



PENINSULA RECREATION COMMISSION
Thursday, May 24, 2018 at 7:00pm
Boardroom, 1885 Forest Park Drive, North Saanich, BC

AGENDA

1. Approval of Agenda
2. Adoption of Minutes of April 26, 2018
3. Chair's Remarks
4. Presentations/Delegations
5. Commission Business
 - a) [2018 Play in the Park Program Report](#)
 - b) [Maintenance Update Report](#)
 - c) [January to April Programs Report](#)
 - d) [Island Health Community Wellness Grant Report](#)
 - e) British Columbia Recreation and Parks Association (BCRPA) Symposium – Verbal Report
6. New Business
7. Adjournment

Next Meeting – June 28, 2018 @ 7:00pm

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**Minutes of a Meeting of the Peninsula Recreation Commission
Held Thursday, April 26, 2018, in the Boardroom, 1885 Forest Park Drive,
North Saanich, BC**

Present: **Commissioners:** W. Ruffle (Chair), T. Chad, T. Daly, A. Finall (7:08), C. Jensen (for R. Windsor), B. Losie, N. Paltiel, S. Price, J. Thornburgh (for H. Gartshore)

Staff: L. Brewster, Senior Manager; M. Alsdorf, Manager of Program Services; M. Curtis, Manager of Facilities and Operations; V. Leigh-Dorin, Manager of Administrative Services; S. Asdal (recorder)

The meeting was called to order at 7:02pm.

1. Approval of Agenda

MOVED by Commissioner Chad, **SECONDED** by Commissioner Losie,
That the agenda be approved.

CARRIED

2. Adoption of Minutes

MOVED by Commissioner Price, **SECONDED** by Commissioner Daly,
That the minutes of the March 22, 2018 meeting be adopted.

CARRIED

3. Chair's Remarks

Chair Ruffle remarked that the Panorama Recreation Junior Team, led by coach Jared Martin, participated at the Vancouver International Tennis Academy winning against two top five ranked players. The Western Canadian Senior Tennis Championship is being held at Panorama Recreation April 25-29. Panorama will host the International Junior Tennis Tournament May 19-26.

Commissioner Finall entered the meeting at 7:08pm.

4. Presentations/Delegations

a) Marlene Dergousoff, Coordinator, Peninsula Connections for Early Childhood, Re: State of the Child Report

M. Dergousoff provided an overview of the report highlighting the demographics of respondents and challenges they reported regarding transportation, housing, child care, health needs and connection to community. The Commission discussed the following topics:

- Promotion of recreation programs
- Coordination of services
- Lack of affordable housing and child care

5. Commission Business

a) 2018 First Quarter Financial Statement of Operations Report

V. Leigh-Dorin provided an overview of the report. The Commission sought clarification on wages and benefits.

MOVED by Commissioner Price, **SECONDED** by Commissioner Daly,
That the report be received for information.

CARRIED

b) 2018/2019 Fees and Charges Report

M. Alsdorf provided an overview of the report. The Commission discussed the increase to aquatic rental rates and brochure advertising.

MOVED by Commissioner Paltiel, **SECONDED** by Alternate Commissioner Jensen,
That the proposed fees and charges be forwarded to CRD Finance for inclusion in the 2018/2019 Fees and Charges Bylaw to be approved by the CRD Board.

CARRIED

c) Maintenance Update Report

M. Curtis provided an overview of the report. The Commission discussed the following topics:

- Charging capacity of electric vehicle charging stations, the capability of accepting payment and the possibility of stations having extra electrical outlets to use for events
- The need to investigate options for additional parking at Greenglade Community Centre
- Tennis facility lighting
- Recent power outage at Panorama
- Removal of trees along tennis facility

MOVED by Commissioner Price, **SECONDED** by Commissioner Losie,
That the report be received for information.

