

Enjoy Arts Activities for Families, Youth & Children while maintaining physical distancing

The following list is a sample of local theatre, visual art, dance, music, and literary arts activities for families, youth and children. For more descriptions of arts and cultural activities for all ages visit www.crd.bc.ca/arts.

Arts & Culture | Updated August 2020



Theatre



Creation Continues Theatre Games & Stories

SKAM School of Performing Arts teachers Tony Adams and Monica Ogden share some of their favourite theatre games with you to enjoy at this time by video! www.skam.ca



Educational Theatre Shows

Story Theatre offers narrative, educational theatre for young people online. More digital art resources available soon. www.storytheatre.ca



Camps Workshops & Viewing Parties

VOS Musical Theatre offers musical theatre camps for children and teens and workshops for adults and teens with full safety plan as well as viewing parties of past productions. Fall classes open for registration. www.vostheatre.ca



Spark Festival: COVID Creation

A collection of performance videos by the Belfry 101 Collective – 14 local high school students inspired by the question “how do we create theatre together in a time of physical distancing and self-isolation, and what form can that theatre take?” www.sparkfestival.ca



Theatre Classes, Talks and Activities

Kaleidoscope Theatre offers classes and programs online and in-person with safety protocols. Free musical theatre and opera workshops. Games Night features easy to play games for the whole family. Also offering free performances outdoors in parks around Greater Victoria. www.kaleidoscope.ca



Theatre Inconnu

Watch the performance of Peace Dancer based on Roy Henry Vickers’ and Robert Budd’s book of the same name as part of the Puppets for Peace initiative – in association with the Pacific Peoples’ Partnership and Story Theatre. www.theatreinconnu.com

Visual Art



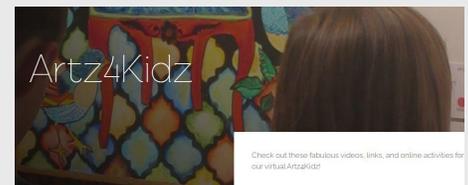
Art Hive Art Therapy

One on one service for children and youth. Guardians or parents can select a practitioner of their choice, to work with their child, to help them explore their inner thoughts and feelings creatively. Email program questions to: info@ciat.org Free. To reserve call: 1-866-515-2916 www.arttherapy.network



Tah’lum Indigenous Artists Collective Colouring Book Series

A language-learning colouring book by artists Jesse Campbell, Brianna Dick (volume 1) Sarah Jim and Natassia Davies (Volume 2) sharing words from their respective Michif, Lekwungen and SENCŪTEN languages. Free digitally and in print. www.openspace.ca/programming/colouring-book



Sooke Youth Exhibit & Activities

The Artz4Kidz web page has art projects, videos and a great ‘I SPY’ game. The Youth Art Gallery features 42 works by local students. www.sookefinearts.com



Landmarks Public Art

Enjoy fresh air and physical activity with your family while looking at public art. Make a self-guided tour with the map tool on LandMarksPublicart.ca featuring over 170 artworks. Please remain two metres apart from other art lovers. www.landmarkspublicart.ca

Dance



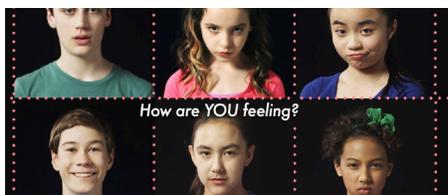
Adaptive Dance Classes For Kids

Embrace Arts teaches Dance Without Limits and Dance and Movement Games – free adaptive dance programs open to kids and youth of all abilities. www.embracearts.org/online-classes



Ballet Activities

Ballet Victoria is offering several ballet related activities online, such as dance activities and classes for youth and free, live ballet classes on Instagram. Subscribe to the newsletter for details. www.balletvictoria.ca



WITS in Motion Anti-bullying Dance program

Suddenly Dance Theatre has created a toolkit for building healthy relationships through social emotional learning and conflict resolution. This anti-bullying online education initiative features a non-verbal dance film. Available for streaming to parents, caregivers and educators at www.witsinmotion.ca.

Music



Music and Voice Lessons

The Victoria Conservatory of Music now offers its high quality lessons, group classes and music therapy sessions online and in-person. www.vcm.bc.ca



Family Opera

Pacific Opera Victoria and Vancouver Opera present a free, online broadcast of the new family opera: **The Flight of the Hummingbird**. In this enchanting opera, the animals of the forest are inspired to come together by Duk-dukdiya, the Hummingbird, to save their beautiful home from a raging fire. Find performance info and study guide online. www.pacificopera.ca



Virtual Open Mic & Outreach

Victoria Guitar Society has developed a virtual guitar ensemble and hosts online open mic for classical guitar players. Virtual school outreach presentation available on request www.victoriaguitarsociety.ca

Literary Arts



Tongues of Fire Open Mic Online

Victoria Poetry Project celebrates the art of spoken word poetry. Currently hosting youth-centred online open mic events. www.victoriapoetryproject.com

About CRD Arts & Culture

The Capital Regional District (CRD) Arts & Culture Support Service supports, promotes and celebrates art across the capital region. Funding is provided by: Saanich, Victoria, Oak Bay, Esquimalt, View Royal, Highlands, Metchosin, Sooke and Southern Gulf Islands.

More information

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