

# Sooke Hills Wilderness Trail



Rest at the viewing platform, 2.5 km from the south trail head, to take in the sights and sounds of Waugh Creek Falls.



The E&N Railway is near the Waugh Creek Falls viewing platform, 2.5 km from the southern trail head. The trail in this section is narrow with steep grades.



This hiking-only section in the north offers excellent hilltop vistas of the surrounding mountains, Finlayson Arm, and Greater Victoria.



3 km from the south trail head is Goldstream River suspension bridge. [Click to watch a time-lapse video of the bridge construction.](#)



The route has steep hills with 10%-16% grades. Some sections are narrow and have loose gravel. Hike and ride within your limits on sections of the trail suitable to your skill level.





You are sharing this natural area with large carnivores such as bears, cougars, and wolves. Be prepared before heading out to the park. Visit [www.crd.bc.ca/parks](http://www.crd.bc.ca/parks) for a map and park information.



Information kiosks and direction signs are located throughout the park.



The park is a natural buffer for the Greater Victoria Water Supply Area. Please respect no public access areas in the park to help safeguard this vital resource.



The trail is for cycling and hiking and, in the north section, horseback riding, so expect to share it with a variety of users. **Dogs must be on leash.**



This is a wilderness trail. Pick up after your pet. Pack in and pack out all litter.