CARRIED

d) Vancouver Island Regional Library Site Coverage and Parking Requirements – Verbal Report

L. Brewster advised that she recently met with Rob Buchan, Chief Administrative Officer, District of North Saanich, regarding the proposed library site. A two acre parcel, which will include parking, has been proposed for the site. The proposed building is estimated at approximately 4000-6000 square feet. Conceptual drawings are not available.

The Commission discussed the following topics:

- The subdivision process
- District of North Saanich's tree protection bylaw
- The inclusion of the two acre parcel in the current lease agreement
- Impact on Panorama's future ability to expand facilities

MOVED by Commissioner Finall, **SECONDED** by Commissioner Daly,
That the report be received for information.

CARRIED

**e) Request for Meeting with Vancouver Island Regional Library Executive Director
Re: Proposed Library Site – Verbal Report**

L. Brewster reported that a request was sent to the executive director to meet with the Commission Chair and herself. A response was received directing that the meeting request instead be sent to the CAO of the District of North Saanich. The Commission discussed the need for its members to be involved in the decision process with Vancouver Island Regional Library.

MOVED by Commissioner Price, **SECONDED** by Commissioner Daly,
That Vancouver Island Regional Library be requested, prior to any advancement of the proposed library, to forward detailed drawings of the proposed site including parking.

CARRIED

MOVED by Commissioner Paltiel, **SECONDED** by Alternate Commissioner Jensen,
That Vancouver Island Regional Library be invited to provide a presentation to the Commission regarding the proposed library site.

CARRIED

6. Correspondence

a) Correspondence from District of North Saanich Re: Receipt of Peninsula Recreation Commission's Correspondence to Mayor and Council (March 22, 2018)

MOVED by Commissioner Losie, **SECONDED** by Commissioner Daly,
That the correspondence be received for information.

CARRIED

7. New Business: There was none.

8. Adjournment

MOVED by Commissioner Paltiel, **SECONDED** by Commissioner Price,
That the meeting be adjourned at 8:10pm.

CARRIED

CHAIR

RECORDER



REPORT TO PENINSULA RECREATION COMMISSION MEETING OF THURSDAY, MAY 24, 2018

SUBJECT **2018 Play in the Park Program****ISSUE**

To inform the Commission of the 2018 Play in the Park program.

BACKGROUND

The Play in the Park program is back for another great summer of family friendly activity on the Saanich Peninsula. Over the last two seasons, Panorama Recreation and other community partners have added many new features to this successful program. This summer we are continuing to build on that success.

The program will be offered from 5:30-8:30pm, Monday to Friday from July 3 to August 31. Staff will encourage family participation while facilitating interactive, intergenerational active play, face-painting, group games and supervising the inflatable obstacle course. The program schedule is as follows:

	JULY	AUGUST
Monday		Tulista Park, Sidney
Tuesday		Centennial Park, Central Saanich
Wednesday		Rathdown Park, Sidney
Thursday		Pioneer Park, Central Saanich
Friday		KELSET Elementary School Field, North Saanich

Similar to last summer, Play in the Park will be led by one leader and three assistant leaders. Some members of our staff team will be returning for their third summer of Play in the Park. These staff members will provide us with the chance to continue to build great relationships with the families in each community. These returning staff members will also be a great resource to the new members of our team as they can share their past experience with the program.

The official launch of the program will take place at Pioneer Park on Thursday, July 5. We have invited all of our program sponsors to attend and to mingle with our community. Games2U will be in attendance bringing their inflatable hamster balls and other great activities for families to enjoy.

Attendees will have the option to purchase dinner at the event through Kiwanis Club who will be providing a barbecue by donation. All proceeds from the barbecue will go towards a new playground at Greenglade Community Centre. Bell Media (CTV, Kool 107.3, CFAX 1070) agreed to sponsor the Play in the Park program and as part of this sponsorship, Kool 107.3 will be onsite at our program launch night providing the music and additional energy to the event.

In exchange for sponsorship, Panorama provided promotional opportunities as part of our Play in the Park marketing campaign. Staff were successful in securing additional sponsors and partners for the program including: Sidney by the Sea Rotary, Peninsula Co-op, Bottle Depot, Tanner's Books, Games2U, Bosley's and Kiwanis Club of Sidney.

