



SEAPARC COVID-19 UPDATE

We would like to welcome everyone back to SEAPARC. The health and safety of the staff and public is our top priority. Procedures are in place to provide a safe and enjoyable experience for all while attending programs and activities at SEAPARC. Rules are subject to change and will be updated as needed. Those disregarding rules may be asked to leave the facility.

General Facility Access Information

Signage is posted reminding users to observe health and safety precautions and follow best practices for physical distancing. These measures will help to ensure a safe space for all. Users are expected to continue to adhere to public health guidelines which includes:

- Keep a 2 metre distance from others at all times where possible
- Do not use the facilities or attend activities if you are sick or feeling unwell
- Stay home if you have traveled in the past 14 days OR if someone in your household is sick
- Wash or sanitize your hands before and after your visit
- We encourage the use of masks in the facility when physical distancing may not be possible
- Cover your cough and sneeze into your sleeve or tissue
- Do not loiter in the facility or on the grounds before or after your visit
- Adhere to facility Code of Conduct
- Be patient and considerate of others

SEAPARC Pool

Pool use will look different upon re-opening. Hours of operation are reduced and the number of patrons permitted in each swim activity is limited and will vary depending on the type of swim. The Pool Schedule is designed to support physical distancing protocols and to ensure staff have adequate time to clean the facility between each swim. SEAPARC is following the guidelines set forth by the Provincial Health Officer, Work Safe BC, BCCDC, the Life Saving Society of BC/Yukon and Island Health.

There will be 2 options for accessing the pool:

- *Express Access* Option is for those that come dressed and ready to swim and do not require a locker. You will access the pool via the lobby door and be provided with a bin on deck to store your belongings. You will take a cleansing shower on deck, and then exit the pool via an external door at the end of your swim.
- *Traditional* Option is for those that might need to get dressed and ready in a change room, who will request a locker from reception.

Important information to know before you attend the facility:

- Advanced reservation is required for all pool activities and programs. Drop-in access is not permitted.
- Arrive dressed for your swim and limit the amount of personal items you bring to the facility.
- Check in with reception when you arrive at the facility prior to accessing the change rooms or pool deck.



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- Limited lockers will be available for use. You must request a locker key from reception at time of check-in.
- Limit your time in the change rooms including use of showers. A cleansing shower is permitted.
- The number of showers available for use is limited.
- Follow the directional signage while using the pool
- Maintain 2 metres of physical distance at all times while in the pool. Families living in the same household can be within 2 metres of each other.
- 24 hours' notice is required to cancel a reservation
- Some pool equipment and toys will not be available at this time.
- Goggles are encouraged.
- Snorkels are not permitted.
- Do not spit or blow nose in water
- The Sauna is CLOSED until further notice
- Access to the Hot Tub is limited to 4 people at a time.

To reserve a time to access the Pool, please login to PerfectMind via our website or phone SEAPARC Reception at 250.642.8000. Please answer the health questionnaire at time of reservation.

Watch for swim lesson registration information coming in September.

SEAPARC Arena

Limited public skate sessions are now available. Additional programs will begin in October. User groups are permitted access and will implement safety protocols based on their provincial sport organization guidelines.

Public Skate Session Information:

- To reserve a time to enjoy a Public Skate, log in to PerfectMind via our website or phone SEAPARC Reception at 250.642.8000. Please answer the health questionnaire at time of reservation.
- Reservations are available up to 2 weeks in advance.
- Arrive no earlier than 5 minutes before your reserved skate session.
- With limited capacity, only one spectator per child on ice.
- All spectators are responsible to physical distance 2 metres with others.
- One row of seating is available in the bleacher area. Spectators can also stand around the arena boards 2 metres a part.
- Bring your own water bottle. Touchless water bottle filling stations available in arena lobby.
- Limit the amount of equipment and personal items you bring to the facility.
- Participants are encouraged to bring their own skates and helmets. Limited skate rentals are available.
- Younger siblings are permitted in the lobby or spectator area when in a carrier, car seat or stroller, etc.
- Skate sharpening services are available.
- The concession is closed and vending machines are not available.



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User Group Information:

- Arrival at the arena should not be more than 20 minutes prior to the ice time.
- All spectators are responsible to physical distance 2 metres with others.
- One row of seating is available in the bleacher area. Spectators can also stand around the arena boards 2 metres apart.
- No congregating or socializing in the arena lobby. If you are dropping off and watching, please enter the arena and find a space to observe. If you are not staying to watch, please do not enter the arena facility or exit through the designated door (not the main lobby).
- With limited capacity, recommended that user groups only allow one spectator per child on the ice for youth groups
- Enter the arena facility through the main arena lobby doors. Exit the arena facility through the main arena lobby doors.
- Shower facilities are not available.
- All ice activities must include safely- spaced activities and may not include hockey games or activities that include contact between individuals.
- Please refer to Arena COVID Safety Protocols for further information

DeMamiel Creek Golf Course

DeMamiel Creek Golf Course is open for the season with the following additional guidelines:

- Leave the flag in while putting
- Do not shake hands or high five to celebrate
- Do not loiter in the parking lot before or after your round
- Pay at the Kiosk or by phone
- Check in with staff prior to the start of your round
- Adhere to golf course Code of Conduct

Sooke Skate Park & Bike Park

These outdoor facilities now open. Please respect the following additional guidelines:

- Do not share equipment
- Patrons are encouraged to bring their own hand sanitizer to use prior to park use and after touching shared surfaces
- Adhere to park Code of Conduct

SEAPARC Weight Room

To access the Weight Room, you must reserve a 1.5 hour time slot in advance. Reservations are available up to 2 weeks in advance. This assists in maintaining appropriate physical distancing measures and allows for enhanced cleaning during the day. SEAPARC is following the guidelines set forth by the Provincial Health Officer, Work Safe BC, BCCDC, the BCRPA and Island Health.

- Limit cardio machine use to 30 minutes
- Clean equipment before and after use with disinfectant and towel provided



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- Arrive dressed for your workout
- Bring your own towel, hand sanitizer, water bottle & water
- Pool change rooms and showers will not be available for use
- Arrive no earlier than 5 minutes before your reserved workout
- Lockers will not be available
- Equipment should not be shared or used simultaneously. Complete all sets at one piece of equipment/station before moving on to the next.
- Avoid spotting and only lift what you can manage on your own
- Adhere to facility Code of Conduct

To reserve a time to access the weight room, please login to PerfectMind via our website or phone SEAPARC Reception at 250.642.8000.

Rules are subject to change and will be updated as needed. Those disregarding rules may be asked to leave the facility.

Memberships

In order to maintain the new regulations set forth by the Provincial Health Officer which limit group sizes, require physical distancing and enhanced health and safety protocols, SEAPARC will no longer be able to provide unlimited drop-in access to our programs and services.

Dated membership passes (1 month, Annual and Regional) have been cancelled and credits applied to customer accounts. Credits may be used for the purchase of punch cards or drop-in options once the facility is open OR you may request a refund. For pass holders with monthly payments, your refund will be based on when you made your last payment prior to March 18. For example, if your last payment was made on March 1, you will be refunded 14 days for the period of March 18-31. All scheduled payments were suspended as of March 18. Please contact SEAPARC Reception at 250-642-8000 to make arrangements for a refund.

We recognize these changes may impact our users and we ask for your patience as we work to ready the facility and our services for your safe return.