## Plan Your Route

 Monterey Middle School

Join in and help support more students and their families confidently use active and sustainable transportation for the commute to and from school!


## Tips for Success

$\checkmark$ Use crosswalks, sidewalks and crossing guards when possible. If there are no sidewalks, walk single file facing traffic so that you can see approaching vehicles and they can see you.
$\checkmark$ Practice your route together to build confidence and independence!
$\checkmark$ Encourage students to try new modes (walk, bike, scooter, skateboard, rollerblade, bus) to keep it fun!
$\checkmark$ Invite neighbours and friends to join you along the way or meet up and go part-way together!
$\checkmark$ Have conversations about any potential concerns. Check-in regularly to discuss experiences openly and adjust as needed.
$\checkmark$ Remove your headphones or put your phone or text conversation on hold so that your focus is on the road and you can hear traffic.


## Questions?

Contact the PAC, Principal or CRD Regional and Strategic Planning regionalplanning@crd.bc.ca


KISS \& GO P PARK \& STROLL • MEET UP \& GO

## Live too far or no time to walk? Consider Walk \& Wheel for 5!

## Your commute matters!

When you decide not to drive door-to-door, you support traffic safety for all road users by easing traffic congestion and parking demand in front of the school during morning and afternoon peaks.

Find your Walk \& Wheel for 5 site on the map and use it as an alternative drop off and pick up spot or to meet up with a group and walk, bike or roll the rest of the way together.

Invite others to join you! There's safety (and sustainability) in numbers.

Improve your daily routine with Walk \& Wheel for 5!
Parents and caregivers can save time, avoid school traffic and enable students
to get to and from school safely, independently and actively.

## It is important to determine:

1. Where you will walk, bike, roll or bus. When walking, choose sidewalks or paths where possible, even if that means the trip will take a bit longer.
2. Where you will cross streets.

Choose routes with the fewest and safest streets to cross. For example, cross where there is a crossing guard, crosswalk or traffic light and avoid busy, high-speed or multilane roads where possible.
3. How much time you need.

Time your route to arrive 5-10 minutes before the bell.

## Legend

Walk \& Wheel for 5 or 10 sites/routes
Pedestrian Activated Crosswalk
Marked Crosswalk
(3) Major Intersection with Signalized Crosswalk

O All-Way Stop
[目 Public Bus Stop closest to School
[ Bicycle Rack

- School Access Point
-- Sidewalk
- Bike Route

Trail Connections
School Zone 30 km/hr


Did you know?
children's walk pace is about 8 ming per 500 metres
 or $+$ -