Last year was the final year of the CRD Active Transportation and Healthy Communities program. The legacy of this partnership will continue with the use of our mobile skate park each Friday night at KELSET elementary school.

Other new and returning features for the Play in the Park program include:

- Bosley's pet nights
- Saanich Peninsula Literacy Group – open air library station
- Working with our fitness team to provide free trial fitness classes throughout the summer
- StoryWalks (Greater Victoria Library program)
- Games2U activities
- Monthly activity calendars

SOCIAL IMPLICATIONS

This program facilitates community members coming together to meet, interact and build a stronger community across all ages. It also encourages active, outdoor play which is imperative for the health of our youth and their families. Play in the Park is offered at no cost; therefore, reducing financial barriers to families. Inclusion of our local First Nations will also serve to build a stronger, healthier community.

ENVIRONMENTAL IMPLICATIONS

The benefit of outdoor play and unstructured play for youth is well known. As this program is offered outdoors in local parks, we hope that community members will enhance their awareness and continue to value local outdoor spaces.

ECONOMIC IMPLICATIONS

Our sponsors have allowed us to purchase some new equipment. It will provide opportunities for local initiatives and businesses, such as Games2U, Bosley's, Peninsula Co-op, Tanner's Books, Kiwanis Club of Sidney and Sidney by the Sea Rotary.

RECOMMENDATION

That the Peninsula Recreation Commission receive this report for information.



Jason Gray
Community Recreation Coordinator

JG:sa



Lorraine Brewster
Senior Manager
Concurrence



REPORT TO PENINSULA RECREATION COMMISSION MEETING OF THURSDAY, MAY 24, 2018

SUBJECT Maintenance Update**ISSUE**

To provide information on the maintenance department.

Fire Alarm Upgrade

The Panorama Recreation Centre fire alarm upgrade project has been awarded. This project will address the failing and outdated monitoring equipment currently in use, create a user friendly paging system that can address the entire building or individual zones and bring our pull stations and detection systems to code throughout the facility.

Radio-Telephone Interconnect

RadioWorks will be installing a telephone interconnect system to work in conjunction with our current two way radio system. The new system will allow outside callers from any telephone to connect directly with any staff carrying a radio. The system has many different options for configuration. The main uses will be for emergency calls, an after hours contact option for staff, as well as a contact number for our patrons who may need direct assistance from staff.

Arena B LED Screen

ENS Corporate will be installing the LED screen for Arena B in the coming weeks. Panorama has supplied the structural engineering and installed the electrical requirements to the location of the screen. The frame is currently being fabricated with installation to follow in June.

RECOMMENDATION

That the Peninsula Recreation Commission receive this report for information.

A handwritten signature in black ink, appearing to read 'MC'.

Matt Curtis
Manager of Facilities and Operations

A handwritten signature in black ink, appearing to read 'Lorraine Brewster'.

Lorraine Brewster
Senior Manager
Concurrence

MC:sa



REPORT TO PENINSULA RECREATION COMMISSION MEETING OF THURSDAY, MAY 24, 2018

SUBJECT January to April Programs**ISSUE**

To provide an update on the programs and services of Panorama Recreation for January to April 2018.

BACKGROUND

Panorama Recreation drop-in programs and services continue to increase in participation numbers, with an increase in visits of 2.5% for Panorama Recreation Centre, Greenglade Community Centre and North Saanich Middle School combined (123,421 in 2017; 126,552 in 2018). Greenglade has seen particularly strong growth in 2018 with an additional 1,208 visits year to date (9,859 in 2017; 11,067 in 2018).

Overall program revenue is up slightly (\$10,667) as well as facility rentals (\$31,382) which can be predominately attributed to increased revenue from ice rentals. We are approaching the end of the second year of offering Out of School care. The program has grown to two classrooms at Greenglade and there is a \$22,953 increase in gross revenue and approximately \$11,000 increase in net revenue over this time last year. Out of School care registration for the 2018/2019 school year took place in April and was very successful.

