



SEAPARC COVID-19 UPDATE

We would like to welcome everyone back to the SEAPARC Weight Room. The health and safety of the staff and public is our top priority. Please take a moment to review the Weight Room Safety Plan. Rules are subject to change and will be updated as needed. Those disregarding rules may be asked to leave the facility.

SEAPARC Weight Room

To access the Weight Room, you must reserve a 1.5 hour time slot in advance. Reservations are available up to 2 weeks in advance. This assists in maintaining appropriate physical distancing measures and allows for enhanced cleaning during the day. SEAPARC is following the guidelines set forth by the Provincial Health Officer, Work Safe BC, BCCDC, the BCRPA and Island Health.

- Limit cardio machine use to 30 minutes
- Clean equipment before and after use with disinfectant and towel provided
- Arrive dressed for your workout
- Bring your own towel, hand sanitizer, water bottle & water
- Pool change rooms and showers will not be available for use
- Arrive no earlier than 5 minutes before your reserved workout
- Lockers will not be available
- Equipment should not be shared or used simultaneously. Complete all sets at one piece of equipment/station before moving on to the next.
- Avoid spotting and only lift what you can manage on your own
- Adhere to facility Code of Conduct

To reserve a time to access the weight room, please login to PerfectMind via our website or phone SEAPARC Reception at 250.642.8000.

Memberships

In order to maintain the new regulations set forth by the Provincial Health Officer which limit group sizes, require physical distancing and enhanced health and safety protocols, SEAPARC will no longer be able to provide unlimited drop-in access to our programs and services.

Dated membership passes (1 month, Annual and Regional) have been cancelled and credits applied to customer accounts. Credits may be used for the purchase of punch cards or drop-in options once the facility is open OR you may request a refund. For pass holders with monthly payments, your refund will be based on when you made your last payment prior to March 18. For example, if your last payment was made on March 1, you will be refunded 14 days for the period of March 18-31. All scheduled payments were suspended as of March 18. Please contact SEAPARC Reception at 250-642-8000 to make arrangements for a refund.

We recognize these changes may impact our users and we ask for your patience as we work to ready the facility and our services for your safe return.