

DON'T WAIT REGISTER NOW!!!!

FEMALE HOCKEY PROGRAMS-SEAPARC LEISURE CENTRE

Female only hockey programs provided by Seaparc Leisure Centre and sponsored by *Sooke Minor Hockey Association* with special thanks to the very generous donation from *the Estate of Bertha Joan Hanna*, provided to promote females participation in sports!



Sharks Introductory Hockey 7-11 yr.

Is your child interested in hockey? These introductory lessons in a structured program teach the basic skills of the game in a fun, non-contact environment. Sticks, pucks and gloves are provided.

Th 3:30 - 4:20 pm
\$52.00 / 8
Jan.14 - Mar. 4

12535

Skating - Balance & Agility 8-10 yr.

Do you want to improve your stride, crossovers, backwards skating and stopping? Skaters must be able to skate forwards and backwards. These sessions will be physically challenging, focussing on improving strength, power and endurance.

W 3:30 - 4:20 pm
\$58.50 / 8
Jan.13 - Mar. 3

11932

Sooke Minor Hockey Association is prepared to subsidize any female between the ages of 7-11 (not already registered in minor hockey) who may be interested in registering in either of the above programs for 50% of the registration fee, to a maximum of \$26.00 for program 12535 or \$29.25 for program 11932.

For further information, please contact Susie Sherman, Female Development Coordinator, Sooke Minor Hockey Association at susiesherman@shaw.ca or (250)642-5723 or Seaparc Leisure Centre at (250) 642-8000.

Don't hesitate as spots are filling up quickly in both programs. Programs start next week so act now.