Over the last several months, staff have been working to develop and strengthen relationships with community members and organizations, including:

- Saanich Peninsula Pickleball Association: an improved/working relationship which has resulted in improved programming and a 70% increase in drop-in pickleball attendance
- Peninsula Best Babies: visits to chat with new moms about getting back into health and wellness after baby
- Big Brothers and Big Sisters of Victoria: Go Girls free program for girls aged 11-14 years which focuses on healthy body image, mental health and confidence
- Peninsula Extended Care Unit: monthly visits from our Out of School Care program participating in crafts and activities with seniors
- Keating Elementary Parent Advisory Committee: improved communication/partnership led to school skates and swims (for kids and families)
- Participation in Peninsula Connections for Early Childhood Committee and Youth Action Committee

Appendix A provides a summary of the January – April program report for 2018.

CONCLUSION

Panorama Recreation continues to provide programs and services that are desired by the community.

RECOMMENDATION

That the Peninsula Recreation Commission receive this report for information.

Melanie Alsdorf
Manager of Program Services

MA:sa

Lorraine Brewster
Senior Manager
Concurrence

Panorama Recreation

2018 January - April Program Report

Panorama Recreation | 2018 January - April Program Report



In This Issue:

- Strategic Plan Update
- Service Plan - Divisional Initiatives Update

Panorama Recreation Departments Covered in This Issue:

- Arena
- Aquatics
- Community Development/Community Recreation - Adult
- Community Recreation - Youth
- Fitness, Weights & Rehabilitation
- Racquet Sports
- Marketing

Strategic Plan

Explore the feasibility of establishing food services at Panorama Recreation

- Participated in Healthy Vending in BC evaluation to provide vending company with feedback and suggestions for providing healthier options for our community

Develop an arts-based strategy to expand arts programs and services that will improve and promote the health on the Saanich Peninsula

- Offered a new Little Chefs program, combining culinary skills with crafts and activities for children 3-5 years
- Continued partnership with Saanich Peninsula Extended Care Unit, offering pottery at their location to six of their residents
- Attended community engagement session hosted by Sidney Arts Council
- Established an Arts Exhibition Display program at Panorama Recreation Centre for local artists to showcase their work and Panorama patrons to experience art as part of their visit to the recreation centre

Identify strategies to enhance and complement programs and services offered by the Peninsula Recreation Commission

- Created and distributed Adult Lifelong Learning and Activities publication - an easy to read guide with programs of interest for the older adult
- Launched a comprehensive volunteer program to provide opportunities to give back to their community in a unique and meaningful way
- Expanded the community garden at Greenglade Community Centre

Service Plan - Divisional Initiatives

Develop and implement programs and services for First Nations

- Participated in Aboriginal Health Fair with an information booth and a free sample Zumba class
- Applied for and received a Jumpstart grant to offer 7 weeks of Indigenous swimming lessons at no charge
- Provided swim lessons to every class at LÁU, WELNEW Elementary School from Fall 2017 to June 2018
- Participated in Pauquachin Women's Wellness Conference and NIL TU,O Child and Family Service annual Baby Honouring Ceremony

Physical Literacy awareness

- Facilitated physical literacy programming at local elementary schools with funding from a Community Wellness Grant from October 2017 to March 2018
- Community Recreation Youth Coordinator and Program Manager participate in PLAY group to further physical literacy awareness across the region

Art programs delivery

- Offered a new Little Chefs program, combining culinary skills with crafts and activities for children 3-5 years
- Continued partnership with Saanich Peninsula Extended Care Unit, offering pottery at their location to six of their residents
- Attended community engagement session hosted by Sidney Arts Council
- Established an Arts Exhibition Display program at Panorama Recreation Centre for local artists to showcase their work and Panorama patrons to experience art as part of their visit to the recreation centre

