Hart Memorial Disc Golf Course



Disc golf is an exciting sport that can be played from school age to old age and is a great activity for families. It is particularly popular with the 15 to 25 year old group, which, traditionally, is a hard group to find activities for. It's a wonderful way to get fit and have a great time outdoors.

The Hart Memorial Disc Golf Course in Mouat Park was completed in 1998. The 18-hole, par-3 course occupies the 5-acre area that used to be the provincial campground. It combines a spectacular forest canopy with open terrain and a variety of topographical changes.

Disc Golf is played much like traditional golf, but instead of a ball and clubs, the players use a disc, similar to a Frisbee[®]. A golf disc is thrown from a tee area to a hanging tonal pin which is the "hole". As the player progresses down the fairway, he or she must make each consecutive shot from the spot where the previous throw landed. When the disc hits the pole, the hole is completed. The player with the lowest number of total throws gets the best score. The trees, rocks and terrain changes add to the challenge.

Best of all, perhaps, is the expense – other than the cost of a disc, it is free!

Course Etiquette:

- <u>Do Not</u> write on the tonal pins
- use common sense, respect the course and others
- yield to pedestrians
- put garbage in designated bins
- refrain from using glass
- tread lightly and try not to step on the ferns and tree roots
- have fun

Course Rules:

- use same principles as you would in golf
- throw disc at hanging tonal pin and play disc where it lands
- farthest away from the pin throws first
- usually the person who wins the hole outright, throws first on next tee off
- if tonal pin is swaying after a putt, ask the person who last hit it, to stop the pin
- keeping score: count how many throws <u>over</u> or <u>under</u> you are (remember the course is par 3)

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1 164' 50m	2 161' 49m	3 161' 49m	4 190' 58m	5 138' 42m	6 262' 80m	7 184' 56m	8 167' 51m	9 194' 59m	10 233' 71m	11 184' 56m	12 118' 36m	13 197' 60m	14 180' 55m	15 161' 49m	16 171' 52m	17 180' 55m	18 223' 68m	Total
	2ard 1 164'	Card 1 2 164' 161'	Card 1 2 3 164' 161' 161'	Card 1 2 3 4 164' 161' 161' 190'	Card 1 2 3 4 5 164' 161' 161' 190' 138'	Card 1 2 3 4 5 6 164' 161' 161' 190' 138' 262'	Card 1 2 3 4 5 6 7 164' 161' 161' 190' 138' 262' 184'	Card 1 2 3 4 5 6 7 8 164' 161' 161' 190' 138' 262' 184' 167'	Card 1 2 3 4 5 6 7 8 9 164' 161' 161' 190' 138' 262' 184' 167' 194'	Card 1 2 3 4 5 6 7 8 9 10 164' 161' 161' 190' 138' 262' 184' 167' 194' 233'	Card 1 2 3 4 5 6 7 8 9 10 11 164' 161' 161' 190' 138' 262' 184' 167' 194' 233' 184'	Card 1 2 3 4 5 6 7 8 9 10 11 12 164' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 164' 161' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 14 164' 161' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197' 180'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 164' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197' 180' 161'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 164' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197' 180' 161' 171'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 180' 161' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197' 180' 161' 171' 180'	Card 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 164' 161' 161' 190' 138' 262' 184' 167' 194' 233' 184' 118' 197' 180' 161' 171' 180' 223'