



Angela Turnbull

Angela has always been an active person, growing up in New Zealand working at ski resorts and doing lots of hiking. After moving to Canada, Angela participated in 10 km running events, ½ marathons and triathlons before shifting her focus to strength training. With continued interest in health & wellness, she gained certification in Weight Training & Personal Training. She currently teaches TRX suspension training, is a certified spin instructor and is working towards certification as a Sports Nutrition Advistor.

BCRPA Registered Personal Trainer