Community engagement plan implementation

- A post-course survey is now sent out to all registrants to gather feedback and suggestions for future offerings
- Participated in Youth Action Committee
- Improved communication and partnership with Keating PAC - planned school skates and swims (for kids and families)
- Peninsula Extended Care Unit: monthly visits from our Out of School Care program participating in crafts and activities with seniors
- Town of Sidney Skateboard Park: outreach with local skateboard advocate to offer programming at the new skate park
- GO Girls: partnered with Big Brothers and Big Sisters of Victoria to offer a free program to girls ages 11-14yrs. Focus on healthy body image, mental health, confidence
- Volunteer program: community outreach and providing opportunities for the community to give back
- Peninsula Best Babies: program visits to chat with new moms about getting back into health and wellness after baby
- Saanich Peninsula Pickleball Association: improved partnership/working relationship which has resulted in improved programming and 70% increase in drop-in pickleball participation

Arena Programs

Key Initiatives & Accomplishments

- Increase in ice rental revenue of 15% (\$217,287 in 2017; \$248,817 in 2018)
- Organized and ran the second annual Adult Hockey League (AHL) Playoff Tournament
- Increase in youth program revenue of 19% (\$26,579 in 2017; \$31,593 in 2018)
- Hosted Midget Lacrosse tournament April 27-29

Targeted Service Levels

2018

January - December

Operational hours of ice per day: 18.5 hours per rink for a total of 8,917 hours per year (August through April)

Offer one new program per year

76% of registered programs are successful

Offer 20 hours of public skating per week for a total of 760 hours per year

7,670 visits to the arena

Service Level Delivered

2018

January to April

Operational hours of ice per day: 18.5 hours per rink

Offered 0 new programs

88% of registered programs were successful

Offer 18 hours of public skating per week (Jan-Mar)
Offer 9 hours of public skating per week (Apr)

3,409 visits to the arena



Aquatic Programs

Key Initiatives & Accomplishments

- Increased drop in admissions by 10% (51,419 in 2017 ; 56,517 in 2018)
- Increased adult lesson revenue by 6% (\$16,291 in 2017; \$17,300 in 2018)
- Successfully offered two weeks of Spring Break camp with an increase of 13% in revenue (\$6,374 in 2017; \$7,170 in 2018)
- 4% increase in youth lessons revenue (\$119,170 in 2017; \$123,514 in 2018)

Targeted Service Levels

Service Level Delivered

2018 January - December	2018 January to April
Provide lane swimming a minimum of 114.5 hours per week	Provided 114.5 hours of lane swimming per week
Provide public swimming 114.5 hours per week	Provided 114.5 hours of public swimming
Offer 5 new programs per year	Offered 1 new program
60% of registered programs are successful	72% of registered programs were successful
Deliver 20 weekly drop-in aquatic fitness classes	Offered 23 weekly drop-in aquatic fitness classes
Average attendance of 21 in drop-in fitness classes	Average attendance of 21 in drop-in fitness classes
141,627 visits to the pool this year	56,517 visits to the pool



