



SEAPARC Doodle Bugs Preschool

3-5yrs

Bring out your doodle bug for this Licensed Preschool that is chock full of fun. Through arts, crafts, songs, story time & games, we will introduce your little one to the social aspect of learning and group activities. If you want to make new friends and learn to play in a fun environment, Doodle Bugs Preschool is for you! Preschoolers have access to the Kindergym, Stan Jones ball field, skating, swimming, and a variety of off-site field trips.

14540 Tu/Th 9:00am-11:30am Sep 6-Jun 21 \$140/mth

14539 M/W/F 9:00am-11:30am Sep 7-Jun 22 \$198/mth

14541 Tu/W/Th 12:30pm-3:00pm Sep 6-Jun 21 \$210/mth

*Monthly payment plan available. Monthly fees vary depending on number of school days.

SEAPARC Doodle Bugs Preschool - French Immersion

(Non-Licensed Program)

3-5yrs

We will introduce your preschooler to French through the use of repetition of phrases and expressions during our routines and circle times. It is important to know that we do not speak 100% French to your child from the start. We want your child to feel comfortable and understood at school. French is presented as a fun and safe activity, sparking curiosity and interest in the child. This supplement to our English preschool program is ideal for parents considering the French Immersion Kindergarten program at Ecole Poirier. No classes Mar. 19, Apr. 9, May 21.

15704 M 12:30pm- 2:30pm Jan 9-Feb 20 7/\$84

15705 M 12:30pm- 2:30pm Feb 27-Apr 16 6/\$72

15706 M 12:30pm- 2:30pm Apr 23-Jun 11 7/\$84

Learn, play and grow at SEAPARC

Our philosophy at Doodle Bugs Preschool is to allow the children to learn and discover the world around them through play while exploring their own unique interests. Through outdoor play, activity centres and circle time children are learning to socialize with their peers, take turns with toys, gain independence and deal with conflict in appropriate ways which helps to build the foundation for the routines of kindergarten and beyond. We provide a variety of options each day at the activity centres and in our fenced outdoor play area which relate to the beginning of academic learning (ex. recognizing their own name) as well as our monthly theme (ex. community heroes, oceans). We leave it up to the children to decide how much or how little they would like to engage in each of the activities. This is followed by a structured circle time full of stories, puppet shows and fun. Parents are asked to send a healthy snack and water each day for their child.

Each month you will receive a calendar that tells you what we will be focusing on and list any out trips that we have planned. Some of our out trips require registration for those who choose to participate. Last season, we enjoyed such trips as Butterfly World, Aylard Farms, Galey Farms (pumpkin patch and hay ride), Empress Hotel (Festival of Trees), a local hobby farm and an apiary to see how bees make honey!

Frequently Asked Questions:

How old does my child need to be to register?

Children must be of the appropriate age before December 31, 2011 in order to register for our pre-school programs.

Does my child need to be toilet trained before they can take this program?

Yes, children must be toilet trained prior to enrollment.

Are parents expected to participate?

Parent involvement is not expected on a daily basis but we do encourage parents to participate in field trips and skate or swim days.

What happens if I am going to be late for pick-up?

Please call SEAPARC at 642-8000 so that we can notify the instructor. Late pick up fee will be charged to your account.

Should I send my child with a drink or snack?

Yes, please send a healthy snack and a drink each day.

If your child has allergies please notify staff.

SEAPARC is an allergy aware facility.

Preschool & Children's Programs

Kindergym

0-5yrs

Join us on Saturdays as we have a blast jumping in the bouncy castle, playing, bouncing, climbing and exploring. Parent participation is required. No classes on long weekends.

Sa 10:30am-12:00pm Jan 7-Jun 2 \$3 drop-in

Kicks for Kids Indoor Soccer

3-5yrs

Introduce your youngster to the exciting sport of Soccer. Children will develop their skills and increase their knowledge of the game. There will be non-competitive drills and games in a fun and safe environment.

Location: SEAPARC Leisure Complex

15568 Th 1:00pm- 1:45pm Apr 5-May 10 6/\$36

Drop-in

Steppin' Up to Preschool

2-4yrs

Wondering if your child is ready to step up to preschool? Join our Preschool Instructor for an introduction to all that preschool has to offer. This one day a week program will build your child's confidence and prepare them for preschool in September 2012.

Location: SEAPARC Leisure Complex

15607 F 1:00pm- 2:00pm May 4-Jun 15 7/\$70

T-Ball

3-5yrs

Our instructor will lead your little one through this introductory class while they explore the basics of baseball. Practice catching, throwing and hitting the ball while having fun and meeting new friends.

Location: SEAPARC Leisure Complex

15569 Th 1:00pm- 1:45pm May 17-Jun 21 6/\$36

See Sportball programs on page 9.

MIJO Little Kickers Taekwondo

3-5yrs

Led by MIJO Taekwondo Instructor, Michelle Carpenter, kids will love this fun and educational class where they will practice the basics of movement, coordination and teamwork through original games and activities, while learning foundation Taekwondo skills. Uniforms are available, but not mandatory, through MIJO Taekwondo.

