



Making a difference...together

COUGARS!

Pre-trip Instructions

Arrival time at Francis/King Regional Park

Please arrive at Francis/King Regional Park 15 minutes before your program time in order to have a washroom break and snacks. This allows time for organizing the students without cutting into the actual program time. Cougars is a 1.5-hour program.

How to get there

Allow approximately 20 minutes driving time from Victoria. On the Trans-Canada Highway from Victoria, take the Helmcken Road exit. Turn left on Burnside Road West, right on Prospect Lake Road and left on Munn Road. After this intersection, turn right into the driveway that leads to the parking lot. Use caution and drive carefully. **Meet beside the Nature Centre.**

For a detailed directional map, visit:

<https://www.crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/francis-king>

Prepare your students

1. **Name Tags:** Prior to arrival, divide your students into 2 groups, and have each student wear a large, waterproof nametag.
2. **Clothing:** Be prepared to participate outdoors, rain or shine. Wear clothing appropriate to the season, and be prepared for cold and wet conditions. Wear sturdy footwear and please do not bring umbrellas.
3. **Guidelines:** Be sure the students are aware that this is an educational field trip in an "outdoor classroom". Classroom manners are expected.

Role of teacher and adult helpers

Teachers are responsible for group management. We invite adult helpers to participate in all activities and help with individual student needs. Suggested ratio is one adult: six students.

Read Educators Guide

See Educators Guide for a detailed program description, BC Curriculum links and other helpful resources related to your program.