Community Development/ Community Recreation - Adult Programs

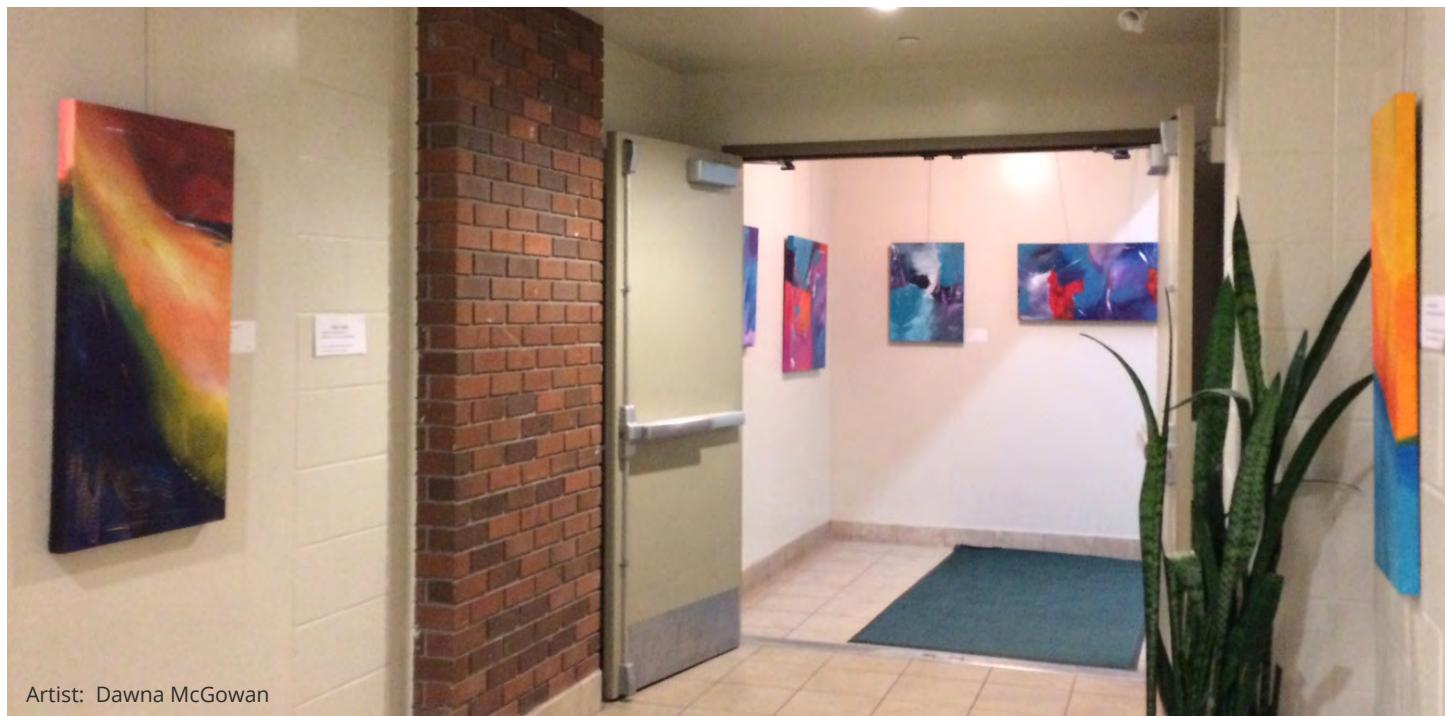
Key Initiatives & Accomplishments

- Increased visits to drop-in pickleball by 76% (949 in 2017; 1,675 in 2018)
- Offered eight weeks of pottery classes at Saanich Peninsula Extended Care unit for six of their residents
- Implemented Arts Exhibition program at Panorama Recreation for local artists to showcase their work
- Launched new publication 'Adult Lifelong Learning and Activities' which showcased programs applicable to the older adult
- Launched a Panorama-wide volunteer program with clear steps to volunteering and application form

Targeted Service Levels

Service Level Delivered

2018 January - December	2018 January to December
Offer 20 new adult programs each year	Offered 16 new adult programs
53% of registered adult programs are successful	64% of adult programs were successful
Deliver 18.5 hours of drop-in sports programs per week (September – June)	Offered 40 hours of drop-in sport programs each week
Average attendance of 20 for drop-in sports sessions	Average attendance of 23.5 for drop-in sports sessions
Offer a minimum of 44 hours of public access to the pottery studio	Offered 44 hours of public access to the pottery studio



Community Recreation - Youth Programs

Key Initiatives & Accomplishments

- Increased revenue 213% in Out Of School Care program (\$10,767 in 2017; \$33,720 in 2018)
- Secured funding through Island Health and Queen Alexandra Centre for Children's Health for hiring of support staff to work in Out of School Care and camp programs
- Averaged 29 children in attendance in drop-in Kindergym (offered Tuesday, Thursday and Sunday mornings at Greenglade)

