

Spring Newsletter

Welcome to the Spring 2020 CRHC Tenant Newsletter. If you would like to see something in the Newsletter next time contact Kate Lambert klambert@crd.bc.ca 250 360 3376 with suggestions.

The winners of the Winter competition live at The Birches and Castanea. There is a quiz on page two. Enter to win one of 3 \$25 gift cards, just email or call Kate with your answer and we will draw a winner in time for the Summer Newsletter.

Click the links!

We have lots of links for you to click at Tenant Updates. If you open this Newsletter there you will see lots of clickable links to explore. For example, all the resources on the next page for people with disabilities are linked to in the Newsletter online.

www.crd.bc.ca/crhc/tenant-information/tenant-updates

Name your mowers

Some of the complexes are getting new electric grass mowers. We would like the tenants to name them. Keep your suggestions appropriate! And original. Not Mowie McMowface (click the link online to find out what I mean...)

The mowers will have their own kennels to stay in and quietly and safely go about their business.

Complex Focus

We are posting news about what is happening at various complexes each Newsletter. See page 2 for news from Rosewood.

At the moment we won't be organizing events at complexes. Stay safe and well with your family at home and see our ideas for virtual tours, trips and communication on page 3.

Art for CRHC!

Are you artistic? Do you like colouring? Would you love to see your work in print? Adults and children can help us!

CRHC is looking for art by tenants to use on our new notice boards and on the back of the new Tenant Handbook. Draw something yourself otherwise we can't use it.

Let us know if you want us to use your name or not! Submit art to Kate at klambert@crd.bc.ca or call with questions 250 360 3376



Complex Focus Rosewood



CRHC loves to see what wonderful, decorative things tenants do with their common areas. It's a lot of work but it's a great way for tenants to come together and do something fun for the community. Here is Rosewood's tree in all its glory.

Thanks to the residents of Rosewood for their hard work



For people with disabilities

RDSP are savings for people with disabilities (PWD). [Click online here to find out more.](#)

PWD can camp for free in BC parks with a release of information. [Click online here to find out more.](#)

BC Ferries offer discounts on passenger fares for PWD. [Click online here to find out more.](#)



Spring anagrams

Answer one of our Spring themed anagrams to be entered into a draw, klambert@crd.bc.ca or 250 360 3376:

egg reseats

blooms cry hers

Ryan Steuben

fa fold id



Grants

Some dedicated tenants at Leblond were just approved, for a grant to run social events. Special meals, fun activities and other community events were the focus. Thanks to the group of people who made this happen. If you are interested in applying for a grant, ask [Kate klambert@crd.bc.ca](mailto:Kate.klambert@crd.bc.ca) and also [go to Tenant Updates on the CRHC website and click this link for My Great Neighbourhood Grant](#)



Cigarette butts

Some people smoke and have to get rid of cigarette butts. Did you know that butts are the most discarded item in the world with 4.5 trillion tossed every year. They take 25 years to break down and kill ocean creatures. **HOLD ONTO YOUR BUTT!** Collect in a fire proof tin and discard responsibly.

[See Tenant Updates at CRHC website and click here for a link to Fernwood's Hold Onto Your Butt campaign](#)

CRHC are looking at solutions to these kind of environmental problems. One possible solution is recycling cigarette butts. We are trialing a FREE cigarette recycling option to see how practical it is for smokers. Keep your eye on future Newsletters and we will let you know how we find this recycling service. [Go to Tenant Updates on the CRHC website and click this link for Terracycle's cigarette recycling](#)

Ask us!

In a new feature, we would like tenants to ask a question and we will try to answer it for you. For our first question, the tenant who suggested the new column would like to know: How do you deal with another tenant who you have conflict with? For example noise from next door.

Kate (Tenant and Community Services) answers:

Thanks for asking. From a landlord's point of view we would like people to try to work with each other first before contacting us. If you feel safe to do so, try to approach the person and talk to them. There are a few things that will make this more successful:

- Ask their permission to have a talk. For example "Hi, I wanted to talk about noise issues, do you have time today?" They know what you want to talk to them about and have the chance to set a time.
- Don't ambush people. No one likes to hear, "I have something to talk to you about" Tell them what the issue is straight away.
- Be factual. "I can hear a banging noise from 8-10pm" is much easier to hear than "there's so much noise"
- Avoid 'you' statements and blame.
- Avoid the words 'always' and 'never'. They are generally not true and they tend to make people defensive.
- Be curious. People generally have a reason for the things they do. It really helps if you are open and curious about them.
- Listen. Sometimes we 'listen' by rehearsing what we will say next or thinking about the situation. REALLY listen to understand.
- Be specific about what you want and need. "I would really appreciate if you could keep it down after 9pm as we are trying to settle our children to sleep."
- Be open to their solutions as well.

