

## EAST SOOKE

Mt. Matheson  
Conservation Society  
250 642-0238  
Email: mmcs@shaw.ca

## SOOKE

Sooke Electoral Area Parks  
And Recreation Commission  
(Seaparc)  
2168 Phillips Road  
250 642-8000  
www.crd.bc.ca/seaparc/  
index.htm

## Sooke Family Resource Society

105-2045 Townsend Road  
250 642-5152  
www.sfrs.ca

## Sooke Regional Museum and Tourist Information Centre

2070 Phillips Road,  
Phone : 250 642-6351 or  
1-866-888-4748  
www.sookeregionmuseum.com

## Sooke Cycle

6707 West Coast Road  
250 642-3123  
www.sookebikes.com

## Camp Thunderbird

RR#6 Glinz Lake Road  
250 642-3136  
www.victoriay.com

## Edward Milne Community School Maritime Program

250 642-6371

## Sooke Trail and Road Runners

Pat Phillips, President  
250 642-5549  
Email: jnpainting@shaw.ca  
Vince Trahan  
250 642-3449  
Email: vtrahan@shaw.ca

## Sooke Seniors' Drop In Centre

6689 Sooke Road  
250 642-6898  
Adult Day Programs  
250 388-2273

## OTTER POINT

### Camp Barnard

3202 Young Lake Road  
Email: c\_barnard@shaw.ca  
Fax: 250-642-1312

## SHIRLEY

### Muir Creek Protection Society

250 642-0948  
Email: muircreek@hotmail.com

### Shirley Community Association

2795 Sheringham Point Road,  
Email:  
info@shirleycommunity.com

### Sheringham Point Lighthouse Preservation Society

www.sheringhamlighthouse.org

## PORT RENFREW

### Port Renfrew Recreation Centre

250 647-0031  
Email:  
prhsss@islandnet.com

## Port Renfrew Elementary

School: After School Care Pro-  
gram and Children's Summer  
Program  
250 647-5577

## Pacheedaht Campground

250 647-5521

## West Coast Trail Express

3954 Bow Road  
250 477-8700  
Email: bus@trailbus.com

## REGIONAL

### CRD Regional Parks

490 Atkins Ave., Victoria, BC  
250 478-3344  
www.crd.bc.ca/parks

### Juan de Fuca Electoral Area Parks and Recreation Commission

P.O. Box 421 Sooke, BC  
250 642-8000  
www.crd.bc.ca/jdf/parks/  
index.htm

### BC Transit

250 382-6161  
www.bctransit.com

### Juan de Fuca Community Trails Society

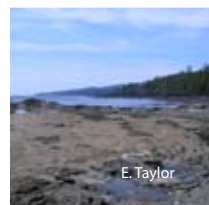
Sid Jorna, President  
250 642-2767  
Email: Sid2767@shaw.ca

### Kludakh Outdoors Club

250 642-3523

**This publication was made possible through the collaborative efforts of many organizations and individuals, including:**

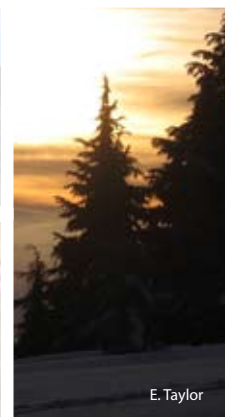
Emma Taylor, Project Coordinator • Marlene Barry, Community Health Initiative • Kate Kittridge, Community Health Initiative • Nancy Falconer, Canadian Cancer Society • Kendall Arnold, Sooke Cycle • Larry Hutchings, SEAPARC • Malcolm McPhail, CRD • Katherine Lesyshen, District of Sooke • Brendan Mather, VIHA • Lorraine Brewster, SEAPARC • Warren Moore, Resident • Sid Jorna, Juan de Fuca Community Trails Society • Pat Summers, BC Cancer Agency • Kerrie MacLean, T'Sou-ke Nation • Elida Peers, Sooke Region Museum



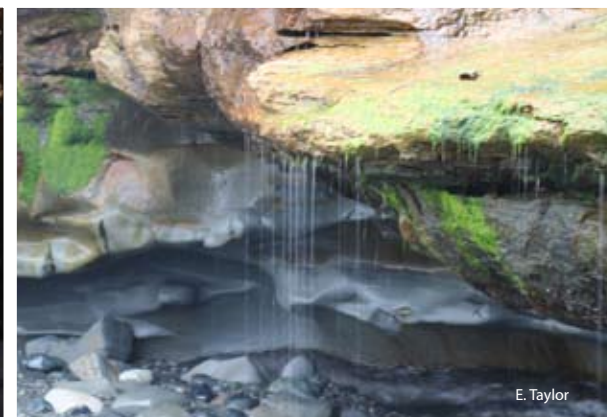
E. Taylor



J. Sinclair



E. Taylor



E. Taylor



"The Active Communities Initiative is being delivered by BC Recreation and Parks Association with funding from ActNow BC and in partnership with 2010 Legacies Now"