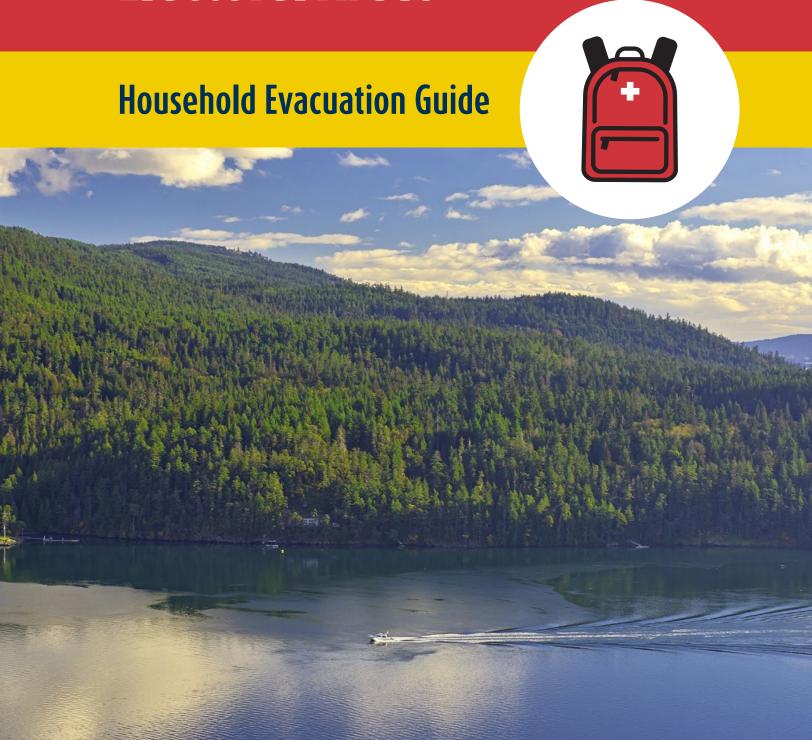
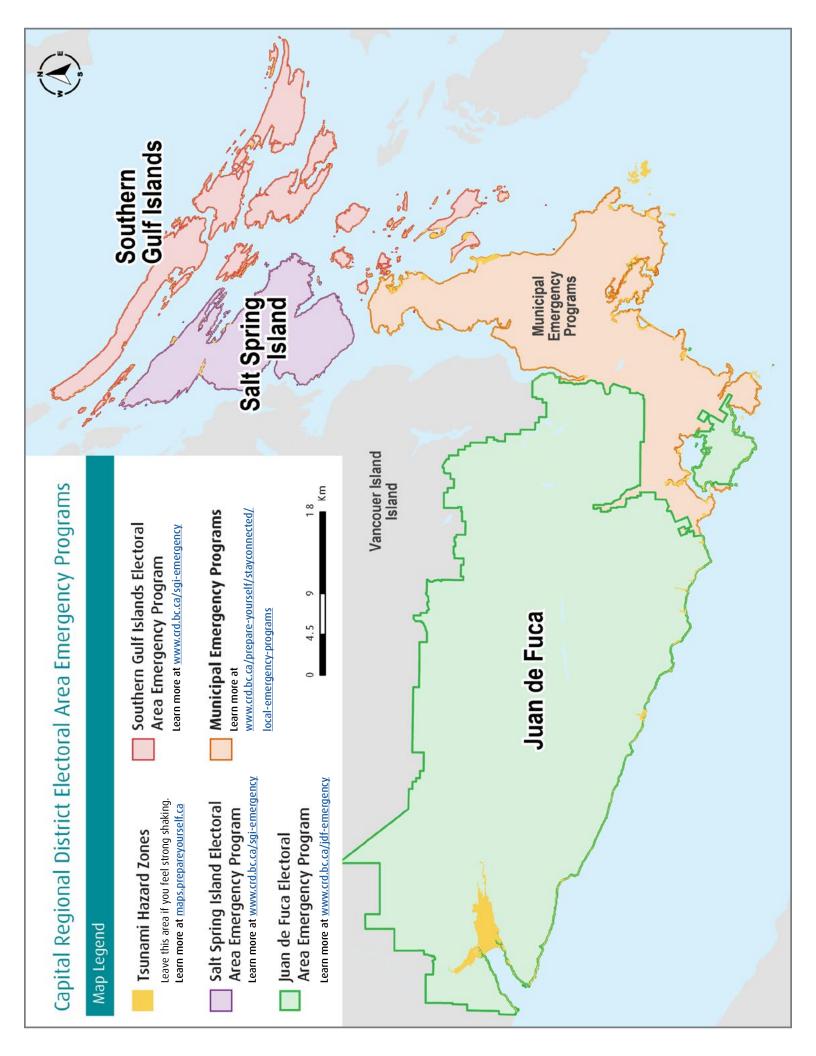
Capital Regional District Electoral Areas









Get prepared

This guide provides an overview of key information you will need to help keep you, and your family, safe in an emergency.

Now is the best time to get prepared in 3 easy steps.

