

FALL 2020



AT A GLANCE

We've got a lot to offer this Fall!

Program details including date, time, description and cost can be found online at www.panoramarecreation.ca

CAMPS & PRO D DAYS

- Out of School Care
- Pro-D Day Camps
- Polar Express Winter Break Camps
- Muddy in Fun Clay Camp

EARLY YEARS (1-5yrs)

- Forest Explorers
- Tiny Timbers
- Exploratorium
- Parent & Child Handbuilding (Pottery)
- Craft n' Play
- Dancing with my Mommy
- Tiny Dancers
- Little Shakers Music
- Storybook Cooks

SCHOOL AGE (5-11yrs)

- Parent & Child Archery
- Youth Archery
- Tutus, Jazz & Hiphop Combo
- Hip Hop
- Tiny Jazz/Tap Combo
- Meet the Electronic Instruments
- Beginner Piano
- Saanich Peninsula Basketball
- School Age Pottery

YOUTH & TEEN (12yrs+)

- Be A Tennis Player
- Beginner Piano
- Meet the Electronic Instruments
- Pottery - Make a Mug
- Pottery - Beginner
- Pre-Teen & Teen Pottery
- Saanich Peninsula Basketball
- Sewing
- Youth Archery

ARENA

- Adult Skating Lessons
- Private/Semi-private Skate Lessons
- Skating Lessons

AQUATICS

- Custom Private Swim Lessons
- Swimming Lessons
- Masters Swim Club
- Private/Semi-private Lessons



ADULT -ARTS , CULTURE & DANCE

- Acrylic Pouring Painting
- Alcohol Ink Painting
- Ballroom Dance Level 1 & 2
- Beginner Guitar
- Line Dance Level 1 & 2
- Pottery - Beginner
- Pottery - Beyond Beginners
- Pottery Specialty Workshops
- Sewing
- Willow Chair Workshop

DROP-IN PROGRAMS

Reservable drop-in options will be available this Fall for the pool, arena, fitness and weight room.

Stay tuned on our social media for updates as we finalize these details.



ADULT – TECHNOLOGY & WORKSHOPS

Brewing Kombucha & Kefir
Canning the Abundance
Decluttering Your Life
Financial Strategies for Retirement
Freedom 55+ Bike Skills
Fun with Tricks (Pets)
Grow Your Own Food 101
iPad Level 1 & 2
iPhone Level 1 & 2 & 3
iPhone/iPad Camera & Photos
iPhone/iPad Social Media
Planning Year Round Gardening
Puppy Superstart
Soap Making 101 – Natural Handmade
Soil Health for Backyard Gardening

ADULT - LANGUAGE

Continuing Spanish
French Beginner Level 1 & 2
Intermediate French
Intermediate Spanish
Singing in Spanish
Spanish for Beginners

FITNESS CLASSES

4 Core
Aging in Reverse
Aging in Reverse
Body Camp
Butts and Abs
Essentrics
Fabulous Over 50 Strength Training
Roll and Restore
Upper Body Strength Blast
Womens Kickboxing
Zumba
Zumba Gold
Zumba Tone



FITNESS – WELLNESS & YOGA

Better Balance
Chair & Balance
Chairfit
Chakra Balancing
downDAWG Yoga
Iyengar Yoga
Meditation & Back Care
Osteofit
Pilates Level 1 & 2
Qigong
Yin Yoga
Yoga for Athletes
Yoga for Life
Yoga Tone

ADULT – SPORTS

Archery
Badminton
Doubles Tennis Strategy
Intermediate Archery
Intermediate Tennis Lessons
Novice Tennis Lessons
Pickleball
Practice and Play Tennis
Progressive Tennis
Singles Triple Knockout
Tennis Clinics
Women's Doubles – Skills, Drills & Play



HOW TO REGISTER

Register online Aug 12

www.panoramarecreation.ca

Click 'Register for Programs' and use the search bar to find the specific program or scroll through the categories.

Register by phone or email Aug 14

Call 250-656-7271 or email at info@panoramarec.bc.ca