Targeted Service Levels

Service Level Delivered

2018	2018
January - December	January to April
Offer a minimum of 14 hours of Childminding per week (September - June)	Offered 14 hours of childminding per week
Offer 7 new youth programs each year	Offered 5 successful new youth programs
66% of registered youth programs are successful	81% of youth programs offered were successful
Offer a minimum of 360 hours of free teen programs at two locations	96 hours of free youth programs offered between Brentwood and Greenglade Teen Lounges



Fitness, Weights & Rehabilitation

Key Initiatives & Accomplishments

- Revised and added several drop-in classes including: Spin Glow, Tri Circuit (spin/strength/core), and TGIF yoga to better meet the needs of participants
- Introduced circuit training classes to Greenglade weight room – registered and drop-in options
- Transitioned existing HIIT and TRX classes into drop-in classes with option to reserve space online through PerfectMind software system
- Introduced online reservation option for drop-in yoga classes through PerfectMind software system
- Expanded hours of Take Heart & Breathe Well Cardiac Rehabilitation program by 30 minutes to accommodate increased registration

Targeted Service Levels

Service Level Delivered

2018

January - December

Operational hours of Panorama weight room: 114.5 hours per week

Operational hours of Greenglade weight room: 61.5 hours per week

77% of registered programs are successful

Offer 2 new programs each year

Deliver 61 drop-in fitness classes each week at Panorama

Deliver 7 drop-in fitness classes each week at Greenglade

Average attendance of drop-in fitness classes: 14

131,900 visits to the weight room each year

2018

January to April

Operational hours of Panorama weight room: 114.5 hours per week

Operational hours of Greenglade weight room: 61.5 hours per week

89% of registered programs were successful

Offered 2 new programs

Offered 62 drop-in fitness classes per week at Panorama

Offered 12 drop-in fitness classes per week at Greenglade

Average attendance of drop-in fitness classes: 12

47,864 visits to the weight room at Panorama



Racquet Sports

Key Initiatives & Accomplishments

- Increase in tennis court rentals and rental groups (\$58,000 in 2017; \$68,000 in 2018)
- Offered school tennis programs to KELSET Elementary School - 147 Kids in grade 3 and 4
- Offered facility time to four local softball/baseball groups on several weekends for evaluation and development clinics January through March with over 200 participants

Targeted Service Levels

Service Level Delivered

2018

January - December

Tennis courts open 14.5 hours per day, 346 days a year)

Offer 5 new programs each year

92% of registered programs are successful

Offer 11 local tournaments each year

Offer 3 provincial/national/International tournaments each year

2018

January to April

Tennis Courts Open 16 hours per day (excluding stats holidays, 12.5 hours per day)

Offered 2 new programs

88% of registered programs were successful

Offered 3 local tournaments

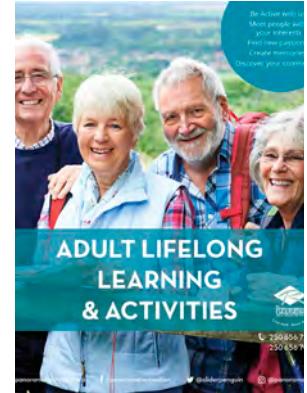
Offered 1 regional tournament



Marketing & Communications

Key Initiatives & Accomplishments

- Provided patrons with monthly wellness literacy tips and tools for topics such as Climate Action, Heart and Stroke, Clean Water Begins at Home, CRD Watershed and CRD Regional Parks
- Partnered with existing and new local organizations in the Employee Wellness program
- Printed and distributed approximately 21,000 Summer Active Living Brochures publication throughout the Saanich Peninsula, and parts of Saanich including Cordova Bay and Broadmead
- Created and distributed a new publication for the older adult. The Adult Lifelong Learning & Activities brochure highlighted a variety of programs designed for those 50 years+
- Distributed the January, February, March, April eNewsletter to approximately 11,000 subscribers per issue
- Developed and renewed partnerships with community organizations, including Peninsula Co-op, Seaside Magazine and TELUS
- Participated in a variety of special events throughout Greater Victoria: Sidney Family Day Weekend, Youth Job Fair, Pink Shirt Day, Tsitsuh Suse' (Rise Up!) Women's Conference and the NIL TU,O Baby Honouring Ceremony, Humboldt Jersey Day



