

PRESCHOOL / Programs

SPRING BREAK CAMPS

Cooking Monsters

2-5 yr.

Ready, Set, Snack! Calling all little chefs to come mix, pour, create and eat delicious and nutritious snacks. We throw in a cup of games, a teaspoon of songs, and a new recipe each session. This program is sure to be a tasty one. Take home your own recipe book at the end of the week.

Tu,Th
Mar.9,11
\$22.00
per session

9:00 - 11:00 am
12461 2-3 yr.

12:30 - 2:30 pm
12462 4-5 yr.



Our centre is
"Allergy-Aware".

Green Beans 3-4 yr.

Have fun exploring our world on daily nature walks and scavenger hunts. We will get messy with worms and learn about composting and respecting our world. This active camp is packed full of environmental fun!



M-F 9:00-11:00 am
Mar.8-12 12497
\$39.00 / 5

Amazing Preschool Puppetry 2-5 yr.

Come and join us to explore the world of puppetry. Let your creativity soar! Create a variety of puppets including marionettes, sock and stick puppets. On Fridays we will put our puppets into action in mini plays using our puppet theatre. Materials included.

M,W,F
Mar.8-12 \$36.00 / 3
12:30 - 2:00 pm 12438 2-3 yr.
2:00 - 3:30 pm 12441 4-5 yr.

Music Makers 2-5 yr.



Join us for fun musical mornings! We will make musical instruments and enjoy playing them while learning the basics of rhythm and beat. For the last half-hour some talented musicians will play some music to make us move!

M,W,F 9:00-10:30 am
Mar.8-12 12495
\$36.00 / 3

M,W,F 10:30 am - 12 noon
Mar.8-12 12496
\$36.00 / 3

ONE-DAY EVENTS

Each special hour for 2-4 yr. \$9
Fridays 11:45 am to 12:45 pm

Princess Tea Party

SEAPARC cordially invites you to attend our fairy princess tea. Wear your prettiest princess costume and get ready for a morning of sparkly fun. You'll even get to make your very own princess crown to take home!

Jan.29 12506

Outer Space Adventure



Flashlights and moonwalks, glowsticks and stars. This space adventure will let your imagination blast off. Make your very own planet and rocket to take home.

Feb.26 12508

Dinosaur Dig

Bring your little paleontologist and a plastic shovel and get ready to DIG for dinosaurs. Take home your find and your very own dinosaur craft. This one-day adventure will set your imagination roaring.

Mar.26 12509

Recycle Robot Factory

Cling clang its a robot thang. Tin cans and wires, buttons and boxes. Bring in your little engineer to this robot creation station.

Apr.30 12512

Pirate Play

Arrgh Maties! Little pirates! Come join us on a treasure hunt. We will make eye patches and pirate hats before setting sail on our pirate ship.

May 28 12511

Teddy Bear's Picnic

Today's the day the teddy bears have their picnic! Join us with your favourite teddy for songs, teddy bear making and a picnic, of course!

Jun.18 12510

PRESCHOOL / Programs

After-K Care (starting Sept.2010) 4-6 yr.

Pickup of your child at kindergarten when their morning there is done. Then over to SEAPARC for an afternoon of learning through play. Included in this quality program, our qualified swim instructors and skating instructors provide a structured lesson to introduce valuable life skills in both of these recreational areas. We are currently taking an interest list for this program: . Parents please call 250-642-8000 to let us know if this program would be a positive activity for your child and your family.

Proposed for:
M-F
11:30 am to 3:30 pm

12424

Gymnastics: 2-3 yr. Tumbleweeds

This introduction to gymnastics fundamentals incorporates fun, games and music into small routines for performance on the last day. Parents learn proper spotting to ensure their child's safety while their children learn basic gymnastics movements. Each child receives a certificate to recognize their involvement in Tumbleweeds.

M 12:15-1:00 pm M 12:30-1:15 pm
Jan.11-Mar. 1 Mar.22-Jun.21
\$71.75 / 8 \$107.50 / 12
11967 11968

Gymnastics: 4-5 yr. Tumbling Tots

This class increases the difficulty and selection of skills from the Tumbleweeds. Students will be guided through the development of skilled routines. There will be a focus on balance, strength and flexibility. Theme days will be incorporated into the classes with lots of fun, games and music. The last day of class will involve a presentation to the children's guests of the routine learned. All students will be presented with a certificate to recognize their involvement in Tumbling Tots.

M 1:00 - 1:45 pm
Jan.11 - Mar. 1 / 8
\$71.75 11965

M 1:30 - 2:15 pm
Mar.22 - Jun.21 / 12
\$107.50 11966

Tae Kwon Do 4-5 yr.

The NELS style Tae Kwon Do program will enable youngsters to achieve physical, mental and emotional success while having fun and gaining self confidence. Nels Silva is a Certified Master Instructor and World Championship Medalist.

Location: Sooke Elementary School Gym

M 7:00 - 7:30 pm
\$40.00 / 4
Jan.4-25 12477
Feb.1-22 12478
Mar.1-29 12479
May 3-31 12481

\$30.00 / 3
Apr.12-26 12480
Jun.7-21 12482



Steppin' Up to Preschool 2-3 yr.



Wondering if your child is ready to step up to preschool? Join our qualified Early Childhood Educator for an introduction to all that pre-school has to offer. This one-day-a-week program will build your child's confidence and prepare for the Doodlebugs Preschool at SEAPARC.

F 1:00 - 2:00 pm

Jan.8 - Feb.19
\$63.00 / 7 12502

Mar.19 - Apr.30
\$54.00 / 6 12504

May 7 - Jun. 18
7 sessions
\$63.00 / 7 12505

PRESCHOOL / Programs

NEW

Faire Prescolaire

4-5 yr.