Location: SEAPARC Leisure Complex

15618 Th 10:30am-11:00am Jan 12-Feb 9 5/\$32.50

15619 Th 10:30am-11:00am Feb 16-Mar 15 5/\$32.50

15620 Th 10:30am-11:00am Mar 29-May 10 7/\$45.50

15621 Th 10:30am-11:00am May 17-Jun 21 6/\$39

MIJO Fitter Families Taekwondo

5+yrs

Get the family together for a fun way to keep fit! This dynamic class includes instruction on basic WTF Taekwondo skills along with family centred activities and exercises that emphasize teamwork, cardiovascular training, body weight resistance training and core stability. Cost includes two (2) family members, additional family members can register for \$15 each.

No classes April 9 & May 21.

Location: Saseenos Elementary

15622 M 5:00pm-5:45pm Jan 9-Feb 6 5/\$32.50

15623 M 5:00pm-5:45pm Feb 13-Mar 12 5/\$32.50

15624 M 5:00pm-5:45pm Mar 26-Apr 30 5/\$32.50

15625 M 5:00pm-5:45pm May 7-Jun 18 6/\$39



MIJO Taekwondo WTF Olympic Style

6-12yrs

Your kids will enjoy fun, educational and challenging WTF Olympic style Taekwondo classes with 4th Dan Black Belt Instructor, Michelle Carpenter, of MIJO Taekwondo. Students will learn a balance of traditional and sport Taekwondo skills in an environment that is encouraging and friendly and are taught about such life skills such as confidence, perseverance and courtesy. MIJO Taekwondo is a fully sanctioned WTF Taekwondo school and member of the Woo Kim Taekwondo.

No classes April 9 & May 21.

Location: Saseenos Elementary

15626 M, W 6:00pm-7:00pm Jan 9-Feb 8 10/\$90

15627 M, W 6:00pm-7:00pm Feb 13-Mar 14 10/\$90

15628 M, W 6:00pm-7:00pm Mar 26-May 2 11/\$99

15629 M, W 6:00pm-7:00pm May 7-Jun 13 11/\$99

Preschool & Children's Programs

Home Alone Program

10+yrs

After school time and the occasional short outings for parents are easily dealt with when children are prepared. The main focus of the workshop is home and personal safety and tips for dealing with emergency situations. No class May 21.

Location: SEAPARC Leisure Complex

15565	Su	1:00pm-4:00pm	Jan 29	1/\$33.75
15566	Su	1:00pm-4:00pm	Mar 4	1/\$33.75
15567	Su	1:00pm-4:00pm	May 27	1/\$33.75

Home Learners Sport Sampler

3-12yrs

For the beginner or intermediate, this is a great way to stay active and have fun. We can teach you the basics of a variety of sports and field games in a fun and supportive environment.

No class May 21.

Location: SEAPARC Leisure Complex

15658	M	1:00pm-2:00pm	Apr 16-Jun 18	9/\$45
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Girls Just Wanna Have Fun

7-11yrs

Spend the night with the girls! Join us every Thursday for activities including dance, yoga, cooking, swimming, art, and "spa days". Sponsored by Victoria ProMOTION Plus Play it Forward Program and KidSport Victoria. No class March 22.

Location: SEAPARC Leisure Complex

15645	Th	7:15pm-8:30pm	Jan 12-Mar 1	8/\$40
15646	Th	7:15pm-8:30pm	Mar 8-Apr 26	7/\$35
15647	Th	7:15pm-8:30pm	May 3-Jun 14	7/\$35



Sportball

Sports instruction for kids

Sportball-Floor Hockey

2-7yrs

Sportball hockey programs are non-competitive, skill based and provide children with the opportunity to learn how to play hockey with the help of experienced coaches. Programs focus on the fundamental skills of hockey: passing, shooting, stick handling, goal tending and much more! Children are taught to apply hockey skills successfully and confidently in hockey games.

Location: Sooke Elementary

Parent & Tot 2-3.5yrs

15651	W	5:45pm-6:30pm	Apr 4-May 9	6/\$96
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4-7yrs

15652	W	6:30pm-7:30pm	Apr 4-May 9	6/\$96
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Sportball-Outdoor Soccer

2-7yrs

Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. For safety reasons, parents are required to remain at the field during classes. Cool jersey included.

Location: Sooke Elementary

2-3yrs-Parent participation required.

15653	W	5:45pm-6:30pm	May 16-Jun 27	7/\$127
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4-7yrs

15654	W	6:30pm-7:30pm	May 16-Jun 27	7/\$127
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Sportball Multi-Sport

4-7yrs

Sportball Multi-Sport Skills Development Programs introduce preschool and primary school children to the concepts and skills involved in the seven core sports of the Sportball approach. Children are introduced to a wide range of fundamental skills while developing familiarity with soccer, hockey, tennis, golf, volleyball, baseball, basketball and football. Their Sportball experience will serve as a solid foundation for future skill development.

Location: Sooke Elementary

15650

Jan 11-Mar 7

W 6:30pm-7:30pm

9/\$144

Sportball Multi-Sport Parent & Tot

2-3.5yrs

Parents, grandparents and caregivers can have a direct hand in a preschooler's development through a variety of multi-sport programs.

This program teaches children introductory physical skills and helps them develop confidence in their abilities. Learn the basics of eight core sports: hockey, soccer, tennis, baseball, basketball, volleyball, golf and football.

Location: Sooke Elementary

15649 W 5:45pm-6:30pm

Jan 11-Mar 7 9/\$144

