

Sooke Potholes Campground
 (Owned and operated by
The Land Conservancy of BC
 1.888.738.0533,
www.conservancy.bc.ca

VEHICLE ACCESS FOR
 CAMPGROUND ONLY
 BEYOND THIS POINT

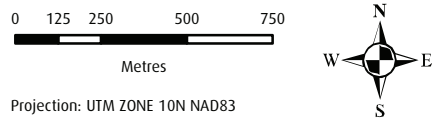
Sooke Potholes
 Campground Registration

Capital Regional District Sooke Potholes Regional Park



- Viewpoint
- Picnic Area
- Parking
- Beach
- Toilet
- Accessible Toilet
- Information
- 49 Distance (km) from Victoria on Galloping Goose Trail

- Hiking Trail
- Galloping Goose Regional Trail
- Road
- Contour (20m interval)
- Sooke Potholes Regional Park
- Campground
- Provincial Park / Protected Area



DISCLAIMER
 Important This map is for general information purposes only. The Capital Regional District (CRD) makes no representations or warranties regarding the accuracy or completeness of this map or the suitability of the map for any purpose. This map is not for navigation. The CRD will not be liable for any damage, loss or injury resulting from the use of the map or information on the map and the map may be changed by the CRD at any time.

Sooke Potholes Regional Park

Sooke Potholes is a 55-hectare park located on the banks of the spectacular Sooke River, west of Victoria. The "potholes" are unique geological formations – deep pools in the river – that offer some of the best freshwater swimming in the region. The Sooke River is the second largest on Southern Vancouver Island and home to a productive salmon run every fall.

Park Features

- Sensitive salmon-bearing stream
- Spectacular views of the Sooke River
- Freshwater swimming and hiking on short forest trails
- Access to the Galloping Goose Regional Trail and camping at adjacent TLC campground

You can picnic or swim at the river, explore the short forest trails or simply enjoy the stunning vistas from one of several viewpoints. You may see black-tailed deer, red squirrels or bald eagles riding the breezes overhead.

The park is near the south-west corner of the Sea to Sea Green Blue Belt, a corridor of protected natural areas linking Saanich Inlet in the east to Juan de Fuca Strait in the west.

Riding "The Goose"

You can reach Sooke Potholes Regional Park by bicycle or on foot from the Galloping Goose Regional Trail. If you're day tripping, try parking at Roche Cove Regional Park (km 35) or the Sooke River Road parking lot (km 45). You can ride to Sooke Potholes for a swim or hike, or travel through wilderness scenery all the way to the end of the trail (km 55) before returning.

Camping

The seasonal Sooke Potholes Campground is owned and operated by The Land Conservancy of BC (TLC). The campground is accessible by vehicle or bicycle. For information, visit the TLC web site at www.conservancy.bc.ca

Park Etiquette

- Stay on designated trails
- Do not remove or disturb animals or plants, such as wildflowers
- Keep your dog under control and on the trail
- Pick up your dog's droppings
- Leave no trace and carry out litter
- Motorized vehicles, camping, open fires and alcohol are prohibited within the park (except in adjacent TLC campground)

How to Get There

Follow the Trans-Canada Highway from Victoria, and take the Millstream Road exit (Exit 14) to Sooke. Follow Veterans Memorial Parkway, then turn right on Sooke Road. Turn right on Sooke River Road and follow the signs. Allow approximately 45 minutes driving time from Victoria.

Public Transportation

Take BC Transit #61 from Victoria to Sooke River Road. It is five kilometres along Sooke River Road to the park. Contact BC Transit for schedule information at transitbc.com.

Capital Regional District | Regional Parks

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Sooke Potholes REGIONAL PARK



Located on the banks of the spectacular Sooke River, the park is named for the unique pool-like river formations that make enchanting swimming holes.