Bonjour mes amis! Hello my friends! through French songs, books, stories and activities your preschooler will be introduced to basic vocabulary of the French language. We will learn greetings, days of the week and numbers in a fun and encouraging environment. Learning new languages early-on helps children expand their vocabulary in later years. Instructor: Trina Titus, E.C.E.

F 2:15 - 3:45 pm
\$77.00 / 7
Jan.8 - Feb.19 12527
\$66.00 / 6
Mar.19 - Apr.30 12528
\$77.00 / 7
May 7 - Jun.18 12529

Trina Titus

is happy with her "Doodle Bug" playpals at SEAPARC.

Trina has eight years of experience working with young children in a variety of settings.



Laura-Lee Johnson has always been inspired by this profound proverb:

"Take care of the earth for it was not given to you by your parents but lent to you by your children."

Vicki Palmer

We are pleased to have Vicki join SEAPARC as an Early Childhood Educator (ECE) in the Doodlebugs classroom.

Vicki is from Vancouver where she studied Reggio Emilia and play-based methods of teaching young children.



Doodle Bugs Preschool

Fun and learning for your preschooler

10 month program

Preschoolers can make new friends and learn to play in a group setting in a fun environment at **Doodle Bugs Playschool!**

Ages 3 & 4



- Swimming
- Skating
- Monthly field trip

● This licenced, enriched program is designed to meet the social, emotional, intellectual and physical needs of children ages 3 and 4.

● Our qualified Early Childhood Educator strives to balance structure, fun and learning in a safe and developmentally nurturing environment.

● Your preschooler will be introduced to themed songs, music, stories, language activities, arts and crafts, games, science and more.

● We'll have structured circle time as well as an open exploration of the centres, all combined with the amenities of the SEAPARC recreation centre.

AGES 3 & 4

Tu,Th 9:00 am to 11:30 am
Started in Sept.2009 (runs to Jun.24/10)
\$131/mo. 11212

AGE 4

Tu,W,Th 12:30 pm - 3:00 pm
Started in Sept.2009 (runs to Jun.24/10)
\$197/mo. 11214

AGES 3 & 4

M,W,F 9:00 am - 11:30 am
Started in Sept.2009 (runs to Jun.25/10)
\$190/mo. 11211

PRESCHOOL / Programs

Sportball - MultiSport 4-7 yr.

Sportball Multi-Sport Skills Development Programs introduce preschool and primary school children to the concepts and skills involved in the seven core sports of the Sportball approach. Children are introduced to a wide range of fundamental skills while developing familiarity with all of the seven popular sports. Their Sportball experience will serve as a solid foundation for future skill development.



- Baseball
- Basketball
- Volleyball
- Golf

Th 6:30 - 7:30 pm

Jan.7 - Feb.25
\$104.00 / 8 12459

Mar.18 - May 6
\$91.00 / 7 12460

May 13 - Jun. 24
\$91.00 / 7 12463

Home Learners 3-12 yr. Sport Sampler

For the beginner or intermediate this is a great way to stay active and have fun. We can teach you the basics of soccer, baseball, basketball and lacrosse in a fun and supportive environment.

M 2:00 - 3:00 pm

\$49.75 / 10
Apr.12 - Jun.21 12268

Sportball Soccer 4-7 yr.

Non-competitive and skill-based, this program provides the opportunity to learn soccer with experienced coaches. Focussing on the fundamentals (throw-ins, kicking, dribbling and goalie skills), children learn to apply skills successfully and confidently in soccer games.

W 6:30 to 7:30 pm

\$104.00 / 8
Jan.6-Feb.24 12467

May 5-Jun.23 12469

\$91.00 / 7
Mar.17-Apr.28 12468

Add \$20 for soccer jersey & ball.

Sportball Multisport Camp 3-5 yr.

Join the Sportball team on spring break. Participate in the skills and games of seven different ball sports including soccer, hockey, basketball, baseball, volleyball, tennis and golf. Also do some arts and crafts, music, cooperative games. Includes snack time and theme days. Outdoors/indoors depending on location and weather.

M-F 9:00 am to 12 noon

\$120.00 / 5
Mar.8-12 12470

Sportball Parent & Tot 2 - 3.5 yr.

Parents, grandparents and caregivers have a direct hand in a preschooler's development through a variety of multi-sport programs. This program teaches introductory physical skills and helps tots develop confidence in their abilities. Tots will learn the seven core sports using stories, songs and the fun and creative sportball approach.



Th 5:45 - 6:30 pm

\$104.00 / 8
Jan.7 - Feb.25 12452

Th 5:45 - 6:30 pm
\$91.00 / 7

Mar.18 - May 6 12453
May 13 - Jun.24 12454

Floor Hockey 3-5 yr.

Burn energy and have fun! Learn stick handling basics and shooting through songs and games. This intro gives your child the basics of teamwork and skill development as well as the confidence and social skills necessary to succeed in sports and life.

F 2:30 to 3:15 pm

\$42.50 / 8
Apr.16-Jun.4 12517

Sportball Parent & Tot Soccer 2 - 3.5 yr.

Sportball soccer programs are non-competitive and skill-based to provide children with the opportunity to learn how to play soccer with the help of experienced coaches. Programs focus on the fundamental skills of soccer including throw-ins, kicking, dribbling and goalie skills. Youngsters are taught to apply soccer skills successfully and confidently when playing soccer games.



W 5:45 - 6:30 pm
\$124.00 / 8

Jan.6 - Feb.24 12464
May 5 - Jun.23 12466

W 5:45 - 6:30 pm
\$111.00 / 7
Mar.17 - Apr.28 12465

Add \$20 for soccer jersey and soccer ball.