RAINBOW ROAD INDOOR POOL
Fall/Winter Schedule
Sept 25, 2011 - April 28, 2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 7:00 7:30	Early Bird 6:30 - 8		Early Bird 6:30 - 8		Early Bird 6:30 - 8	C L O S E D	
8:00 8:30	Energizer 8 - 9		Energizer 8 - 9		Energizer 8 - 9		
9:00 9:30	Lessons & Lap 9 - 11		Lessons & Lap 9 - 11		Lessons & Lap 9 - 11		
10:00 10:30		Parent & Pre 10 - 11		Parent & Pre 10 - 11			
11:00 11:30 12:00 12:30	Lap & Leisure 11 - 1	Lap & Leisure 11 - 1	Lap & Leisure 11 - 1	Lap & Leisure 11 - 1	Lap & Leisure 11 - 1		
1:00 1:30	Nooner 1 - 2	Lap & Lessons 1 - 2	Nooner 1 - 2	Lap & Lessons 1 - 2	Nooner 1 - 2		Toonie Swim 1:30 - 5:30
2:00 2:30	Adult/Youth 2 - 3	Easy Does It 2 - 3	Adult/Youth 2 - 3	Easy Does It 2 - 3	Adult/Youth 2 - 3		
3:00 3:30 4:00 4:30 5:00	Everyone Welcome 3 - 6:30	Everyone Welcome 3 - 6:30	Everyone Welcome 3 - 6:30	Everyone Welcome 3 - 6:30	Everyone Welcome 3 - 6:30		
5:30 6:00	Down & Deep/Everyone Welcome 5:30-6:30		Down & Deep/Everyone Welcome 5:30-6:30		Down & Deep/Everyone Welcome 5:30-6:30		
6:30 7:00 7:30	Evening Lap 6:30 - 8:00		Evening Lap 6:30 - 8:00		Friday Night Madness 6:30 - 8:00		