- Know the risks
- · Make a plan
- Create a grab-and-go bag

Stay informed

Public alerts

Sign up for our Public Alert Notification System to get updates on weather events, restrictions, hazards and more. www.crd.bc.ca/pans

Facebook

Find us on Facebook at www.facebook.com/CapitalRegionalDistrict

911

In case of emergency, call 9-1-1

Emergency Program

For more information on CRD Emergency Program go to www.crd.bc.ca/service/fire-and-emergency-programs





Know the risks

There are a number of emergencies residents need to prepare for to help keep you safe. The severity of risks depends on where you live, but may include:

- Tsunami
- Earthquake
- Fires

- Winter storms
- Floods and storm surges
- Hazardous materials (Hazmat) spills
- Landslides



Make a plan

Prior to an emergency happening, it's important to complete a household emergency plan and make sure all members of your household are aware of what is included. A household emergency plan is included on <u>page 7</u> of this guide. Once complete, print this off and place copies in your grab-and-go bag, and share with family members.



Grab-and-go bag

Contents should include a 3-day supply of necessities for each person and pet in your family. If you live in a remote and/or isolated community a larger bag for a longer period may be necessary. (Fill out the checklist below.)

Bottled water (2 litres/person/day)

Several days of non-perishable,

ready-to-eat foods

Manual can opener

Childcare and pet supplies

Clothing, footwear, rain gear and

blankets

Personal hygiene items

First-aid kit and personal

medications

Whistle and dust masks

Cash in small bills

Extra keys for house and car

Copy of your emergency plan and

contact numbers

Copy of important documents, such

as insurance and identification

Extra batteries, phone charger and

battery bank

Battery powered or hand crank

flashlight and radio

Multi-function tool and knife

Matches, candles, lighter

Find a comprehensive list of suggested grab-and-go bag and emergency kit supplies at PrepareYourself.ca

What to do during an evacuation:

Different emergencies may require different actions. Protect your family by knowing what to do.



Information will be available through the Public Alert Notifications System, official websites, and local media.

Follow your household emergency plan

Implement your plan using the phone numbers, pre-arranged meeting locations, and out-of-area contact information (see page 7).

Get your grab-and-go baa

Grab your bag plus wallet, keys, phone, glasses and medications.

Check-in

Connect with your out-of-area contact, listen for reunification instructions and follow official direction for checking-in with emergency responders or at a reception centre.

Leave the area

Follow the direction from emergency responders, evacuate using available transportation.
Consider assisting neighbours without transport.



Monitor for updates

Monitor for ongoing updates from emergency responders using official websites and local media.

Return home only when safe

An official rescind will be announced. Be sure to follow safe return guidelines.







Understanding emergency messaging

There are 6 main messages you may hear in an emergency:

- **Evacuation Alert**
 - Be ready to leave on short notice, as an evacuation order may be occurring soon.
- Evacuation Order

 You are at risk. Leave the area immediately.
- Evacuation Rescind

 All is currently safe and you can return home.
- Shelter-in-Place
 Remain where you are until you are told by authorities that it is safe to do otherwise.
- Reception Centres

 Locations where evacuees may be provided care, depending on their needs.

Reception centres are operated by Emergency Support Services volunteers. If evacuees cannot stay with family or friends, other options may be available including group lodging facilities or hotels.

Assembly Areas
A safe place for evacuees to gather while waiting for emergency personnel to respond, or awaiting transportation to a reception centre or lodging.

Assembly areas are also used as places to share information, carpool, and as staging areas or transfer points. They may or may not be staffed by first responders or volunteers.

Household emergency plan



Taking the time to create a personalized plan will help ensure you know what to do and have the information you need when you need it. Print copies of this plan for your fridge door, to put in your vehicle and grab-and-go bag as well as share with family members. (Use the form below to start your plan.)

Meeting spot

Decide on a specific meeting spot in case household members are separated.

Out-of-area emergency contact

A contact who may be able to receive your texts and pass messages between family members.

In-area emergency contacts

Someone who can help household members with specific needs. This can include collecting kids from school, getting your pets or providing emergency shelter.

Full Name:

Phone:

Full Name 1:

Phone 1:

Full Name 2:

Phone 2:

Utilities

Make notes on how/where to turn off household utilities if asked to do so by emergency officials.

Your insurance provider

Contact information and be sure to include your insurance policy number.

Don't forget

Make a list of things specific to your household that you don't want to forget in an emergency.

For more information on CRD Emergency Program go to www.crd.bc.ca/fire-and-emergency-programs



Evacuation checklist

An evacuation order means you MUST evacuate due to a significant health and safety risk in your immediate neighbourhood and/or to your home. (Use the checklist below.)

Recommended actions:

Follow your household emergency plan (page 7)

Get your grab-and-go bag plus wallet, keys, phone, glasses and medications

Turn off and unplug all appliances. If you've been instructed, turn off all utilities at the main switch or valves

Lock all doors and windows



Check to see all family members are wearing the appropriate clothing and footwear for the conditions

Take your pets with you as well as their food, water and medication

Follow travel routes indicated by emergency personnel as other routes may be hazardous



Watch for updates at <u>crd.bc.ca/pans</u> and on our Facebook page <u>www.facebook.com/CapitalRegionalDistrict</u>

Check the CRD's Tsunami Information Portal to learn more about the tsunami risk in your area at <u>maps.prepareyourself.ca</u>



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