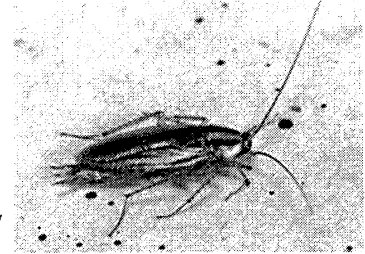


Cockroach Information

Cockroaches

Cockroaches have three stages in their life cycle: eggs, nymph and adult. Adults are just a 1/2 and inch - 5/8 inch long and light to medium brown on color with two dark distinctive stripes behind the head.

The **young cockroaches, or nymphs**, are wingless; usually only a few millimeters long. They are white on hatching but darken within just a few hours



How to Find Cockroaches

Cockroaches are found in kitchens, bathroom cupboards, pantry closets and appliances in most residential apartments, town homes and houses. They're also found in some restaurants, bakeries, coffee shops, delis, food courts and even non-food establishments!

What Cockroaches Eat

Cockroaches eat a great variety of food, including food that humans consume. They prefer starchy and sugary materials. Cockroaches can be dangerous because they can carry bacteria onto food, which is responsible for food poisoning out breaks. Another health risk is that they can cause allergic reactions or even asthma in some cases.

How to find and get rid of Cockroaches

The easiest way to know you have cockroaches is if you see them. However, you will not see them during the day usually, as they are nocturnal creatures. An odour will be left behind from the cockroach, which will make it easy for you to know you have an infestation. The technology for treating cockroaches has significantly improved in the last few years. There are different methods of treating cockroaches, and a professional pest technician can help you decide which method is best for you.