Targeted Service Levels

Service Level Delivered

2018

January - December

2018

January to April

Participated in and/or support 36 local community events

Participated in and/or supported 5 local community events





REPORT TO PENINSULA RECREATION COMMISSION MEETING OF THURSDAY, MAY 24, 2018

SUBJECT Island Health Community Wellness Grant**ISSUE**

To update the Commission on the outcomes of the Island Health Community Wellness Grant.

BACKGROUND

In January 2017, Panorama Recreation staff were successful in their application for a Community Wellness Grant of \$10,640 funded by Island Health with a program objective to help address childhood obesity, physical inactivity and unhealthy eating.

Panorama hired two staff to implement a Physical Literacy program in partnership with School District 63 at three local elementary schools: Keating Elementary School, grades K-4; KELSET Elementary School, grade 2/3 and Sidney Elementary School, grade 4/5. The program duration was from September to March and served a total of 164 students.

During the length of the program, children were exposed to concepts of physical literacy and learned fundamental movement skills (dodge, hop, skip, jump, kick, etc.) through fun activities, games and challenges. Twice during the program healthy snacks were provided (fruit and wholegrain granola bars) to the participants.

At the beginning and end of the program children were assessed on various physical literacy markers including: speed of running, overhand throwing, underhand throwing, kicking accuracy, 2-foot jumping and 1-foot jumping. Staff saw significant improvements in all areas of skill ability and overall confidence in participation. Below are some quantitative highlights of some of the improvements that were seen:

Table 1: Physical Literacy 20m Run

School	20m Run Initial		20m Run Final		Improvement
Keating Elementary (K-4)	5.80 sec.		4.60 sec.		1.2 sec.
KELSET Elementary (Grade 2)	6.68 sec.		3.66 sec.		3.02 sec.
Sidney Elementary (Grade 3/4)	5.80 sec.		3.89 sec.		1.91 sec.

Table 2: Physical Literacy Skills Competency

Students were given a score from 1 (needs improvement) to 5 (excellent). The group/class was tested as a whole and the score is the average of the group.

School	Overhand Throwing (Initial/Final)		Underhand Throwing (Initial/Final)		Kicking Accuracy (Initial/Final)		2-foot Jumping (Initial/Final)		1-foot Jumping (Initial/Final)	
Keating Elementary	3	4	3	4	3	4	4	5	4	5
KELSET Elementary	3	4	3	4	2	4	3	4	3	5
Sidney Elementary	2	5	2	5	3	4	3	5	4	5

Feedback from all participating schools was very positive. We received encouraging emails from school principals and teachers. Two teaching staff have requested the lesson plans for the program so they can implement games and activities into their teaching and share their learnings with coworkers.

At the end of the program, staff received a large bundle of cards from each student thanking them for teaching new games and activities. Overall the program was successful in its outcomes and increased our communication and partnership opportunities with our local schools.

SOCIAL IMPLICATIONS

The program focused on physical literacy which occurs when individuals acquire the skills and confidence that allows them to enjoy a variety of sports and physical activities. Physical literacy improves physical health, academic performance, cognitive skills, mental health, social skills and healthy lifestyle habits. In the long term, being physically literate is a key contributor to individuals being active for life.

FINANCIAL IMPLICATIONS

The cost of the project is estimated at \$10,640 which is funded entirely by the Island Health grant. This included \$2,000 for new sports equipment which staff will be able to utilize for future programs at Panorama.

There were some remaining funds from the grant which will be used to purchase a new bike rack and physical-literacy based playground markings at Greenglade Community Centre.

RECOMMENDATION

That the Peninsula Recreation Commission receive this report for information.



Kim Say
Community Recreation Coordinator



Lorraine Brewster
Senior Manager
Concurrence

KS:sa