



## **Andrea Babiczki**

Andrea creates excitement and motivates people working towards attaining their personal fitness goals. This journey into health is an opportunity for anyone, including people with special conditions, to improve their quality of life through her knowledgeable exercise advice. People who meet Andrea immediately feel her love for sports and fitness by her infectious energy and her drive to learn more. She is an approachable, encouraging, down-to-earth trainer who believes in training hard but smart. Come and join her on this journey of a lifetime and make it your voyage to better health, fitness and happiness.

BCRPA Registered Personal Trainer \* AAHFRP Certified Medical Exercise Specialist  
CanFitPro Certified Nutrition & Wellness Specialist