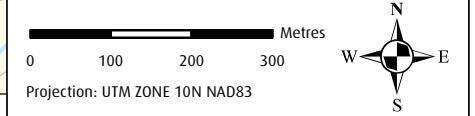
	Hiking Trail
	Unofficial Trail (Not Maintained)

Map Features

	Road
	Highway
	CRD Regional Trail
	Municipal Boundary
	Contour (20m interval)
	River or Creek
	Lake/Wetland
	Beach Area
	Parking Lot
	CRD Regional Parks Headquarters
	Mill Hill Regional Park
	Other Regional Park/Trail
	Other Park/Protected Area

Trails By Name (With Distance)

	Auburn Trail (780m)
	Calypso Trail (1070m)
	Millwoods Trail (120m)
	No Official Name
	Local Connector



Disclaimer
Important This map is for general information purposes only. The Capital Regional District (CRD) makes no representations or warranties regarding the accuracy or completeness of this map or the suitability of the map for any purpose. **This map is not for navigation.** The CRD will not be liable for any damage, loss or injury resulting from the use of the map or information on the map and the map may be changed by the CRD at any time.

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