If none of that works, and sometimes it doesn't, you can call CRHC if your quiet enjoyment is being disturbed. If there is a safety issue, call the non-emergency police. In the case of emergencies, call 911. If you need to do this, please document the disturbances. This means:

- Time and date
- Type of disturbance
- Source of disturbance (unit number)
- What you did, what they did, anyone else involved
- Facts rather than feelings. We know you are upset, and that's important, but we need the information.

[Please click the link for more tips](#)



Fun fact - Cheese rolling

In Gloucestershire in the UK every Spring on Cooper's Hill hundreds of people chase a rolling cheese down a hill. It was recorded as an old event in 1826 and happens most years (when they don't cancel for safety reasons!) The cheese is rarely caught but the winner receives it regardless. Winners hail from the US, Nepal and Australia and NZ. [Click the link to see the first Canadian winner throw himself down the hill to victory!](#)



Virtual fun and ideas

We need to stay safe at home during this challenging time in our lives. That doesn't mean we can't learn and play. There are lots of online resources to try. Parks Canada has online tours of some places in Canada. But you can go further afield. Search <https://www.youvisit.com/tour/> for ideas! From the Louvre to Machu Picchu.

Google Maps will show you places from Disneyland to a tiny village like Nzulezu in Ghana. Built on stilts.

Scholastic Learn at Home will keep your children learning. There are platforms for them to safely see each other online with supervision like Messenger Kids and Skype.

Please talk to your children about social distancing. Fun ideas include pretending things have paint on them (to stop little kids touching) and thinking of games to play that involve social distance. Dig out a kite or a soccer ball. We can do a lot to protect the older and vulnerable people as well as children. Watch a video from CBC Kids about it. https://www.youtube.com/watch?v=4ex4H6n_s7w

[Go to Tenant Updates on the CRHC website and click this link for the video](#)



New parking procedure



01

Someone parks in the wrong place. In a space that isn't theirs, Visitors when they are a tenant or a spot for disabled drivers



02

The person gets a letter on their windshield about this.



03

If they continue to park improperly, they get a very hard to remove sticker attached to their vehicle window



04

If the vehicle is in a dangerous place, or they continue to park improperly, they can be towed without warning

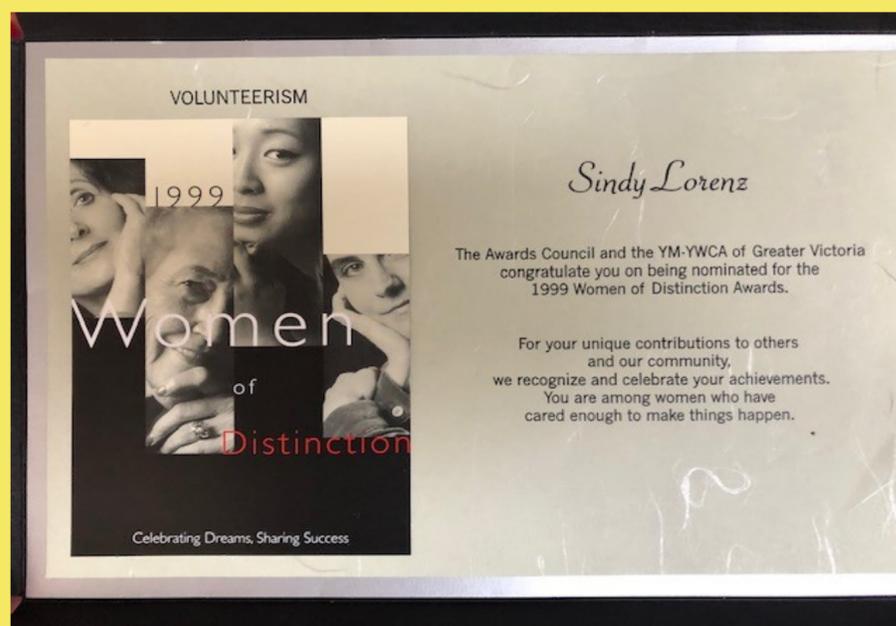


95 years of a life to celebrate!

If you've ever met Sindy Lorenz, you know you always walk away with a smile on your face, a glow in your heart, and the occasional little treasure in your hand. (Creating beaded art is her passion!) Celebrating her 95th birthday and 26 years living at CRHC's Ashlar Manor, Sindy has a life of true community building accomplishments to reflect on.



Born in Sumatra, Indonesia, Sindy's early life was difficult after losing her mother at the age of 4 and suffering a crippling fall at age 8. "I couldn't go to school, but I taught myself how to take care of myself and speak many languages." This determination and resilience brought Sindy to Victoria, and guided her through her amazing successes and contributions to her community.



Over her lifetime, this has included:

- Two YWCA Women of Distinction Awards
- Translating for Victoria and Saanich Police
- Assisting as an Intercultural Association health interpreter
- Cooking for the women and children at Victoria Women's Transition House
- Volunteering with the Chinatown Lionesses

When asked what her favorite memories have been at Ashlar Manor, Sindy beams and recalls the morning tea-times, Christmas and Chinese New Year dinners, and many Halloween parties in the commons room. She says it is her neighbours and her community that she loves most!